

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 1, 400m Freestyle Women S6-14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff	
1	<b>Pernilla Lindberg</b>	1994	Sweden	+0.76	1015	<b>4:27.80</b>	S14	
	50m: 30.15	100m: 1:02.17	(32.02)	150m: 1:35.21	(33.04)	200m: 2:08.60	(33.39)	
	250m: 2:43.02	(34.42)	300m: 3:17.70	(34.68)	350m: 3:53.17	(35.47)	400m: 4:27.80	(34.63)
2	<b>Camilla Bitz Witt</b>	2003	Denmark	+0.75	582	<b>5:34.36</b>	+1:06.56 S9	
	50m: 35.60	100m: 1:15.51	(39.91)	150m: 1:58.15	(42.64)	200m: 2:41.40	(43.25)	
	250m: 3:24.84	(43.44)	300m: 4:08.31	(43.47)	350m: 4:52.24	(43.93)	400m: 5:34.36	(42.12)
3	<b>Agnes Kramer</b>	1998	Sweden	+0.80	578	<b>6:00.92</b>	+1:33.12 S7	
	50m: 38.60	100m: 1:23.31	(44.71)	150m: 2:09.30	(45.99)	200m: 2:56.11	(46.81)	
	250m: 3:43.10	(46.99)	300m: 4:29.58	(46.48)	350m: 5:15.94	(46.36)	400m: 6:00.92	(44.98)
4	<b>Þórey Ísafold Magnúsdóttir</b>	1999	NPC-Iceland	+0.97	516	<b>5:28.34</b>	+1:00.54 S14	
	50m: 37.17	100m: 1:18.09	(40.92)	150m: 1:59.79	(41.70)	200m: 2:41.83	(42.04)	
	250m: 3:23.21	(41.38)	300m: 4:04.48	(41.27)	350m: 4:46.85	(42.37)	400m: 5:28.34	(41.49)

Event official at: 2021-12-03 17:06:04

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 2, 400m Freestyle Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	3:58.02	Lotte Friis	1988 Denmark (DEN)	Szczecin (POL)		2011-12-10	
NJ	4:04.38	Mie Østegaard Nielsen	1996 Denmark (DEN)	Aalborg (DEN)		2012-11-03	
<b>1</b>	<b>Ada Hakkarainen</b>	2005	Finland	+0.78	804	<b>4:11.50</b>	
	50m: 30.00	100m: 1:01.51	(31.51)	150m: 1:33.27	(31.76)	200m: 2:05.03	(31.76)
	250m: 2:36.73	(31.70)	300m: 3:08.54	(31.81)	350m: 3:40.38	(31.84)	400m: 4:11.50
<b>2</b>	<b>Thilda Häll</b>	2005	Sweden	+0.74	797	<b>4:12.24</b>	+0.74
	50m: 29.84	100m: 1:01.60	(31.76)	150m: 1:33.60	(32.00)	200m: 2:05.49	(31.89)
	250m: 2:37.52	(32.03)	300m: 3:09.61	(32.09)	350m: 3:41.60	(31.99)	400m: 4:12.24
<b>3</b>	<b>Freyja Birkisdóttir</b>	2006	Iceland		720	<b>4:20.90</b>	+9.40
	50m: 29.88	100m: 1:01.81	(31.93)	150m: 1:34.37	(32.56)	200m: 2:07.40	(33.03)
	250m: 2:40.75	(33.35)	300m: 3:14.40	(33.65)	350m: 3:48.24	(33.84)	400m: 4:20.90
<b>4</b>	<b>Tuuli Pippuri</b>	2005	Finland	+0.83	710	<b>4:22.15</b>	+10.65
	50m: 29.86	100m: 1:02.78	(32.92)	150m: 1:35.67	(32.89)	200m: 2:08.93	(33.26)
	250m: 2:42.49	(33.56)	300m: 3:16.11	(33.62)	350m: 3:49.63	(33.52)	400m: 4:22.15
<b>5</b>	<b>Karolin Victoria Kotsar</b>	2005	Estonia	+0.61	693	<b>4:24.27</b>	+12.77
	50m: 29.85	100m: 1:02.59	(32.74)	150m: 1:36.23	(33.64)	200m: 2:10.10	(33.87)
	250m: 2:44.14	(34.04)	300m: 3:18.56	(34.42)	350m: 3:52.88	(34.32)	400m: 4:24.27
<b>6</b>	<b>Kristine Nilsson Norby</b>	2005	Denmark	+0.71	692	<b>4:24.46</b>	+12.96
	50m: 30.28	100m: 1:02.57	(32.29)	150m: 1:35.52	(32.95)	200m: 2:08.59	(33.07)
	250m: 2:42.28	(33.69)	300m: 3:16.29	(34.01)	350m: 3:50.60	(34.31)	400m: 4:24.46
<b>7</b>	<b>Haide Nikelis</b>	2006	Lithuania	+0.79	680	<b>4:25.88</b>	+14.38
	50m: 30.48	100m: 1:03.08	(32.60)	150m: 1:36.05	(32.97)	200m: 2:09.59	(33.54)
	250m: 2:43.54	(33.95)	300m: 3:17.93	(34.39)	350m: 3:52.49	(34.56)	400m: 4:25.88
<b>8</b>	<b>Andrea Sædberg Clementsen</b>	2005	Norway	+0.80	651	<b>4:29.88</b>	+18.38
	50m: 30.89	100m: 1:03.59	(32.70)	150m: 1:37.29	(33.70)	200m: 2:11.55	(34.26)
	250m: 2:46.23	(34.68)	300m: 3:21.09	(34.86)	350m: 3:56.05	(34.96)	400m: 4:29.88

Event official at: 2021-12-03 17:19:18

### Event 2, 400m Freestyle Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	3:58.02	Lotte Friis	1988 Denmark (DEN)	Szczecin (POL)		2011-12-10	
NJ	4:04.38	Mie Østegaard Nielsen	1996 Denmark (DEN)	Aalborg (DEN)		2012-11-03	
<b>1</b>	<b>Sofie Theophil Petersen</b>	2003	Denmark	+0.72	832	<b>4:08.63</b>	
	50m: 29.24	100m: 1:01.07	(31.83)	150m: 1:32.90	(31.83)	200m: 2:04.63	(31.73)
	250m: 2:36.18	(31.55)	300m: 3:08.11	(31.93)	350m: 3:38.60	(30.49)	400m: 4:08.63
<b>2</b>	<b>Malene Rypestøl</b>	2001	Norway	+0.73	824	<b>4:09.48</b>	+0.85
	50m: 29.17	100m: 1:01.11	(31.94)	150m: 1:32.89	(31.78)	200m: 2:04.91	(32.02)
	250m: 2:36.72	(31.81)	300m: 3:08.38	(31.66)	350m: 3:39.68	(31.30)	400m: 4:09.48
<b>3</b>	<b>Uliana Gorlova</b>	2003	Norway	+0.77	776	<b>4:14.48</b>	+5.85
	50m: 29.83	100m: 1:01.66	(31.83)	150m: 1:33.79	(32.13)	200m: 2:06.04	(32.25)
	250m: 2:37.89	(31.85)	300m: 3:09.76	(31.87)	350m: 3:42.14	(32.38)	400m: 4:14.48
<b>4</b>	<b>Caroline Wiuff Jensen</b>	2004	Denmark	+0.92	752	<b>4:17.20</b>	+8.57
	50m: 30.07	100m: 1:02.03	(31.96)	150m: 1:34.14	(32.11)	200m: 2:06.45	(32.31)
	250m: 2:38.86	(32.41)	300m: 3:11.60	(32.74)	350m: 3:44.94	(33.34)	400m: 4:17.20
<b>5</b>	<b>Moa Holmquist</b>	2004	Sweden	+0.74	744	<b>4:18.12</b>	+9.49
	50m: 30.28	100m: 1:02.75	(32.47)	150m: 1:35.56	(32.81)	200m: 2:08.63	(33.07)
	250m: 2:41.48	(32.85)	300m: 3:14.47	(32.99)	350m: 3:47.02	(32.55)	400m: 4:18.12
<b>6</b>	<b>Rebekka Luoto</b>	2003	Finland	+0.77	723	<b>4:20.62</b>	+11.99
	50m: 29.76	100m: 1:01.94	(32.18)	150m: 1:34.49	(32.55)	200m: 2:07.47	(32.98)
	250m: 2:40.47	(33.00)	300m: 3:13.85	(33.38)	350m: 3:47.37	(33.52)	400m: 4:20.62

## Heat results

### Event 2, 400m Freestyle Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff	
7	<b>Petra Ansaranta</b>	2004	Finland	+0.82	719	<b>4:21.04</b>	+12.41	
	50m: 30.25	100m: 1:02.70	(32.45)	150m: 1:35.30	(32.60)	200m: 2:08.36	(33.06)	
	250m: 2:41.08	(32.72)	300m: 3:14.24	(33.16)	350m: 3:47.93	(33.69)	400m: 4:21.04	(33.11)
8	<b>Mari-Liis Maas</b>	2004	Estonia	+0.81	642	<b>4:31.03</b>	+22.40	
	50m: 30.82	100m: 1:04.60	(33.78)	150m: 1:38.69	(34.09)	200m: 2:13.58	(34.89)	
	250m: 2:48.12	(34.54)	300m: 3:23.38	(35.26)	350m: 3:57.97	(34.59)	400m: 4:31.03	(33.06)

Event official at: 2021-12-03 17:19:18

# Results

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### Event 2, 400m Freestyle Women Junior - Heat

NR 3:58.02 Lotte Friis 1988 Denmark (DEN) Szczecin (POL) 2011-12-10  
NJ 4:04.38 Mie Østegaard Nielsen 1996 Denmark (DEN) Aalborg (DEN) 2012-11-03

Rank	Name	Born	Team	R.T.	FINA	Time	Diff	
<b>1</b>	<b>Ada Hakkarainen</b>	2005	Finland	+0.79	750	<b>4:17.35</b>	Q	
	50m: 30.61	100m: 1:02.37	(31.76)	150m: 1:34.39	(32.02)	200m: 2:06.71	(32.32)	
	250m: 2:39.10	(32.39)	300m: 3:11.79	(32.69)	350m: 3:44.75	(32.96)	400m: 4:17.35	(32.60)
<b>2</b>	<b>Thilda Häll</b>	2005	Sweden	+0.76	729	<b>4:19.91</b>	+2.56 Q	
	50m: 29.74	100m: 1:01.84	(32.10)	150m: 1:34.31	(32.47)	200m: 2:07.00	(32.69)	
	250m: 2:39.90	(32.90)	300m: 3:13.30	(33.40)	350m: 3:46.91	(33.61)	400m: 4:19.91	(33.00)
<b>3</b>	<b>Freyja Birkisdóttir</b>	2006	Iceland	+0.79	710	<b>4:22.19</b>	+4.84 Q	
	50m: 29.76	100m: 1:01.66	(31.90)	150m: 1:34.39	(32.73)	200m: 2:07.37	(32.98)	
	250m: 2:40.92	(33.55)	300m: 3:14.88	(33.96)	350m: 3:49.05	(34.17)	400m: 4:22.19	(33.14)
<b>4</b>	<b>Tuuli Pippuri</b>	2005	Finland	+0.85	690	<b>4:24.63</b>	+7.28 Q	
	50m: 30.27	100m: 1:02.79	(32.52)	150m: 1:35.79	(33.00)	200m: 2:09.13	(33.34)	
	250m: 2:42.86	(33.73)	300m: 3:16.88	(34.02)	350m: 3:50.98	(34.10)	400m: 4:24.63	(33.65)
<b>5</b>	<b>Haide Nikelis</b>	2006	Lithuania	+0.77	667	<b>4:27.63</b>	+10.28 Q	
	50m: 30.55	100m: 1:03.62	(33.07)	150m: 1:37.04	(33.42)	200m: 2:10.63	(33.59)	
	250m: 2:44.55	(33.92)	300m: 3:18.76	(34.21)	350m: 3:53.22	(34.46)	400m: 4:27.63	(34.41)
<b>6</b>	<b>Andrea Sædberg Clementsen</b>	2005	Norway	+0.82	667	<b>4:27.67</b>	+10.32 Q	
	50m: 30.69	100m: 1:03.14	(32.45)	150m: 1:36.43	(33.29)	200m: 2:10.52	(34.09)	
	250m: 2:44.84	(34.32)	300m: 3:19.29	(34.45)	350m: 3:53.90	(34.61)	400m: 4:27.67	(33.77)
<b>7</b>	<b>Kristine Nilsson Norby</b>	2005	Denmark	+0.69	666	<b>4:27.76</b>	+10.41 Q	
	50m: 29.93	100m: 1:02.54	(32.61)	150m: 1:36.05	(33.51)	200m: 2:09.84	(33.79)	
	250m: 2:43.89	(34.05)	300m: 3:18.33	(34.44)	350m: 3:53.24	(34.91)	400m: 4:27.76	(34.52)
<b>8</b>	<b>Karolin Victoria Kotsar</b>	2005	Estonia	+0.63	659	<b>4:28.70</b>	+11.35 Q	
	50m: 29.85	100m: 1:02.64	(32.79)	150m: 1:36.86	(34.22)	200m: 2:11.00	(34.14)	
	250m: 2:45.44	(34.44)	300m: 3:20.11	(34.67)	350m: 3:55.14	(35.03)	400m: 4:28.70	(33.56)
<b>9</b>	<b>Susanne Steinnes</b>	2005	Norway	+0.88	654	<b>4:29.43</b>	+12.08	
	50m: 30.83	100m: 1:03.77	(32.94)	150m: 1:36.90	(33.13)	200m: 2:10.64	(33.74)	
	250m: 2:44.96	(34.32)	300m: 3:19.79	(34.83)	350m: 3:55.13	(35.34)	400m: 4:29.43	(34.30)
<b>10</b>	<b>Sara Larsen</b>	2006	Norway	+0.80	653	<b>4:29.60</b>	+12.25	
	50m: 31.64	100m: 1:05.34	(33.70)	150m: 1:39.38	(34.04)	200m: 2:13.49	(34.11)	
	250m: 2:47.43	(33.94)	300m: 3:21.56	(34.13)	350m: 3:55.83	(34.27)	400m: 4:29.60	(33.77)
<b>11</b>	<b>Vyte Gelazyte</b>	2007	Lithuania	+0.75	651	<b>4:29.79</b>	+12.44	
	50m: 30.78	100m: 1:04.96	(34.18)	150m: 1:39.44	(34.48)	200m: 2:14.17	(34.73)	
	250m: 2:48.79	(34.62)	300m: 3:23.25	(34.46)	350m: 3:57.35	(34.10)	400m: 4:29.79	(32.44)
<b>12</b>	<b>Sunneva Bergmann Ásbjörnsd</b>	2007	Iceland	+0.75	633	<b>4:32.30</b>	+14.95	
	50m: 30.64	100m: 1:04.24	(33.60)	150m: 1:39.09	(34.85)	200m: 2:14.28	(35.19)	
	250m: 2:49.33	(35.05)	300m: 3:24.36	(35.03)	350m: 3:59.27	(34.91)	400m: 4:32.30	(33.03)
<b>13</b>	<b>Katja Lilja Andriyadóttir</b>	2006	Iceland	+0.70	628	<b>4:33.12</b>	+15.77	
	50m: 30.19	100m: 1:03.37	(33.18)	150m: 1:38.01	(34.64)	200m: 2:13.35	(35.34)	
	250m: 2:48.56	(35.21)	300m: 3:24.04	(35.48)	350m: 3:59.18	(35.14)	400m: 4:33.12	(33.94)
<b>14</b>	<b>Auste Backeviciute</b>	2006	Lithuania	+0.75	618	<b>4:34.53</b>	+17.18	
	50m: 31.12	100m: 1:05.25	(34.13)	150m: 1:40.30	(35.05)	200m: 2:16.02	(35.72)	
	250m: 2:51.70	(35.68)	300m: 3:27.49	(35.79)	350m: 4:01.32	(33.83)	400m: 4:34.53	(33.21)
<b>15</b>	<b>Helene Kjeldsen Gonzalez</b>	2005	Norway	+0.85	610	<b>4:35.70</b>	+18.35	
	50m: 30.23	100m: 1:03.42	(33.19)	150m: 1:37.99	(34.57)	200m: 2:12.86	(34.87)	
	250m: 2:48.74	(35.88)	300m: 3:24.92	(36.18)	350m: 4:00.91	(35.99)	400m: 4:35.70	(34.79)
<b>16</b>	<b>Britt Raudsepp</b>	2007	Estonia	+0.77	604	<b>4:36.61</b>	+19.26	
	50m: 30.30	100m: 1:03.56	(33.26)	150m: 1:38.42	(34.86)	200m: 2:14.52	(36.10)	
	250m: 2:49.98	(35.46)	300m: 3:25.81	(35.83)	350m: 4:02.13	(36.32)	400m: 4:36.61	(34.48)

## Results

### Event 2, 400m Freestyle Women Junior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
17	Laura Tammik	2005	Estonia	+0.76	603	<b>4:36.81</b>	+19.46
	50m: 30.53	100m: 1:03.62	(33.09)	150m: 1:38.18	(34.56)	200m: 2:13.59	(35.41)
	250m: 2:49.29	300m: 3:25.69	(36.40)	350m: 4:02.04	(36.35)	400m: 4:36.81	(34.77)
18	Stela Svencionyte	2008	Lithuania	+0.71	594	<b>4:38.27</b>	+20.92
	50m: 31.19	100m: 1:05.68	(34.49)	150m: 1:41.04	(35.36)	200m: 2:16.79	(35.75)
	250m: 2:52.48	300m: 3:27.77	(35.29)	350m: 4:03.86	(36.09)	400m: 4:38.27	(34.41)
19	Laura Sokk	2005	Estonia	+0.75	593	<b>4:38.40</b>	+21.05
	50m: 31.26	100m: 1:05.00	(33.74)	150m: 1:40.31	(35.31)	200m: 2:16.06	(35.75)
	250m: 2:51.75	300m: 3:27.53	(35.78)	350m: 4:03.28	(35.75)	400m: 4:38.40	(35.12)
20	Róa Trygvadóttir	2008	Faroe Islands	+0.75	592	<b>4:38.47</b>	+21.12
	50m: 31.94	100m: 1:06.23	(34.29)	150m: 1:41.85	(35.62)	200m: 2:17.75	(35.90)
	250m: 2:53.42	300m: 3:28.80	(35.38)	350m: 4:04.28	(35.48)	400m: 4:38.47	(34.19)
21	Mirtel-Madlen Siimar	2007	Estonia	+0.80	509	<b>4:52.92</b>	+35.57
	50m: 31.90	100m: 1:07.75	(35.85)	150m: 1:45.01	(37.26)	200m: 2:22.09	(37.08)
	250m: 2:59.93	300m: 3:37.85	(37.92)	350m: 4:15.62	(37.77)	400m: 4:52.92	(37.30)

Event official at: 2021-12-03 09:51:17

### Event 2, 400m Freestyle Women Senior - Heat

NR 3:58.02 Lotte Friis 1988 Denmark (DEN) Szczecin (POL) 2011-12-10  
 NJ 4:04.38 Mie Østegaard Nielsen 1996 Denmark (DEN) Aalborg (DEN) 2012-11-03

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Malene Rypestøl	2001	Norway	+0.75	785	<b>4:13.53</b>	Q
	50m: 28.68	100m: 59.79	(31.11)	150m: 1:31.48	(31.69)	200m: 2:03.45	(31.97)
	250m: 2:36.04	300m: 3:09.20	(33.16)	350m: 3:42.32	(33.12)	400m: 4:13.53	(31.21)
2	Sofie Theophil Petersen	2003	Denmark	+0.76	785	<b>4:13.54</b>	+0.01 Q
	50m: 29.17	100m: 1:01.00	(31.83)	150m: 1:32.84	(31.84)	200m: 2:04.64	(31.80)
	250m: 2:37.19	300m: 3:09.93	(32.74)	350m: 3:42.62	(32.69)	400m: 4:13.54	(30.92)
3	Uliana Gorlova	2003	Norway	+0.75	741	<b>4:18.42</b>	+4.89 Q
	50m: 29.69	100m: 1:01.48	(31.79)	150m: 1:33.72	(32.24)	200m: 2:06.28	(32.56)
	250m: 2:39.21	300m: 3:12.13	(32.92)	350m: 3:45.44	(33.31)	400m: 4:18.42	(32.98)
4	Caroline Wiuff Jensen	2004	Denmark	+0.86	736	<b>4:18.98</b>	+5.45 Q
	50m: 30.38	100m: 1:02.80	(32.42)	150m: 1:35.18	(32.38)	200m: 2:07.72	(32.54)
	250m: 2:40.45	300m: 3:13.62	(33.17)	350m: 3:46.81	(33.19)	400m: 4:18.98	(32.17)
5	Rebekka Luoto	2003	Finland	+0.76	716	<b>4:21.36</b>	+7.83 Q
	50m: 29.77	100m: 1:02.07	(32.30)	150m: 1:34.58	(32.51)	200m: 2:07.25	(32.67)
	250m: 2:40.17	300m: 3:13.66	(33.49)	350m: 3:47.50	(33.84)	400m: 4:21.36	(33.86)
6	Moa Holmquist	2004	Sweden	+0.74	714	<b>4:21.71</b>	+8.18 Q
	50m: 29.84	100m: 1:01.92	(32.08)	150m: 1:34.31	(32.39)	200m: 2:07.14	(32.83)
	250m: 2:40.45	300m: 3:14.00	(33.55)	350m: 3:47.82	(33.82)	400m: 4:21.71	(33.89)
7	Petra Ansaranta	2004	Finland	+0.80	695	<b>4:23.99</b>	+10.46 Q
	50m: 31.24	100m: 1:03.76	(32.52)	150m: 1:36.51	(32.75)	200m: 2:09.60	(33.09)
	250m: 2:42.85	300m: 3:16.64	(33.79)	350m: 3:50.61	(33.97)	400m: 4:23.99	(33.38)
8	Mari-Liis Maas	2004	Estonia	+0.85	620	<b>4:34.22</b>	+20.69 Q
	50m: 31.08	100m: 1:05.60	(34.52)	150m: 1:40.49	(34.89)	200m: 2:16.17	(35.68)
	250m: 2:51.41	300m: 3:26.86	(35.45)	350m: 4:01.22	(34.36)	400m: 4:34.22	(33.00)
9	Eyðrið Mortensen	2003	Faroe Islands	+0.82	616	<b>4:34.78</b>	+21.25
	50m: 30.89	100m: 1:04.73	(33.84)	150m: 1:39.26	(34.53)	200m: 2:14.26	(35.00)
	250m: 2:49.25	300m: 3:24.55	(35.30)	350m: 4:00.02	(35.47)	400m: 4:34.78	(34.76)
10	Anete Mooro	2003	Estonia	+0.73	611	<b>4:35.57</b>	+22.04
	50m: 30.48	100m: 1:03.96	(33.48)	150m: 1:38.35	(34.39)	200m: 2:13.54	(35.19)
	250m: 2:48.38	300m: 3:23.99	(35.61)	350m: 3:59.88	(35.89)	400m: 4:35.57	(35.69)
11	Elis Treital	2004	Estonia	+0.84	576	<b>4:41.03</b>	+27.50
	50m: 31.37	100m: 1:05.63	(34.26)	150m: 1:40.45	(34.82)	200m: 2:16.19	(35.74)
	250m: 2:51.82	300m: 3:28.30	(36.48)	350m: 4:04.75	(36.45)	400m: 4:41.03	(36.28)

Event official at: 2021-12-03 09:51:17

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 3, 400m Freestyle Men S6-14 - Para Final

Rank	Name	Born	Team	Rijeka (CRO)	R.T.	WPS	Time	2008-12-11	Diff
NJ	3:42.57	Pál Joensen	1990 Faroe Islands (FAR)	Rijeka (CRO)					
<b>1</b>	<b>Nader Khalili</b>	2001	Finland		+0.87	998	<b>4:12.15</b>		S14
	50m: 27.14	100m: 58.10	(30.96)	150m: 1:29.36	(31.26)	200m: 2:01.46	(32.10)	250m: 2:34.14	(32.68)
	300m: 3:07.55	(33.41)	350m: 3:40.27	(32.72)	400m: 4:12.15	(31.88)			
<b>2</b>	<b>Felix Persson</b>	2000	Sweden		+0.91	653	<b>4:52.76</b>	+40.61	S14
	50m: 31.86	100m: 1:08.03	(36.17)	150m: 1:44.92	(36.89)	200m: 2:22.12	(37.20)	250m: 3:00.37	(38.25)
	300m: 3:38.37	(38.00)	350m: 4:16.85	(38.48)	400m: 4:52.76	(35.91)			
<b>3</b>	<b>Guðfinnur Karlsson</b>	1988	NPC-Iceland		+0.84	636	<b>5:17.53</b>	+1:05.38	S11
	50m: 38.48	100m: 1:17.88	(39.40)	150m: 1:57.68	(39.80)	200m: 2:37.79	(40.11)	250m: 3:17.71	(39.92)
	300m: 3:58.05	(40.34)	350m: 4:37.81	(39.76)	400m: 5:17.53	(39.72)			
<b>4</b>	<b>Fabian Claeson</b>	2002	Sweden			522	<b>5:05.86</b>	+53.71	S9
	50m: 34.56	100m: 1:12.05	(37.49)	150m: 1:50.22	(38.17)	200m: 2:28.90	(38.68)	250m: 3:08.34	(39.44)
	300m: 3:48.11	(39.77)	350m: 4:27.78	(39.67)	400m: 5:05.86	(38.08)			
<b>5</b>	<b>Ilmari Laitala</b>	2003	Finland		+0.92	251	<b>5:49.90</b>	+1:37.75	S8
	50m: 38.32	100m: 1:21.44	(43.12)	150m: 2:06.38	(44.94)	200m: 2:51.06	(44.68)	250m: 3:35.33	(44.27)
	300m: 4:20.72	(45.39)	350m: 5:05.70	(44.98)	400m: 5:49.90	(44.20)			

Event official at: 2021-12-03 17:26:57

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 4, 400m Freestyle Men - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	3:36.64	Henrik Christiansen	1996 Norway (NOR)	Hangzhou (CHN)		2018-12-11	
NJ	3:42.57	Pál Joensen	1990 Faroe Islands (FAR)	Rijeka (CRO)		2008-12-11	
<b>1</b>	<b>Georg Filippov</b>		2004 Estonia	+0.75	764	<b>3:52.10</b>	
	50m: 25.94		100m: 54.26 (28.32)			150m: 1:23.23 (28.97)	200m: 1:53.02 (29.79)
	250m: 2:23.09 (30.07)		300m: 2:53.01 (29.92)			350m: 3:23.17 (30.16)	400m: 3:52.10 (28.93)
<b>2</b>	<b>Frederik Lindholm</b>		2004 Denmark	+0.71	762	<b>3:52.28</b>	+0.18
	50m: 26.29		100m: 54.81 (28.52)			150m: 1:23.97 (29.16)	200m: 1:53.59 (29.62)
	250m: 2:23.31 (29.72)		300m: 2:53.47 (30.16)			350m: 3:23.50 (30.03)	400m: 3:52.28 (28.78)
<b>3</b>	<b>Lucas Humling</b>		2005 Sweden	+0.75	752	<b>3:53.40</b>	+1.30
	50m: 26.84		100m: 55.97 (29.13)			150m: 1:25.38 (29.41)	200m: 1:54.85 (29.47)
	250m: 2:24.57 (29.72)		300m: 2:54.60 (30.03)			350m: 3:24.88 (30.28)	400m: 3:53.40 (28.52)
<b>4</b>	<b>Oscar Isberg</b>		2004 Denmark	+0.75	730	<b>3:55.72</b>	+3.62
	50m: 26.65		100m: 55.93 (29.28)			150m: 1:25.56 (29.63)	200m: 1:55.62 (30.06)
	250m: 2:25.74 (30.12)		300m: 2:56.27 (30.53)			350m: 3:26.89 (30.62)	400m: 3:55.72 (28.83)
<b>5</b>	<b>Oskar Farkas</b>		2005 Norway	+0.80	722	<b>3:56.54</b>	+4.44
	50m: 26.97		100m: 56.79 (29.82)			150m: 1:26.68 (29.89)	200m: 1:56.44 (29.76)
	250m: 2:26.29 (29.85)		300m: 2:55.95 (29.66)			350m: 3:26.44 (30.49)	400m: 3:56.54 (30.10)
<b>6</b>	<b>Ajjuub Ezzat</b>		2005 Finland	+0.61	691	<b>4:00.03</b>	+7.93
	50m: 26.95		100m: 57.16 (30.21)			150m: 1:27.80 (30.64)	200m: 1:58.30 (30.50)
	250m: 2:29.11 (30.81)		300m: 3:00.22 (31.11)			350m: 3:30.97 (30.75)	400m: 4:00.03 (29.06)
<b>7</b>	<b>Sander Kiær Sørensen</b>		2007 Norway	+0.74	674	<b>4:02.05</b>	+9.95
	50m: 27.57		100m: 57.80 (30.23)			150m: 1:28.46 (30.66)	200m: 1:59.45 (30.99)
	250m: 2:30.22 (30.77)		300m: 3:00.83 (30.61)			350m: 3:31.78 (30.95)	400m: 4:02.05 (30.27)
<b>8</b>	<b>Veigar Hrafn Sigþórsson</b>		2005 Iceland	+0.74	666	<b>4:02.93</b>	+10.83
	50m: 27.43		100m: 57.82 (30.39)			150m: 1:28.89 (31.07)	200m: 1:59.96 (31.07)
	250m: 2:30.79 (30.83)		300m: 3:02.07 (31.28)			350m: 3:32.99 (30.92)	400m: 4:02.93 (29.94)

Event official at: 2021-12-03 17:39:16

### Event 4, 400m Freestyle Men - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	3:36.64	Henrik Christiansen	1996 Norway (NOR)	Hangzhou (CHN)		2018-12-11	
NJ	3:42.57	Pál Joensen	1990 Faroe Islands (FAR)	Rijeka (CRO)		2008-12-11	
<b>1</b>	<b>Tobias Moen Olsen</b>		2002 Norway	+0.75	764	<b>3:52.15</b>	
	50m: 27.49		100m: 56.29 (28.80)			150m: 1:25.38 (29.09)	200m: 1:54.54 (29.16)
	250m: 2:23.76 (29.22)		300m: 2:53.60 (29.84)			350m: 3:23.12 (29.52)	400m: 3:52.15 (29.03)
<b>2</b>	<b>Roope Paatos</b>		2002 Finland	+0.75	744	<b>3:54.23</b>	+2.08
	50m: 28.02		100m: 57.84 (29.82)			150m: 1:26.99 (29.15)	200m: 1:56.15 (29.16)
	250m: 2:25.63 (29.48)		300m: 2:55.05 (29.42)			350m: 3:24.75 (29.70)	400m: 3:54.23 (29.48)
<b>3</b>	<b>William Barkehed</b>		2003 Sweden	+0.76	721	<b>3:56.63</b>	+4.48
	50m: 27.19		100m: 56.99 (29.80)			150m: 1:27.23 (30.24)	200m: 1:57.30 (30.07)
	250m: 2:27.43 (30.13)		300m: 2:57.58 (30.15)			350m: 3:27.61 (30.03)	400m: 3:56.63 (29.02)
<b>4</b>	<b>Erik Lihhatd</b>		2003 Estonia	+0.67	717	<b>3:57.05</b>	+4.90
	50m: 26.40		100m: 55.16 (28.76)			150m: 1:24.75 (29.59)	200m: 1:54.91 (30.16)
	250m: 2:24.85 (29.94)		300m: 2:55.63 (30.78)			350m: 3:26.65 (31.02)	400m: 3:57.05 (30.40)
<b>5</b>	<b>Mikael Söderberg</b>		2003 Sweden	+0.67	678	<b>4:01.55</b>	+9.40
	50m: 27.48		100m: 57.53 (30.05)			150m: 1:27.67 (30.14)	200m: 1:58.32 (30.65)
	250m: 2:28.87 (30.55)		300m: 2:59.98 (31.11)			350m: 3:31.04 (31.06)	400m: 4:01.55 (30.51)

Event official at: 2021-12-03 17:39:16



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 4, 400m Freestyle Men Junior - Heat

NR 3:36.64 Henrik Christiansen 1996 Norway (NOR) Hangzhou (CHN) 2018-12-11  
NJ 3:42.57 Pál Joensen 1990 Faroe Islands (FAR) Rijeka (CRO) 2008-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Georg Filippov</b>	2004	Estonia	+0.78	731	<b>3:55.56</b>	Q
	50m: 26.32	100m: 55.36	(29.04)	150m: 1:24.94	(29.58)	200m: 1:55.03	(30.09)
	250m: 2:25.38	(30.35)	300m: 2:55.78	(30.40)	350m: 3:26.02	(30.24)	400m: 3:55.56
							(29.54)
2	<b>Lucas Humling</b>	2005	Sweden	+0.74	718	<b>3:57.02</b>	+1.46 Q
	50m: 27.33	100m: 57.27	(29.94)	150m: 1:27.73	(30.46)	200m: 1:58.03	(30.30)
	250m: 2:28.17	(30.14)	300m: 2:58.26	(30.09)	350m: 3:28.30	(30.04)	400m: 3:57.02
							(28.72)
3	<b>Oskar Farkas</b>	2005	Norway	+0.81	713	<b>3:57.50</b>	+1.94 Q
	50m: 27.44	100m: 57.40	(29.96)	150m: 1:27.41	(30.01)	200m: 1:57.22	(29.81)
	250m: 2:27.00	(29.78)	300m: 2:56.92	(29.92)	350m: 3:27.51	(30.59)	400m: 3:57.50
							(29.99)
4	<b>Frederik Lindholm</b>	2004	Denmark	+0.72	690	<b>4:00.11</b>	+4.55 Q
	50m: 27.52	100m: 57.49	(29.97)	150m: 1:28.23	(30.74)	200m: 1:59.31	(31.08)
	250m: 2:29.30	(29.99)	300m: 2:59.54	(30.24)	350m: 3:30.08	(30.54)	400m: 4:00.11
							(30.03)
5	<b>Ajjuub Ezzat</b>	2005	Finland	+0.66	676	<b>4:01.82</b>	+6.26 Q
	50m: 26.74	100m: 56.94	(30.20)	150m: 1:27.97	(31.03)	200m: 1:59.01	(31.04)
	250m: 2:30.12	(31.11)	300m: 3:01.17	(31.05)	350m: 3:32.28	(31.11)	400m: 4:01.82
							(29.54)
6	<b>Oscar Isberg</b>	2004	Denmark	+0.73	675	<b>4:01.86</b>	+6.30 Q
	50m: 27.49	100m: 57.63	(30.14)	150m: 1:28.06	(30.43)	200m: 1:58.67	(30.61)
	250m: 2:29.15	(30.48)	300m: 3:00.18	(31.03)	350m: 3:31.51	(31.33)	400m: 4:01.86
							(30.35)
7	<b>Sander Kiær Sørensen</b>	2007	Norway	+0.75	672	<b>4:02.21</b>	+6.65 Q
	50m: 27.72	100m: 57.96	(30.24)	150m: 1:28.25	(30.29)	200m: 1:58.85	(30.60)
	250m: 2:29.61	(30.76)	300m: 3:00.47	(30.86)	350m: 3:31.78	(31.31)	400m: 4:02.21
							(30.43)
8	<b>Veigar Hrafn Sigþórsson</b>	2005	Iceland	+0.75	657	<b>4:04.06</b>	+8.50 Q
	50m: 27.37	100m: 57.33	(29.96)	150m: 1:27.83	(30.50)	200m: 1:59.17	(31.34)
	250m: 2:30.55	(31.38)	300m: 3:01.94	(31.39)	350m: 3:33.37	(31.43)	400m: 4:04.06
							(30.69)
9	<b>Taavi Backman</b>	2004	Finland	+0.64	611	<b>4:10.01</b>	+14.45
	50m: 28.17	100m: 59.02	(30.85)	150m: 1:30.33	(31.31)	200m: 2:02.05	(31.72)
	250m: 2:34.12	(32.07)	300m: 3:06.60	(32.48)	350m: 3:38.54	(31.94)	400m: 4:10.01
							(31.47)
10	<b>William Fagerstedt</b>	2005	Finland	+0.79	602	<b>4:11.37</b>	+15.81
	50m: 28.72	100m: 59.31	(30.59)	150m: 1:30.56	(31.25)	200m: 2:02.42	(31.86)
	250m: 2:34.18	(31.76)	300m: 3:06.67	(32.49)	350m: 3:39.21	(32.54)	400m: 4:11.37
							(32.16)
11	<b>Juuso Pulkkinen</b>	2004	Finland	+0.71	589	<b>4:13.10</b>	+17.54
	50m: 28.25	100m: 59.04	(30.79)	150m: 1:30.80	(31.76)	200m: 2:03.26	(32.46)
	250m: 2:35.55	(32.29)	300m: 3:08.46	(32.91)	350m: 3:41.38	(32.92)	400m: 4:13.10
							(31.72)
12	<b>Erik Anja</b>	2004	Estonia	+0.75	589	<b>4:13.20</b>	+17.64
	50m: 27.27	100m: 57.83	(30.56)	150m: 1:29.22	(31.39)	200m: 2:01.27	(32.05)
	250m: 2:34.17	(32.90)	300m: 3:07.15	(32.98)	350m: 3:40.48	(33.33)	400m: 4:13.20
							(32.72)
13	<b>Mattias Vool</b>	2005	Estonia	+0.68	571	<b>4:15.81</b>	+20.25
	50m: 27.85	100m: 59.36	(31.51)	150m: 1:31.37	(32.01)	200m: 2:04.02	(32.65)
	250m: 2:36.86	(32.84)	300m: 3:10.57	(33.71)	350m: 3:43.69	(33.12)	400m: 4:15.81
							(32.12)
14	<b>Heini M. Askham</b>	2006	Faroe Islands	+0.70	533	<b>4:21.67</b>	+26.11
	50m: 28.51	100m: 1:00.23	(31.72)	150m: 1:33.55	(33.32)	200m: 2:07.67	(34.12)
	250m: 2:41.19	(33.52)	300m: 3:14.83	(33.64)	350m: 3:48.58	(33.75)	400m: 4:21.67
							(33.09)

Event official at: 2021-12-03 10:06:49

### Event 4, 400m Freestyle Men Senior - Heat

NR 3:36.64 Henrik Christiansen 1996 Norway (NOR) Hangzhou (CHN) 2018-12-11  
NJ 3:42.57 Pál Joensen 1990 Faroe Islands (FAR) Rijeka (CRO) 2008-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
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2021-12-05 23:44:02

Datahandling: WinGrodan 2.9

Licensed to: Svensk Simidrott

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## Results

### Event 4, 400m Freestyle Men Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Tobias Moen Olsen</b>	2002	Norway	+0.81	717	<b>3:57.12</b>	Q
	50m: 27.54	100m: 56.60	(29.06)	150m: 1:25.96	(29.36)	200m: 1:55.96	(30.00)
	250m: 2:25.93	(29.97)	300m: 2:56.50	(30.57)	350m: 3:27.23	(30.73)	400m: 3:57.12
							(29.89)
2	<b>Roope Paatos</b>	2002	Finland	+0.81	686	<b>4:00.62</b>	+3.50 Q
	50m: 28.12	100m: 58.13	(30.01)	150m: 1:27.62	(29.49)	200m: 1:57.33	(29.71)
	250m: 2:27.36	(30.03)	300m: 2:57.54	(30.18)	350m: 3:28.58	(31.04)	400m: 4:00.62
							(32.04)
3	<b>William Barkehed</b>	2003	Sweden	+0.79	679	<b>4:01.39</b>	+4.27 Q
	50m: 27.43	100m: 57.47	(30.04)	150m: 1:28.09	(30.62)	200m: 1:58.66	(30.57)
	250m: 2:29.03	(30.37)	300m: 2:59.90	(30.87)	350m: 3:30.80	(30.90)	400m: 4:01.39
							(30.59)
4	<b>Mikael Söderberg</b>	2003	Sweden	+0.63	663	<b>4:03.32</b>	+6.20 Q
	50m: 27.95	100m: 58.16	(30.21)	150m: 1:28.74	(30.58)	200m: 1:59.63	(30.89)
	250m: 2:30.35	(30.72)	300m: 3:01.48	(31.13)	350m: 3:32.86	(31.38)	400m: 4:03.32
							(30.46)
5	<b>Erik Lihhatd</b>	2003	Estonia	+0.68	657	<b>4:04.12</b>	+7.00 Q
	50m: 26.86	100m: 56.47	(29.61)	150m: 1:26.69	(30.22)	200m: 1:57.53	(30.84)
	250m: 2:28.56	(31.03)	300m: 3:00.10	(31.54)	350m: 3:32.08	(31.98)	400m: 4:04.12
							(32.04)

Event official at: 2021-12-03 10:06:49



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 5, 50m Backstroke Women S1-5 - Para Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Karina Lauridsen	1976 Denmark	+0.89	537	<b>56.14</b>	S5
2	Sonja Sigurðardóttir	1990 NPC-Iceland	+0.91	408	<b>1:07.42</b>	+11.28 S4
3	Lova Johansson	2004 Sweden	+0.62		<b>2:25.88</b>	+1:29.74 S3

Event official at: 2021-12-03 10:11:40

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 6, 50m Backstroke Women - Final

NR 26.08 Julie Kepp Jensen 2000 Denmark (DEN) Helsingör (DEN) 2020-12-14  
NJ 26.98 Mie Østegaard Nielsen 1996 Denmark (DEN) Esbjerg (DEN) 2012-03-31

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Alice Velden	2005	Sweden	+0.63	762	<b>28.02</b>	
2	Peppi Siirtola	2002	Finland	+0.55	756	<b>28.09</b>	+0.07
3	Mollie Morfelt	2003	Sweden	+0.66	751	<b>28.16</b>	+0.14
4	Victoria Deona Bergeli	2003	Norway	+0.64	737	<b>28.33</b>	+0.31
5	Steingerður Hauksdóttir	1996	Iceland	+0.62	717	<b>28.60</b>	+0.58
6	Vilma Oura	2001	Finland	+0.65	716	<b>28.61</b>	+0.59
7	Elisabeth Erlendsdóttir	2005	Faroe Islands	+0.65	714	<b>28.63</b>	+0.61
8	Malena Amelie Lirken	2003	Norway	+0.64	707	<b>28.73</b>	+0.71

Event official at: 2021-12-03 17:42:20

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 6, 50m Backstroke Women - Heat

NR 26.08 Julie Kepp Jensen 2000 Denmark (DEN) Helsingör (DEN) 2020-12-14  
NJ 26.98 Mie Østegaard Nielsen 1996 Denmark (DEN) Esbjerg (DEN) 2012-03-31

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Alice Velden	2005	Sweden	+0.83	775	<b>27.86</b>	Q
2	Peppi Siirtola	2002	Finland	+0.57	746	<b>28.22</b>	+0.36 Q
3	Mollie Morfelt	2003	Sweden	+0.63	741	<b>28.28</b>	+0.42 Q
4	Steingerður Hauksdóttir	1996	Iceland	+0.63	703	<b>28.79</b>	+0.93 Q
5	Vilma Oura	2001	Finland	+0.66	698	<b>28.85</b>	+0.99 Q
6	Elisabeth Erlendsdóttir	2005	Faroe Islands	+0.70	696	<b>28.88</b>	+1.02 Q
6	Malena Amelie Lirken	2003	Norway	+0.59	696	<b>28.88</b>	+1.02 Q
8	Victoria Deona Bergeli	2003	Norway	+0.66	689	<b>28.98</b>	+1.12 Q
9	Martine Damborg	2007	Denmark	+0.61	686	<b>29.02</b>	+1.16
10	Veronika Olem	2000	Estonia	+0.61	673	<b>29.20</b>	+1.34
11	Sofie Ravn Herche	2007	Denmark	+0.65	672	<b>29.22</b>	+1.36
12	Aino Hinkka	2005	Finland	+0.72	671	<b>29.24</b>	+1.38
13	Mariangela Boitduk	2004	Estonia	+0.67	664	<b>29.33</b>	+1.47
14	Laura-Liis Valdmaa	2004	Estonia	+0.73	663	<b>29.35</b>	+1.49
15	Mathilie Jensen Flatli	2005	Norway	+0.65	662	<b>29.36</b>	+1.50
16	Rikke Friis Kanstrup	2006	Denmark	+0.58	657	<b>29.44</b>	+1.58
17	Inka Vahtola	2005	Finland	+0.65	656	<b>29.45</b>	+1.59
18	Vilma Ruotsalainen	1996	Finland	+0.60	653	<b>29.50</b>	+1.64
19	Hanna Grete Vutt	2003	Estonia	+0.62	642	<b>29.67</b>	+1.81
20	Vilma Leppähaara	2005	Finland	+0.68	634	<b>29.79</b>	+1.93
21	Mathilde Møller	2007	Denmark	+0.64	615	<b>30.10</b>	+2.24
22	Kertu Kaare	2002	Estonia	+0.70	609	<b>30.20</b>	+2.34
23	Radvile Kerseviciute	2005	Lithuania	+0.58	595	<b>30.43</b>	+2.57
24	Loreen Ulp	2006	Estonia	+0.64	574	<b>30.79</b>	+2.93
25	Fenja Romanski	2005	Denmark	+0.69	570	<b>30.87</b>	+3.01
26	Auguste Jakstaite	2008	Lithuania	+0.67	540	<b>31.43</b>	+3.57

Event official at: 2021-12-03 10:17:05

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 7, 200m Backstroke Men - Final Junior

NR 1:51.59 Armin Evert Lelle 2003 Estonia (EST) Kazan (RUS) 2021-11-07  
NJ 1:54.20 Kregor Zirk 1999 Estonia (EST) Kolding (DEN) 2016-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mathias Rike Holmann</b>	2004	Norway	+0.62	722	<b>1:57.74</b>	
	50m: 28.08	100m: 58.26	(30.18)	150m: 1:28.21	(29.95)	200m: 1:57.74	(29.53)
2	<b>Kajus Stankevicius</b>	2004	Lithuania	+0.64	683	<b>1:59.90</b>	+2.16
	50m: 27.75	100m: 58.44	(30.69)	150m: 1:28.96	(30.52)	200m: 1:59.90	(30.94)
3	<b>Erik Magnus Evensrud</b>	2005	Norway	+0.83	668	<b>2:00.80</b>	+3.06
	50m: 28.42	100m: 59.32	(30.90)	150m: 1:30.93	(31.61)	200m: 2:00.80	(29.87)
4	<b>Mads Møller</b>	2005	Denmark	+0.72	659	<b>2:01.35</b>	+3.61
	50m: 28.22	100m: 58.86	(30.64)	150m: 1:30.24	(31.38)	200m: 2:01.35	(31.11)
5	<b>Adi Ramovic</b>	2004	Sweden	+0.69	658	<b>2:01.42</b>	+3.68
	50m: 28.75	100m: 59.57	(30.82)	150m: 1:30.88	(31.31)	200m: 2:01.42	(30.54)
6	<b>Alan Smok</b>	2005	Estonia	+0.58	637	<b>2:02.73</b>	+4.99
	50m: 28.37	100m: 59.31	(30.94)	150m: 1:30.84	(31.53)	200m: 2:02.73	(31.89)
7	<b>Evaldas Babakinas</b>	2005	Lithuania	+0.72	609	<b>2:04.60</b>	+6.86
	50m: 28.80	100m: 1:00.17	(31.37)	150m: 1:32.12	(31.95)	200m: 2:04.60	(32.48)
8	<b>Alexander Vergereau</b>	2004	Denmark	+0.67	590	<b>2:05.89</b>	+8.15
	50m: 28.96	100m: 1:00.59	(31.63)	150m: 1:33.00	(32.41)	200m: 2:05.89	(32.89)

Event official at: 2021-12-03 17:51:05

### Event 7, 200m Backstroke Men - Final Senior

NR 1:51.59 Armin Evert Lelle 2003 Estonia (EST) Kazan (RUS) 2021-11-07  
NJ 1:54.20 Kregor Zirk 1999 Estonia (EST) Kolding (DEN) 2016-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Jakob Strunge Nissen</b>	2002	Denmark	+0.59	710	<b>1:58.39</b>	
	50m: 28.38	100m: 58.31	(29.93)	150m: 1:28.52	(30.21)	200m: 1:58.39	(29.87)
2	<b>Erikas Grigaitis</b>	2002	Lithuania	+0.60	696	<b>1:59.19</b>	+0.80
	50m: 27.02	100m: 57.18	(30.16)	150m: 1:27.92	(30.74)	200m: 1:59.19	(31.27)
3	<b>Niki Karlsson</b>	2000	Finland	+0.58	692	<b>1:59.37</b>	+0.98
	50m: 26.42	100m: 56.49	(30.07)	150m: 1:27.60	(31.11)	200m: 1:59.37	(31.77)
4	<b>Eimantas Milius</b>	1996	Lithuania	+0.57	671	<b>2:00.61</b>	+2.22
	50m: 28.35	100m: 59.02	(30.67)	150m: 1:30.14	(31.12)	200m: 2:00.61	(30.47)
5	<b>Simon Moe</b>	2001	Norway	+0.69	657	<b>2:01.50</b>	+3.11
	50m: 28.14	100m: 59.24	(31.10)	150m: 1:30.38	(31.14)	200m: 2:01.50	(31.12)
6	<b>Jesper Lietzén</b>	2002	Finland	+0.71	646	<b>2:02.14</b>	+3.75
	50m: 28.64	100m: 59.56	(30.92)	150m: 1:31.68	(32.12)	200m: 2:02.14	(30.46)

Event official at: 2021-12-03 17:51:05

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 7, 200m Backstroke Men Junior - Heat

NR 1:51.59 Armin Evert Lelle 2003 Estonia (EST) Kazan (RUS) 2021-11-07  
NJ 1:54.20 Kregor Zirk 1999 Estonia (EST) Kolding (DEN) 2016-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Kajus Stankevicius	2004	Lithuania	+0.62	695	<b>1:59.25</b>	Q
	50m: 27.91	100m: 57.94	(30.03)	150m: 1:28.37	(30.43)	200m: 1:59.25	(30.88)
2	Erik Magnus Evensrud	2005	Norway	+0.90	666	<b>2:00.90</b>	+1.65 Q
	50m: 28.20	100m: 58.57	(30.37)	150m: 1:29.33	(30.76)	200m: 2:00.90	(31.57)
3	Mathias Rike Holmann	2004	Norway	+0.64	658	<b>2:01.42</b>	+2.17 Q
	50m: 28.77	100m: 59.80	(31.03)	150m: 1:31.12	(31.32)	200m: 2:01.42	(30.30)
4	Adi Ramovic	2004	Sweden	+0.64	632	<b>2:03.05</b>	+3.80 Q
	50m: 28.36	100m: 59.67	(31.31)	150m: 1:31.36	(31.69)	200m: 2:03.05	(31.69)
5	Mads Møller	2005	Denmark	+0.70	619	<b>2:03.91</b>	+4.66 Q
	50m: 28.73	100m: 1:00.47	(31.74)	150m: 1:32.22	(31.75)	200m: 2:03.91	(31.69)
6	Alexander Vergereau	2004	Denmark	+0.67	613	<b>2:04.34</b>	+5.09 Q
	50m: 29.50	100m: 1:00.81	(31.31)	150m: 1:32.99	(32.18)	200m: 2:04.34	(31.35)
7	Casper Puggaard	2005	Denmark	+0.65	602	<b>2:05.05</b>	+5.80 -
	50m: 28.25	100m: 59.63	(31.38)	150m: 1:32.16	(32.53)	200m: 2:05.05	(32.89)
8	Evaldas Babakinas	2005	Lithuania	+0.76	600	<b>2:05.22</b>	+5.97 Q
	50m: 27.97	100m: 59.27	(31.30)	150m: 1:32.10	(32.83)	200m: 2:05.22	(33.12)
9	Alan Smok	2005	Estonia	+0.65	598	<b>2:05.31</b>	+6.06 Q
	50m: 28.73	100m: 1:00.52	(31.79)	150m: 1:32.55	(32.03)	200m: 2:05.31	(32.76)
10	Tristan Tsopp	2004	Estonia	+0.69	580	<b>2:06.60</b>	+7.35
	50m: 28.27	100m: 59.44	(31.17)	150m: 1:33.12	(33.68)	200m: 2:06.60	(33.48)
11	Ajjuub Ezzat	2005	Finland	+0.61	535	<b>2:10.10</b>	+10.85
	50m: 29.96	100m: 1:03.34	(33.38)	150m: 1:37.46	(34.12)	200m: 2:10.10	(32.64)
12	Joona Kuitu	2004	Finland	+0.71	487	<b>2:14.21</b>	+14.96
	50m: 31.39	100m: 1:05.55	(34.16)	150m: 1:40.66	(35.11)	200m: 2:14.21	(33.55)

Event official at: 2021-12-03 10:27:30

### Event 7, 200m Backstroke Men Senior - Heat

NR 1:51.59 Armin Evert Lelle 2003 Estonia (EST) Kazan (RUS) 2021-11-07  
NJ 1:54.20 Kregor Zirk 1999 Estonia (EST) Kolding (DEN) 2016-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Jakob Strunge Nissen	2002	Denmark	+0.59	697	<b>1:59.10</b>	Q
	50m: 28.43	100m: 58.72	(30.29)	150m: 1:28.76	(30.04)	200m: 1:59.10	(30.34)
2	Erikas Grigaitis	2002	Lithuania	+0.63	685	<b>1:59.81</b>	+0.71 Q
	50m: 27.57	100m: 57.52	(29.95)	150m: 1:28.41	(30.89)	200m: 1:59.81	(31.40)
3	Eimantas Milius	1996	Lithuania	+0.56	678	<b>2:00.19</b>	+1.09 Q
	50m: 28.05	100m: 58.44	(30.39)	150m: 1:29.51	(31.07)	200m: 2:00.19	(30.68)
4	Niki Karlsson	2000	Finland	+0.61	665	<b>2:00.96</b>	+1.86 Q
	50m: 28.53	100m: 59.77	(31.24)	150m: 1:30.38	(30.61)	200m: 2:00.96	(30.58)
5	Jesper Lietzén	2002	Finland	+0.66	649	<b>2:01.96</b>	+2.86 Q
	50m: 28.56	100m: 59.47	(30.91)	150m: 1:30.78	(31.31)	200m: 2:01.96	(31.18)
6	Simon Moe	2001	Norway	+0.69	633	<b>2:03.00</b>	+3.90 Q
	50m: 28.62	100m: 1:00.45	(31.83)	150m: 1:32.12	(31.67)	200m: 2:03.00	(30.88)
7	Aku Kaila	2003	Finland	+0.62	611	<b>2:04.44</b>	+5.34 -
	50m: 28.93	100m: 1:00.32	(31.39)	150m: 1:32.65	(32.33)	200m: 2:04.44	(31.79)
-	Gustav Henriksen	2002	Sweden			<b>DNS</b>	



# Results

## Event 7, 200m Backstroke Men Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
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Event official at: 2021-12-03 10:27:30



# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 8, 200m Butterfly Women - Final Junior

NR 2:03.82 Petra Granlund 1987 Sweden (SWE) Istanbul (TUR) 2009-12-11  
NJ 2:08.05 Laura Lahtinen 2003 Finland (FIN) Oulu (FIN) 2018-12-09

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Cecilie Carøe Helmark</b>	2005	Denmark	+0.74	733	<b>2:12.60</b>	
	50m: 29.25	100m: 1:02.77	(33.52)	150m: 1:37.20	(34.43)	200m: 2:12.60	(35.40)
2	<b>Sofia Abrahamsson</b>	2005	Sweden	+0.76	625	<b>2:19.86</b>	+7.26
	50m: 30.95	100m: 1:06.84	(35.89)	150m: 1:44.00	(37.16)	200m: 2:19.86	(35.86)
3	<b>Aino Hinkka</b>	2005	Finland	+0.73	623	<b>2:20.00</b>	+7.40
	50m: 31.75	100m: 1:07.90	(36.15)	150m: 1:44.36	(36.46)	200m: 2:20.00	(35.64)
4	<b>Radvile Kerseviciute</b>	2005	Lithuania	+0.75	612	<b>2:20.84</b>	+8.24
	50m: 32.01	100m: 1:07.99	(35.98)	150m: 1:44.59	(36.60)	200m: 2:20.84	(36.25)
5	<b>Mathilda Sandberg</b>	2005	Sweden	+0.64	590	<b>2:22.56</b>	+9.96
	50m: 31.38	100m: 1:07.38	(36.00)	150m: 1:44.53	(37.15)	200m: 2:22.56	(38.03)
6	<b>Vyte Gelazyte</b>	2007	Lithuania	+0.75	559	<b>2:25.12</b>	+12.52
	50m: 31.79	100m: 1:09.13	(37.34)	150m: 1:46.89	(37.76)	200m: 2:25.12	(38.23)
7	<b>Violanta Gurjanova</b>	2006	Estonia	+0.71	463	<b>2:34.60</b>	+22.00
	50m: 32.76	100m: 1:11.89	(39.13)	150m: 1:52.64	(40.75)	200m: 2:34.60	(41.96)
8	<b>Amanda Malde Carlsen</b>	2006	Norway	+0.69	451	<b>2:35.86</b>	+23.26
	50m: 32.05	100m: 1:12.08	(40.03)	150m: 1:54.74	(42.66)	200m: 2:35.86	(41.12)

Event official at: 2021-12-03 18:00:13

### Event 8, 200m Butterfly Women - Final Senior

NR 2:03.82 Petra Granlund 1987 Sweden (SWE) Istanbul (TUR) 2009-12-11  
NJ 2:08.05 Laura Lahtinen 2003 Finland (FIN) Oulu (FIN) 2018-12-09

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mia Borgensgaard</b>	2003	Denmark	+0.64	729	<b>2:12.86</b>	
	50m: 30.20	100m: 1:03.70	(33.50)	150m: 1:37.85	(34.15)	200m: 2:12.86	(35.01)
2	<b>Helene Torsvik Lorentz</b>	2004	Norway	+0.76	727	<b>2:13.02</b>	+0.16
	50m: 28.92	100m: 1:02.43	(33.51)	150m: 1:36.93	(34.50)	200m: 2:13.02	(36.09)
3	<b>Lotta Pälvi</b>	2004	Finland	+0.78	669	<b>2:16.75</b>	+3.89
	50m: 30.44	100m: 1:05.06	(34.62)	150m: 1:40.64	(35.58)	200m: 2:16.75	(36.11)
4	<b>Alina Vedehhova</b>	1999	Estonia	+0.76	643	<b>2:18.52</b>	+5.66
	50m: 29.83	100m: 1:04.30	(34.47)	150m: 1:41.18	(36.88)	200m: 2:18.52	(37.34)
5	<b>Kristina Orban</b>	2004	Sweden	+0.69	637	<b>2:18.94</b>	+6.08
	50m: 31.27	100m: 1:05.83	(34.56)	150m: 1:41.79	(35.96)	200m: 2:18.94	(37.15)

Event official at: 2021-12-03 18:00:13

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 8, 200m Butterfly Women Junior - Heat

NR 2:03.82 Petra Granlund 1987 Sweden (SWE) Istanbul (TUR) 2009-12-11  
NJ 2:08.05 Laura Lahtinen 2003 Finland (FIN) Oulu (FIN) 2018-12-09

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Cecilie Carøe Helmark</b>	2005	Denmark	+0.74	671	<b>2:16.56</b>	Q
	50m: 30.08	100m: 1:04.22	(34.14)	150m: 1:39.50	(35.28)	200m: 2:16.56	(37.06)
2	<b>Sofia Abrahamsson</b>	2005	Sweden	+0.75	597	<b>2:22.04</b>	+5.48 Q
	50m: 30.44	100m: 1:06.41	(35.97)	150m: 1:43.72	(37.31)	200m: 2:22.04	(38.32)
3	<b>Radvile Kerseviciute</b>	2005	Lithuania	+0.96	594	<b>2:22.21</b>	+5.65 Q
	50m: 32.07	100m: 1:07.69	(35.62)	150m: 1:44.71	(37.02)	200m: 2:22.21	(37.50)
4	<b>Mathilda Sandberg</b>	2005	Sweden	+0.71	557	<b>2:25.34</b>	+8.78 Q
	50m: 32.02	100m: 1:09.60	(37.58)	150m: 1:48.06	(38.46)	200m: 2:25.34	(37.28)
5	<b>Vyte Gelazyte</b>	2007	Lithuania	+0.75	553	<b>2:25.69</b>	+9.13 Q
	50m: 32.37	100m: 1:09.94	(37.57)	150m: 1:48.63	(38.69)	200m: 2:25.69	(37.06)
6	<b>Aino Hinkka</b>	2005	Finland	+0.76	539	<b>2:26.95</b>	+10.39 Q
	50m: 31.35	100m: 1:07.88	(36.53)	150m: 1:46.62	(38.74)	200m: 2:26.95	(40.33)
7	<b>Amanda Malde Carlsen</b>	2006	Norway	+0.71	535	<b>2:27.29</b>	+10.73 Q
	50m: 31.46	100m: 1:07.83	(36.37)	150m: 1:45.34	(37.51)	200m: 2:27.29	(41.95)
8	<b>Violanta Gurjanova</b>	2006	Estonia	+0.73	481	<b>2:32.63</b>	+16.07 Q
	50m: 32.79	100m: 1:11.31	(38.52)	150m: 1:51.96	(40.65)	200m: 2:32.63	(40.67)
9	<b>Miriam Jürisoo</b>	2008	Estonia	+0.65	476	<b>2:33.10</b>	+16.54
	50m: 32.79	100m: 1:10.00	(37.21)	150m: 1:50.67	(40.67)	200m: 2:33.10	(42.43)
10	<b>Ute Viktoria Liu Yeung</b>	2007	Estonia	+0.68	452	<b>2:35.82</b>	+19.26
	50m: 33.04	100m: 1:12.00	(38.96)	150m: 1:53.85	(41.85)	200m: 2:35.82	(41.97)

Event official at: 2021-12-03 10:35:46

### Event 8, 200m Butterfly Women Senior - Heat

NR 2:03.82 Petra Granlund 1987 Sweden (SWE) Istanbul (TUR) 2009-12-11  
NJ 2:08.05 Laura Lahtinen 2003 Finland (FIN) Oulu (FIN) 2018-12-09

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Helene Torsvik Lorentz</b>	2004	Norway	+0.79	705	<b>2:14.37</b>	Q
	50m: 29.67	100m: 1:03.75	(34.08)	150m: 1:38.48	(34.73)	200m: 2:14.37	(35.89)
2	<b>Mia Borgensgaard</b>	2003	Denmark	+0.76	696	<b>2:14.95</b>	+0.58 Q
	50m: 30.59	100m: 1:04.57	(33.98)	150m: 1:39.54	(34.97)	200m: 2:14.95	(35.41)
3	<b>Lotta Pälsi</b>	2004	Finland	+0.73	675	<b>2:16.34</b>	+1.97 Q
	50m: 30.94	100m: 1:05.46	(34.52)	150m: 1:40.71	(35.25)	200m: 2:16.34	(35.63)
4	<b>Alina Vedehhova</b>	1999	Estonia	+0.74	616	<b>2:20.53</b>	+6.16 Q
	50m: 30.95	100m: 1:05.94	(34.99)	150m: 1:42.89	(36.95)	200m: 2:20.53	(37.64)
5	<b>Kristina Orban</b>	2004	Sweden	+0.71	590	<b>2:22.56</b>	+8.19 Q
	50m: 31.23	100m: 1:06.50	(35.27)	150m: 1:44.04	(37.54)	200m: 2:22.56	(38.52)

Event official at: 2021-12-03 10:35:46



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 9, 100m Butterfly Men S8-14 - Para Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	<b>Alexander Hillhouse</b>	2004 Denmark	+0.67	952	<b>58.48</b>	S14
	50m: 27.11	100m: 58.48 (31.37)				
2	<b>Nader Khalili</b>	2001 Finland	+0.85	854	<b>1:01.37</b>	+2.89 S14
	50m: 28.85	100m: 1:01.37 (32.52)				
3	<b>Jesper Andersson</b>	1996 Sweden	+0.85	596	<b>1:07.60</b>	+9.12 S14
	50m: 31.31	100m: 1:07.60 (36.29)				
4	<b>Jo Kebriel Stølhaug Nor</b>	2007 Norway	+0.95	461	<b>1:12.18</b>	+13.70 S9
	50m: 32.53	100m: 1:12.18 (39.65)				
5	<b>Erik Gundersen</b>	2006 Norway	+0.72	409	<b>1:08.06</b>	+9.58 S13
	50m: 30.61	100m: 1:08.06 (37.45)				
6	<b>Tobias Klasson</b>	2000 Sweden	+0.72	347	<b>1:13.56</b>	+15.08 S14
	50m: 31.30	100m: 1:13.56 (42.26)				

Event official at: 2021-12-03 18:04:07

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 10, 100m Butterfly Men - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	49.22	Tomoe Zenimoto Hvas	2000 Norway (NOR)	Kazan (RUS)			2021-11-02
NJ	50.49	Tomoe Zenimoto Hvas	2000 Norway (NOR)	Hangzhou (CHN)			2018-12-12
<b>1</b>	<b>Artur Tobler</b>	2004	Estonia	+0.62	685	<b>54.18</b>	
	50m: 25.26	100m: 54.18	(28.92)				
<b>2</b>	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.66	681	<b>54.29</b>	+0.11
	50m: 25.62	100m: 54.29	(28.67)				
<b>3</b>	<b>Nedas Giedraitis</b>	2004	Lithuania	+0.70	640	<b>55.44</b>	+1.26
	50m: 25.75	100m: 55.44	(29.69)				
<b>4</b>	<b>Philip Johan Abad Slotsvik</b>	2005	Norway	+0.74	637	<b>55.51</b>	+1.33
	50m: 25.88	100m: 55.51	(29.63)				
<b>5</b>	<b>Alvin Välikki</b>	2004	Sweden	+0.69	637	<b>55.53</b>	+1.35
	50m: 25.73	100m: 55.53	(29.80)				
<b>6</b>	<b>Nikita Ivanov</b>	2005	Estonia	+0.71	636	<b>55.54</b>	+1.36
	50m: 25.79	100m: 55.54	(29.75)				
<b>7</b>	<b>Birnir Freyr Hálfðánarsson</b>	2006	Iceland	+0.66	625	<b>55.86</b>	+1.68
	50m: 25.52	100m: 55.86	(30.34)				
<b>8</b>	<b>Lassi Niemi</b>	2004	Finland	+0.68	625	<b>55.87</b>	+1.69
	50m: 26.35	100m: 55.87	(29.52)				

Event official at: 2021-12-03 18:10:52

### Event 10, 100m Butterfly Men - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	49.22	Tomoe Zenimoto Hvas	2000 Norway (NOR)	Kazan (RUS)			2021-11-02
NJ	50.49	Tomoe Zenimoto Hvas	2000 Norway (NOR)	Hangzhou (CHN)			2018-12-12
<b>1</b>	<b>Marko-Matteus Langel</b>	1999	Estonia	+0.70	765	<b>52.23</b>	
	50m: 24.12	100m: 52.23	(28.11)				
<b>2</b>	<b>Tobias Dan Hansen</b>	2002	Denmark	+0.66	696	<b>53.89</b>	+1.66
	50m: 24.10	100m: 53.89	(29.79)				
<b>3</b>	<b>Veeti Ruhtula</b>	2001	Finland	+0.64	683	<b>54.25</b>	+2.02
	50m: 24.69	100m: 54.25	(29.56)				
<b>4</b>	<b>Kasper Bonnichsen</b>	2002	Denmark	+0.69	674	<b>54.47</b>	+2.24
	50m: 25.63	100m: 54.47	(28.84)				
<b>5</b>	<b>Símon Elías Statkevicius</b>	2003	Iceland	+0.67	666	<b>54.70</b>	+2.47
	50m: 25.27	100m: 54.70	(29.43)				
<b>6</b>	<b>Dmitri Astrelin</b>	2003	Estonia	+0.68	607	<b>56.42</b>	+4.19
	50m: 25.98	100m: 56.42	(30.44)				
<b>7</b>	<b>Lari Tumanoff</b>	2003	Finland	+0.71	555	<b>58.14</b>	+5.91
	50m: 27.00	100m: 58.14	(31.14)				

Event official at: 2021-12-03 18:10:52

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 10, 100m Butterfly Men Junior - Heat

NR 49.22 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kazan (RUS) 2021-11-02  
NJ 50.49 Tomoe Zenimoto Hvas 2000 Norway (NOR) Hangzhou (CHN) 2018-12-12

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Andreas Sigvaldsen	2006	Norway	+0.69	658	54.92	Q
	50m: 25.84	100m: 54.92	(29.08)				
2	Artur Tobler	2004	Estonia	+0.64	649	55.16	+0.24 Q
	50m: 25.62	100m: 55.16	(29.54)				
3	Birnir Freyr Hálfðánarsson	2006	Iceland	+0.67	621	55.99	+1.07 Q
	50m: 25.84	100m: 55.99	(30.15)				
4	Philip Johan Abad Slotsvik	2005	Norway	+0.78	618	56.09	+1.17 Q
	50m: 26.33	100m: 56.09	(29.76)				
5	Nikita Ivanov	2005	Estonia	+0.75	616	56.14	+1.22 Q
	50m: 26.04	100m: 56.14	(30.10)				
6	Nedas Giedraitis	2004	Lithuania	+0.73	615	56.16	+1.24 Q
	50m: 25.79	100m: 56.16	(30.37)				
7	Lassi Niemi	2004	Finland	+0.74	615	56.17	+1.25 Q
	50m: 25.60	100m: 56.17	(30.57)				
7	Alvin Vätkki	2004	Sweden	+0.68	615	56.17	+1.25 Q
	50m: 26.02	100m: 56.17	(30.15)				
9	Emilis Atkociunas	2005	Lithuania	+0.74	613	56.23	+1.31
	50m: 26.15	100m: 56.23	(30.08)				
10	Casper Puggaard	2005	Denmark	+0.69	609	56.35	+1.43
	50m: 25.47	100m: 56.35	(30.88)				
11	Daniil Drozdov	2004	Estonia	+0.66	607	56.43	+1.51
	50m: 25.89	100m: 56.43	(30.54)				
12	Fannar Snævar Hauksson	2004	Iceland	+0.64	599	56.66	+1.74
	50m: 26.11	100m: 56.66	(30.55)				
13	Lars Kuljus	2005	Estonia	+0.75	566	57.76	+2.84
	50m: 26.73	100m: 57.76	(31.03)				
14	Jere Hannuksela	2004	Finland	+0.59	560	57.94	+3.02
	50m: 26.97	100m: 57.94	(30.97)				
15	Sander Kiær Sørensen	2007	Norway	+0.72	559	57.98	+3.06
	50m: 27.32	100m: 57.98	(30.66)				

Event official at: 2021-12-03 10:40:20

### Event 10, 100m Butterfly Men Senior - Heat

NR 49.22 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kazan (RUS) 2021-11-02  
NJ 50.49 Tomoe Zenimoto Hvas 2000 Norway (NOR) Hangzhou (CHN) 2018-12-12

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Marko-Matteus Langel	1999	Estonia	+0.73	700	53.79	Q
	50m: 24.87	100m: 53.79	(28.92)				
2	Símon Elías Statkevicius	2003	Iceland	+0.67	663	54.77	+0.98 Q
	50m: 25.25	100m: 54.77	(29.52)				
3	Kasper Bonnichsen	2002	Denmark	+0.67	649	55.18	+1.39 Q
	50m: 25.48	100m: 55.18	(29.70)				
4	Tobias Dan Hansen	2002	Denmark	+0.68	624	55.90	+2.11 Q
	50m: 25.51	100m: 55.90	(30.39)				



## Results

### Event 10, 100m Butterfly Men Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
5	Dmitri Astrelin	2003	Estonia	+0.69	619	<b>56.04</b>	+2.25 Q
	50m: 26.03		100m: 56.04 (30.01)				
6	Veeti Ruhtula	2001	Finland	+0.60	595	<b>56.79</b>	+3.00 Q
	50m: 26.89		100m: 56.79 (29.90)				
7	Lari Tumanoff	2003	Finland	+0.70	521	<b>59.37</b>	+5.58 Q
	50m: 27.51		100m: 59.37 (31.86)				

Event official at: 2021-12-03 10:40:20

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 11, 200m Breaststroke Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	2:15.21	Rikke Møller Pedersen	1989 Denmark (DEN)	Herning (DEN)			2013-12-13
NJ	2:22.56	Silja Känsäkoski	1997 Finland (FIN)	Upplands Väsby (SWE)			2014-12-14
<b>1</b>	<b>Olivia Klint Ipsa</b>	2005	Sweden	+0.75	729	<b>2:29.46</b>	
	50m: 33.45	100m: 1:11.16	(37.71)	150m: 1:49.83	(38.67)	200m: 2:29.46	(39.63)
<b>2</b>	<b>Anna Munk Fuglsang</b>	2005	Denmark	+0.75	686	<b>2:32.55</b>	+3.09
	50m: 34.22	100m: 1:13.79	(39.57)	150m: 1:53.70	(39.91)	200m: 2:32.55	(38.85)
<b>3</b>	<b>Ebba Holgersson</b>	2005	Sweden	+0.71	684	<b>2:32.72</b>	+3.26
	50m: 34.49	100m: 1:13.35	(38.86)	150m: 1:52.67	(39.32)	200m: 2:32.72	(40.05)
<b>4</b>	<b>Eva Margrét Falsdóttir</b>	2005	Iceland	+0.79	681	<b>2:32.94</b>	+3.48
	50m: 34.72	100m: 1:13.73	(39.01)	150m: 1:53.23	(39.50)	200m: 2:32.94	(39.71)
<b>5</b>	<b>Karile Alisaukaite</b>	2008	Lithuania	+0.75	668	<b>2:33.94</b>	+4.48
	50m: 34.71	100m: 1:14.35	(39.64)	150m: 1:54.58	(40.23)	200m: 2:33.94	(39.36)
<b>6</b>	<b>Wilma Sundt</b>	2006	Finland	+0.79	655	<b>2:34.90</b>	+5.44
	50m: 35.68	100m: 1:15.26	(39.58)	150m: 1:54.81	(39.55)	200m: 2:34.90	(40.09)
<b>7</b>	<b>June Selin</b>	2006	Norway	+0.76	644	<b>2:35.80</b>	+6.34
	50m: 35.20	100m: 1:14.40	(39.20)	150m: 1:54.82	(40.42)	200m: 2:35.80	(40.98)
<b>8</b>	<b>Ida Skov Kragh</b>	2006	Denmark	+0.75	606	<b>2:39.00</b>	+9.54
	50m: 34.80	100m: 1:15.05	(40.25)	150m: 1:56.69	(41.64)	200m: 2:39.00	(42.31)

Event official at: 2021-12-03 18:20:17

### Event 11, 200m Breaststroke Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	2:15.21	Rikke Møller Pedersen	1989 Denmark (DEN)	Herning (DEN)			2013-12-13
NJ	2:22.56	Silja Känsäkoski	1997 Finland (FIN)	Upplands Väsby (SWE)			2014-12-14
<b>1</b>	<b>Hilja Schimmel</b>	2003	Sweden	+0.70	768	<b>2:26.94</b>	
	50m: 34.16	100m: 1:11.26	(37.10)	150m: 1:48.76	(37.50)	200m: 2:26.94	(38.18)
<b>2</b>	<b>Mari Moen</b>	2004	Norway	+0.72	764	<b>2:27.15</b>	+0.21
	50m: 34.72	100m: 1:12.03	(37.31)	150m: 1:49.64	(37.61)	200m: 2:27.15	(37.51)
<b>3</b>	<b>Eva Kummen</b>	2001	Norway	+0.76	763	<b>2:27.22</b>	+0.28
	50m: 33.43	100m: 1:10.48	(37.05)	150m: 1:48.48	(38.00)	200m: 2:27.22	(38.74)
<b>4</b>	<b>Hanna Kareinen</b>	2000	Finland	+0.68	665	<b>2:34.11</b>	+7.17
	50m: 34.87	100m: 1:14.42	(39.55)	150m: 1:54.12	(39.70)	200m: 2:34.11	(39.99)
<b>5</b>	<b>Marie Toompuu</b>	2004	Estonia	+0.68	634	<b>2:36.60</b>	+9.66
	50m: 34.66	100m: 1:13.92	(39.26)	150m: 1:55.22	(41.30)	200m: 2:36.60	(41.38)

Event official at: 2021-12-03 18:20:17



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 11, 200m Breaststroke Women Junior - Heat

NR 2:15.21 Rikke Møller Pedersen 1989 Denmark (DEN) Herning (DEN) 2013-12-13  
NJ 2:22.56 Silja Känsäkoski 1997 Finland (FIN) Upplands Väsby (SWE) 2014-12-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Olivia Klint Ipsa	2005	Sweden	+0.79	715	<b>2:30.45</b>	Q
	50m: 33.53	100m: 1:11.74	(38.21)	150m: 1:50.64	(38.90)	200m: 2:30.45	(39.81)
2	Ebba Holgersson	2005	Sweden	+0.77	676	<b>2:33.31</b>	+2.86 Q
	50m: 34.51	100m: 1:13.87	(39.36)	150m: 1:53.50	(39.63)	200m: 2:33.31	(39.81)
3	Anna Munk Fuglsang	2005	Denmark	+0.77	649	<b>2:35.38</b>	+4.93 Q
	50m: 34.67	100m: 1:14.48	(39.81)	150m: 1:54.89	(40.41)	200m: 2:35.38	(40.49)
4	Karile Alisaukaite	2008	Lithuania	+0.74	644	<b>2:35.80</b>	+5.35 Q
	50m: 34.59	100m: 1:14.69	(40.10)	150m: 1:56.10	(41.41)	200m: 2:35.80	(39.70)
5	Eva Margrét Falsdóttir	2005	Iceland	+0.85	642	<b>2:35.95</b>	+5.50 Q
	50m: 35.28	100m: 1:14.00	(38.72)	150m: 1:54.50	(40.50)	200m: 2:35.95	(41.45)
6	June Selin	2006	Norway	+0.75	641	<b>2:36.04</b>	+5.59 Q
	50m: 35.21	100m: 1:14.54	(39.33)	150m: 1:54.85	(40.31)	200m: 2:36.04	(41.19)
7	Wilma Sundt	2006	Finland	+0.77	639	<b>2:36.20</b>	+5.75 Q
	50m: 35.03	100m: 1:15.27	(40.24)	150m: 1:55.10	(39.83)	200m: 2:36.20	(41.10)
8	Ida Skov Kragh	2006	Denmark	+0.75	598	<b>2:39.65</b>	+9.20 Q
	50m: 34.36	100m: 1:15.02	(40.66)	150m: 1:57.19	(42.17)	200m: 2:39.65	(42.46)
9	Jekaterina Vorontsova	2005	Estonia	+0.83	588	<b>2:40.55</b>	+10.10
	50m: 35.50	100m: 1:16.05	(40.55)	150m: 1:58.45	(42.40)	200m: 2:40.55	(42.10)
10	Aiste Slatkeviciute	2005	Lithuania	+0.76	584	<b>2:40.98</b>	+10.53
	50m: 36.19	100m: 1:17.00	(40.81)	150m: 1:58.60	(41.60)	200m: 2:40.98	(42.38)
11	Daniela Lietzén	2006	Finland	+0.80	566	<b>2:42.63</b>	+12.18
	50m: 36.57	100m: 1:17.62	(41.05)	150m: 1:59.97	(42.35)	200m: 2:42.63	(42.66)
12	Lea Osberg Højsted	2008	Faroe Islands	+0.78	527	<b>2:46.50</b>	+16.05
	50m: 36.34	100m: 1:17.93	(41.59)	150m: 2:02.03	(44.10)	200m: 2:46.50	(44.47)
13	Alessandra Zaidentsal	2008	Estonia	+0.83	522	<b>2:47.12</b>	+16.67
	50m: 36.99	100m: 1:19.33	(42.34)	150m: 2:02.99	(43.66)	200m: 2:47.12	(44.13)

Event official at: 2021-12-03 10:54:00

### Event 11, 200m Breaststroke Women Senior - Heat

NR 2:15.21 Rikke Møller Pedersen 1989 Denmark (DEN) Herning (DEN) 2013-12-13  
NJ 2:22.56 Silja Känsäkoski 1997 Finland (FIN) Upplands Väsby (SWE) 2014-12-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Eva Kummen	2001	Norway	+0.77	760	<b>2:27.44</b>	Q
	50m: 33.44	100m: 1:10.55	(37.11)	150m: 1:48.74	(38.19)	200m: 2:27.44	(38.70)
2	Mari Moen	2004	Norway	+0.73	712	<b>2:30.70</b>	+3.26 Q
	50m: 35.01	100m: 1:13.73	(38.72)	150m: 1:52.12	(38.39)	200m: 2:30.70	(38.58)
3	Anniina Murto	2001	Finland	+0.72	702	<b>2:31.40</b>	+3.96 -
	50m: 33.54	100m: 1:12.28	(38.74)	150m: 1:51.82	(39.54)	200m: 2:31.40	(39.58)
4	Hilja Schimmel	2003	Sweden	+0.69	688	<b>2:32.39</b>	+4.95 Q
	50m: 34.65	100m: 1:12.88	(38.23)	150m: 1:51.62	(38.74)	200m: 2:32.39	(40.77)
5	Hanna Kareinen	2000	Finland	+0.75	661	<b>2:34.46</b>	+7.02 Q
	50m: 34.46	100m: 1:12.86	(38.40)	150m: 1:52.56	(39.70)	200m: 2:34.46	(41.90)
6	Saga Boråker	2004	Sweden	+0.82	624	<b>2:37.46</b>	+10.02 -
	50m: 33.95	100m: 1:13.58	(39.63)	150m: 1:55.48	(41.90)	200m: 2:37.46	(41.98)



## Results

### Event 11, 200m Breaststroke Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
7	Marie Toompuu	2004	Estonia	+0.69	594	<b>2:40.02</b>	+12.58 Q
	50m: 34.90	100m: 1:14.79	(39.89)	150m: 1:57.20	(42.41)	200m: 2:40.02	(42.82)

Event official at: 2021-12-03 10:54:00



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 12, 100m Breaststroke Men SB4-14 - Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	<b>Fredrik Solberg</b>	2001 Norway	+0.68	901	<b>1:10.78</b>	SB9
	50m: 32.11	100m: 1:10.78 (38.67)				
2	<b>Erik Gundersen</b>	2006 Norway	+0.73	660	<b>1:17.85</b>	+7.07 SB13
	50m: 35.87	100m: 1:17.85 (41.98)				
3	<b>Guðfinnur Karlsson</b>	1988 NPC-Iceland	+0.94	616	<b>1:29.72</b>	+18.94 SB11
	50m: 43.35	100m: 1:29.72 (46.37)				
4	<b>Andreas Nordh</b>	1991 Sweden	+0.94	548	<b>1:24.95</b>	+14.17 SB14
	50m: 39.44	100m: 1:24.95 (45.51)				
5	<b>Fabian Claeson</b>	2002 Sweden	+0.70	440	<b>1:33.05</b>	+22.27 SB8
	50m: 43.14	100m: 1:33.05 (49.91)				

Event official at: 2021-12-03 18:23:53

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 13, 100m Breaststroke Men - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	56.30	Anton McKee	1993 Iceland (ISL)	Budapest (HUN)		2020-10-25	
NJ	58.83	Johannes Skagius	1995 Sweden (SWE)	Helsingborg (SWE)		2012-11-23	
1	<b>Davin Lindholm</b>	2004	Finland	+0.77	765	<b>1:00.49</b>	
	50m: 27.80	100m: 1:00.49	(32.69)				
2	<b>Elias Marius Elsgaard</b>	2004	Denmark	+0.67	721	<b>1:01.70</b>	+1.21
	50m: 29.13	100m: 1:01.70	(32.57)				
3	<b>Mathias Christensen</b>	2004	Denmark	+0.67	717	<b>1:01.81</b>	+1.32
	50m: 29.34	100m: 1:01.81	(32.47)				
4	<b>Ralf Roose</b>	2004	Estonia	+0.71	716	<b>1:01.84</b>	+1.35
	50m: 28.69	100m: 1:01.84	(33.15)				
5	<b>Daði Björnsson</b>	2004	Iceland	+0.72	698	<b>1:02.38</b>	+1.89
	50m: 29.42	100m: 1:02.38	(32.96)				
6	<b>August Eriksson</b>	2004	Sweden	+0.68	686	<b>1:02.72</b>	+2.23
	50m: 29.43	100m: 1:02.72	(33.29)				
7	<b>Emil Austevoll Harlem</b>	2005	Norway	+0.75	683	<b>1:02.82</b>	+2.33
	50m: 29.33	100m: 1:02.82	(33.49)				
8	<b>Glen Marcus Villem</b>	2004	Estonia	+0.75	632	<b>1:04.48</b>	+3.99
	50m: 29.75	100m: 1:04.48	(34.73)				

Event official at: 2021-12-03 18:30:00

### Event 13, 100m Breaststroke Men - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	56.30	Anton McKee	1993 Iceland (ISL)	Budapest (HUN)		2020-10-25	
NJ	58.83	Johannes Skagius	1995 Sweden (SWE)	Helsingborg (SWE)		2012-11-23	
1	<b>Christoffer Tofte Haarsaker</b>	1993	Norway	+0.67	838	<b>58.69</b>	
	50m: 27.94	100m: 58.69	(30.75)				
2	<b>Johannes Skagius</b>	1995	Sweden	+0.67	805	<b>59.48</b>	+0.79
	50m: 27.86	100m: 59.48	(31.62)				
3	<b>Mark Sovtsa</b>	2001	Estonia	+0.75	740	<b>1:01.17</b>	+2.48
	50m: 28.64	100m: 1:01.17	(32.53)				
4	<b>John Brolin</b>	2002	Sweden	+0.68	664	<b>1:03.41</b>	+4.72
	50m: 29.67	100m: 1:03.41	(33.74)				

Event official at: 2021-12-03 18:30:00

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 13, 100m Breaststroke Men Junior - Heat

NR 56.30 Anton McKee 1993 Iceland (ISL) Budapest (HUN) 2020-10-25  
 NJ 58.83 Johannes Skagius 1995 Sweden (SWE) Helsingborg (SWE) 2012-11-23

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Davin Lindholm	2004	Finland	+0.76	751	<b>1:00.88</b>	Q
	50m: 28.16	100m: 1:00.88	(32.72)				
2	Mathias Christensen	2004	Denmark	+0.72	718	<b>1:01.78</b>	+0.90 Q
	50m: 29.41	100m: 1:01.78	(32.37)				
3	Ralf Roose	2004	Estonia	+0.71	716	<b>1:01.84</b>	+0.96 Q
	50m: 28.52	100m: 1:01.84	(33.32)				
4	Daði Björnsson	2004	Iceland	+0.68	704	<b>1:02.19</b>	+1.31 Q
	50m: 28.99	100m: 1:02.19	(33.20)				
5	Elias Marius Elsgaard	2004	Denmark	+0.68	686	<b>1:02.74</b>	+1.86 Q
	50m: 29.62	100m: 1:02.74	(33.12)				
6	Robert E Falborg Pedersen	2005	Denmark	+0.71	680	<b>1:02.91</b>	+2.03 -
	50m: 29.75	100m: 1:02.91	(33.16)				
7	Emil Austevoll Harlem	2005	Norway	+0.71	676	<b>1:03.04</b>	+2.16 Q
	50m: 29.33	100m: 1:03.04	(33.71)				
8	August Eriksson	2004	Sweden	+0.68	670	<b>1:03.24</b>	+2.36 Q
	50m: 29.58	100m: 1:03.24	(33.66)				
9	Tobias Rosengard	2005	Denmark	+0.68	665	<b>1:03.40</b>	+2.52 -
	50m: 29.63	100m: 1:03.40	(33.77)				
10	Glen Marcus Villems	2004	Estonia	+0.75	644	<b>1:04.07</b>	+3.19 Q
	50m: 29.43	100m: 1:04.07	(34.64)				
11	Magnus Kobbevik Mikalsen	2004	Norway	+0.74	631	<b>1:04.51</b>	+3.63
	50m: 30.34	100m: 1:04.51	(34.17)				
12	Snorri Dagur Einarsson	2005	Iceland	+0.67	629	<b>1:04.57</b>	+3.69
	50m: 30.14	100m: 1:04.57	(34.43)				
13	Domantas Aleksinas	2004	Lithuania	+0.71	622	<b>1:04.81</b>	+3.93
	50m: 29.95	100m: 1:04.81	(34.86)				
14	Jorven Nopponen	2005	Estonia	+0.64	605	<b>1:05.40</b>	+4.52
	50m: 30.40	100m: 1:05.40	(35.00)				
15	Edvinas Kilmanas	2004	Lithuania	+0.64	587	<b>1:06.09</b>	+5.21
	50m: 30.62	100m: 1:06.09	(35.47)				

Event official at: 2021-12-03 11:00:01

### Event 13, 100m Breaststroke Men Senior - Heat

NR 56.30 Anton McKee 1993 Iceland (ISL) Budapest (HUN) 2020-10-25  
 NJ 58.83 Johannes Skagius 1995 Sweden (SWE) Helsingborg (SWE) 2012-11-23

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Christoffer Tofte Haarsaker	1993	Norway	+0.73	780	<b>1:00.10</b>	Q
	50m: 27.77	100m: 1:00.10	(32.33)				
2	Johannes Skagius	1995	Sweden	+0.73	779	<b>1:00.12</b>	+0.02 Q
	50m: 28.02	100m: 1:00.12	(32.10)				
3	Mark Sovtsa	2001	Estonia	+0.73	671	<b>1:03.20</b>	+3.10 Q
	50m: 29.44	100m: 1:03.20	(33.76)				
4	John Brolin	2002	Sweden	+0.71	549	<b>1:07.55</b>	+7.45 Q
	50m: 31.82	100m: 1:07.55	(35.73)				

Event official at: 2021-12-03 11:00:01

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 14, 50m Freestyle Women S1-13 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Jenna Rajahalme	2002	Finland	+0.75	938	<b>28.72</b>	S10
2	Saga Hållander	2004	Sweden	+0.86	832	<b>30.49</b>	+1.77 S10
3	Helena Fältman	1980	Sweden	+0.80	781	<b>31.26</b>	+2.54 S10
4	Camilla Bitz Witt	2003	Denmark	+0.84	776	<b>32.68</b>	+3.96 S9
5	Freja Kvist	2006	Denmark	+0.71	693	<b>32.53</b>	+3.81 S10
6	Thea Løkebø	2005	Norway	+0.86	611	<b>32.25</b>	+3.53 S13
6	Thelma Björg Björnsdóttir	1996	NPC-Iceland		611	<b>40.70</b>	+11.98 S6
8	Ronja Weckström	2005	Finland	+0.96	340	<b>39.37</b>	+10.65 S9

Event official at: 2021-12-03 18:33:15



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 14, 50m Freestyle Women S1-13 - Heat

Rank	Name	Born	Team	R.T.	WPS	Time	Diff		
1	Jenna Rajahalme	2002	Finland	+0.76	916	<b>29.10</b>		Q	S10
2	Saga Hållander	2004	Sweden	+0.93	840	<b>30.36</b>	+1.26	Q	S10
3	Camilla Bitz Witt	2003	Denmark	+0.67	780	<b>32.63</b>	+3.53	Q	S9
4	Helena Fältman	1980	Sweden		761	<b>31.56</b>	+2.46	Q	S10
5	Freja Kvist	2006	Denmark	+0.72	708	<b>32.33</b>	+3.23	Q	S10
6	Thea Løkebø	2005	Norway	+0.90	637	<b>31.90</b>	+2.80	Q	S13
7	Thelma Björg Björnsdóttir	1996	NPC-Iceland		566	<b>41.47</b>	+12.37	Q	S6
8	Ronja Weckström	2005	Finland	+0.97	318	<b>39.76</b>	+10.66	Q	S9
9	Sonja Sigurðardóttir	1990	NPC-Iceland		27	<b>1:06.74</b>	+37.64		S4
-	Karina Lauridsen	1976	Denmark			<b>DNS</b>			S5

Event official at: 2021-12-03 11:04:48



# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 15, 50m Freestyle Women - Final

NR 23.00 Sarah Sjöström 1993 Sweden (SWE) Berlin (GER) 2017-08-07  
NJ 24.27 Emma Svensson 1992 Sweden (SWE) Istanbul (TUR) 2009-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Schastine Tabor	2005	Denmark	+0.67	716	<b>25.63</b>	
2	Victoria Deona Bergeli	2003	Norway	+0.63	699	<b>25.83</b>	+0.20
3	Viivi Sääntti	2005	Finland	+0.71	693	<b>25.90</b>	+0.27
4	Laurika Lint	2002	Estonia	+0.70	686	<b>25.99</b>	+0.36
5	Alicia Lundblad	2001	Sweden	+0.71	682	<b>26.04</b>	+0.41
6	Steingerður Hauksdóttir	1996	Iceland	+0.66	679	<b>26.08</b>	+0.45
6	Fia Stenman	2006	Finland	+0.74	679	<b>26.08</b>	+0.45
8	Sofie Bruun Høvring	2004	Denmark	+0.70	673	<b>26.16</b>	+0.53

Event official at: 2021-12-03 18:36:00

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 15, 50m Freestyle Women - Heat

NR 23.00 Sarah Sjöström 1993 Sweden (SWE) Berlin (GER) 2017-08-07  
 NJ 24.27 Emma Svensson 1992 Sweden (SWE) Istanbul (TUR) 2009-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Viivi Sääntti	2005	Finland	+0.74	689	<b>25.95</b>	Q
2	Schastine Tabor	2005	Denmark	+0.68	683	<b>26.03</b>	+0.08 Q
3	Victoria Deona Bergeli	2003	Norway	+0.66	677	<b>26.11</b>	+0.16 Q
3	Sofie Bruun Høvring	2004	Denmark	+0.71	677	<b>26.11</b>	+0.16 Q
5	Steingerður Hauksdóttir	1996	Iceland	+0.68	671	<b>26.19</b>	+0.24 Q
6	Fia Stenman	2006	Finland	+0.76	670	<b>26.20</b>	+0.25 Q
6	Laurika Lint	2002	Estonia	+0.69	670	<b>26.20</b>	+0.25 Q
8	Alicia Lundblad	2001	Sweden	+0.75	669	<b>26.21</b>	+0.26 Q
9	Inka Vahtola	2005	Finland	+0.77	668	<b>26.22</b>	+0.27
10	Malena Amelie Lirken	2003	Norway	+0.72	663	<b>26.29</b>	+0.34
11	Annika Vainikk	2000	Estonia	+0.74	657	<b>26.37</b>	+0.42
12	Elisabet Mätlik	2002	Estonia	+0.71	655	<b>26.39</b>	+0.44
13	Mariangela Boitduk	2004	Estonia	+0.70	652	<b>26.44</b>	+0.49
14	Kristín Helga Hákonardóttir	2004	Iceland	+0.73	650	<b>26.47</b>	+0.52
15	Mathilda Sandberg	2005	Sweden	+0.63	647	<b>26.51</b>	+0.56
15	Ida Skov Kragh	2006	Denmark	+0.74	647	<b>26.51</b>	+0.56
17	Silje Rongevær Slyngstadli	2004	Norway	+0.79	644	<b>26.54</b>	+0.59
18	Kertu Kaare	2002	Estonia	+0.72	638	<b>26.63</b>	+0.68
19	Patricija Kondraskaite	2006	Lithuania	+0.74	624	<b>26.82</b>	+0.87
20	Vilma Leppähaara	2005	Finland	+0.77	617	<b>26.92</b>	+0.97
21	Sofia Abrahamsson	2005	Sweden	+0.73	615	<b>26.95</b>	+1.00
22	Ronja Ró í Dímun	2004	Faroe Islands	+0.74	615	<b>26.96</b>	+1.01
23	Alisa Vestergård	2003	Faroe Islands	+0.76	613	<b>26.98</b>	+1.03
24	Gabija Gailiusyte	2006	Lithuania	+0.72	603	<b>27.13</b>	+1.18
25	Stela Svencionyte	2008	Lithuania	+0.72	570	<b>27.65</b>	+1.70
26	Aiste Slatkeviciute	2005	Lithuania	+0.74	565	<b>27.73</b>	+1.78
27	Auste Backeviciute	2006	Lithuania	+0.68	555	<b>27.90</b>	+1.95
28	Mathilde Møller	2007	Denmark	+0.84	542	<b>28.11</b>	+2.16
29	Róa Trygvadóttir	2008	Faroe Islands	+0.80	481	<b>29.26</b>	+3.31

Event official at: 2021-12-03 11:10:06



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 16, 50m Freestyle Men S1-13 - Para Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Fredrik Solberg	2001 Norway	+0.69	1023	<b>24.99</b>	S9
2	Jo Kebriel Stølhaug Nor	2007 Norway	+0.68	743	<b>29.03</b>	+4.04 S9
3	Jakob Heeb	2001 Denmark	+0.75	705	<b>29.47</b>	+4.48 S9
4	Niklas Andersson	1988 Sweden	+0.91	597	<b>33.67</b>	+8.68 S7
5	Ilmari Laitala	2003 Finland	+0.86	349	<b>34.98</b>	+9.99 S8
6	Conrad Hildebrant	1995 Sweden		7	<b>1:39.50</b>	+1:14.51 S2

Event official at: 2021-12-03 18:40:31

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 17, 50m Freestyle Men - Final

NR 20.70 Stefan Nystrand 1981 Sweden (SWE) Berlin (GER) 2009-11-15  
NJ 21.66 Björn Seeliger 2000 Sweden (SWE) Copenhagen (DEN) 2017-12-13

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Bjørnar Grytnes Laskerud	2004	Norway	+0.68	737	<b>22.31</b>	
2	Christian Groth Dyrkorn	2001	Norway	+0.66	701	<b>22.69</b>	+0.38
3	Kasper Johnsen	2003	Denmark	+0.71	694	<b>22.77</b>	+0.46
4	Erik Falk	2003	Sweden	+0.70	693	<b>22.78</b>	+0.47
5	Símon Elías Statkevicius	2003	Iceland	+0.66	678	<b>22.94</b>	+0.63
6	Daniil Drozdov	2004	Estonia	+0.64	674	<b>22.99</b>	+0.68
7	Julius Backulis	2000	Lithuania	+0.79	673	<b>23.00</b>	+0.69
8	Hans-Mikk Kuulpak	2004	Estonia	+0.64	640	<b>23.39</b>	+1.08

Event official at: 2021-12-03 18:43:11

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 17, 50m Freestyle Men - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	20.70	Stefan Nystrand	1981 Sweden (SWE)	Berlin (GER)			2009-11-15
NJ	21.66	Björn Seeliger	2000 Sweden (SWE)	Copenhagen (DEN)			2017-12-13
1	<b>Bjørnar Grytnes Laskerud</b>	2004	Norway	+0.73	713	<b>22.56</b>	Q
2	<b>Christian Groth Dyrkorn</b>	2001	Norway	+0.68	684	<b>22.87</b>	+0.31 Q
3	<b>Simon Moe</b>	2001	Norway	+0.67	682	<b>22.90</b>	+0.34 -
4	<b>Kasper Johnsen</b>	2003	Denmark	+0.72	672	<b>23.01</b>	+0.45 Q
4	<b>Julius Backulis</b>	2000	Lithuania	+0.85	672	<b>23.01</b>	+0.45 Q
6	<b>Símon Elías Statkevicius</b>	2003	Iceland	+0.66	671	<b>23.02</b>	+0.46 Q
6	<b>Erik Falk</b>	2003	Sweden	+0.71	671	<b>23.02</b>	+0.46 Q
8	<b>Helje Stadaas</b>	2004	Norway	+0.72	668	<b>23.06</b>	+0.50 -
8	<b>Daniil Drozdov</b>	2004	Estonia	+0.67	668	<b>23.06</b>	+0.50 Q
10	<b>Hans-Mikk Kuulpak</b>	2004	Estonia	+0.66	656	<b>23.20</b>	+0.64 Q
11	<b>Erik Lihhatd</b>	2003	Estonia	+0.67	652	<b>23.24</b>	+0.68
12	<b>John Brolin</b>	2002	Sweden	+0.71	647	<b>23.30</b>	+0.74
13	<b>Rando Vainikk</b>	2000	Estonia	+0.82	628	<b>23.53</b>	+0.97
14	<b>Edvinas Cesnakas</b>	2003	Lithuania	+0.68	618	<b>23.66</b>	+1.10
15	<b>Georgi Goldberg</b>	2004	Estonia	+0.63	617	<b>23.68</b>	+1.12
16	<b>Aku Kaila</b>	2003	Finland	+0.74	613	<b>23.73</b>	+1.17
17	<b>Tomas Lukminas</b>	2004	Lithuania	+0.75	610	<b>23.77</b>	+1.21
18	<b>Bartal E. Eidesgaard</b>	2003	Faroe Islands	+0.72	609	<b>23.78</b>	+1.22
19	<b>Martin Tretjak</b>	2004	Lithuania	+0.71	608	<b>23.79</b>	+1.23
19	<b>Matas Cinga</b>	2005	Lithuania	+0.71	608	<b>23.79</b>	+1.23
21	<b>Niki Karlsson</b>	2000	Finland	+0.67	600	<b>23.89</b>	+1.33
22	<b>Lari Tumanoff</b>	2003	Finland	+0.67	587	<b>24.07</b>	+1.51
23	<b>Viktor Svärd</b>	2005	Sweden	+0.63	586	<b>24.09</b>	+1.53
24	<b>Ajjuub Ezzat</b>	2005	Finland	+0.64	585	<b>24.10</b>	+1.54
25	<b>Kiril Stepanov</b>	2005	Lithuania	+0.70	584	<b>24.11</b>	+1.55
26	<b>William Barkehed</b>	2003	Sweden	+0.72	581	<b>24.15</b>	+1.59
27	<b>Evaldas Babakinas</b>	2005	Lithuania	+0.83	579	<b>24.18</b>	+1.62
28	<b>Luukas Vainio</b>	2003	Finland	+0.66	562	<b>24.42</b>	+1.86
29	<b>Emilis Atkociunas</b>	2005	Lithuania	+0.79	561	<b>24.43</b>	+1.87
30	<b>Juuso Pulkkinen</b>	2004	Finland	+0.70	512	<b>25.19</b>	+2.63
31	<b>Heini M. Askham</b>	2006	Faroe Islands	+0.73	501	<b>25.38</b>	+2.82

Event official at: 2021-12-03 11:15:19

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 18, 4x200m Freestyle Women Junior - Timed Finals

NR	7:41.91	Sweden						Dubai (UAE)	2010-12-15	
Rank	Name	Age	Team	FINA	Time	Diff				
<b>1</b>	<b>Denmark JR</b>	16		777	<b>8:12.57</b>					
	Martine Damborg	2007	0742AF	+0.73	28.35	59.86	1:31.90	2:03.50	2:03.50	
	Kristine Nilsson Norby	2005	0534AC	+0.35	28.92	1:00.28	1:31.98	2:03.91	4:07.41	
	Schastine Tabor	2005	0598AB	+0.38	28.17	59.56	1:31.13	2:02.07	6:09.48	
	Fenja Romanski	2005	0598AH	+0.15	27.90	58.89	1:31.01	2:03.09	8:12.57	
<b>2</b>	<b>Finland JR</b>	16		758	<b>8:16.64</b>	+4.07				
	Inka Vahtola	2005	05A401	+0.74	28.46	1:00.56	1:33.16	2:06.10	2:06.10	
	Tuuli Pippuri	2005	05A146	+0.26	28.56	59.88	1:31.65	2:02.68	4:08.78	
	Viivi Sääntti	2005	05A161	+0.46	28.36	1:00.78	1:33.79	2:05.78	6:14.56	
	Ada Hakkarainen	2005	05A123	+0.22	28.20	58.71	1:30.04	2:02.08	8:16.64	
<b>3</b>	<b>Sweden JR</b>	16		729	<b>8:22.99</b>	+10.42				
	Tilda Häll	2005	AE5205	+0.77	28.25	59.09	1:30.30	2:01.16	2:01.16	
	Sofia Abrahamsson	2005	AB8605	+0.33	28.58	1:00.00	1:31.97	2:04.08	4:05.24	
	Mathilda Sandberg	2005	BR2805	+0.38	29.44	1:02.19	1:34.87	2:07.68	6:12.92	
	Ebba Holgersson	2005	AE7205	+0.14	29.41	1:02.06	1:35.84	2:10.07	8:22.99	
<b>4</b>	<b>Norway JR</b>	16		708	<b>8:28.09</b>	+15.52				
	Susanne Steinnes	2005	10267646	+0.87	28.54	59.82	1:31.61	2:03.81	2:03.81	
	Helene Kjeldsen Gonzalez	2005	10298167	+0.35	28.95	1:00.55	1:33.35	2:05.91	4:09.72	
	Sara Larsen	2006	10283408	+0.49	30.25	1:02.86	1:35.93	2:09.12	6:18.84	
	Andrea Sædberg Clementsen	2005	10269547	+0.42	30.12	1:02.57	1:35.87	2:09.25	8:28.09	
<b>5</b>	<b>Lithuania JR</b>	15		700	<b>8:29.79</b>	+17.22				
	Haide Nikelis	2006		+0.78	29.41	1:01.15	1:33.50	2:05.51	2:05.51	
	Patricija Kondraskaite	2006		+0.34	28.98	1:00.87	1:33.59	2:06.24	4:11.75	
	Auste Backeviciute	2006		+0.37	29.97	1:03.00	1:36.49	2:09.21	6:20.96	
	Gabija Gailiusyte	2006		+0.64	28.51	1:00.89	1:34.99	2:08.83	8:29.79	
<b>6</b>	<b>Iceland JR</b>	16		668	<b>8:37.93</b>	+25.36				
	Eva Margrét Falsdóttir	2005	050605-3020	+0.82	29.36	1:01.35	1:34.28	2:06.86	2:06.86	
	Katja Lilja Andriyadóttir	2006	2710062840	+0.14	29.13	1:02.45	1:37.68	2:12.46	4:19.32	
	Freyja Birkisdóttir	2006		+0.45	28.83	1:00.94	1:34.30	2:06.96	6:26.28	
	Sunneva Bergmann	2007	130107-3030	+0.54	30.02	1:03.61	1:37.94	2:11.65	8:37.93	
	Ásbjörnsdóttir									
<b>7</b>	<b>Lithuania SR</b>	16		634	<b>8:46.89</b>	+34.32				
	Vyte Gelazyte	2007		+0.74	29.53	1:02.08	1:35.23	2:07.66	2:07.66	
	Stela Svencionyte	2008		+0.37	29.98	1:03.44	1:38.28	2:11.81	4:19.47	
	Aiste Slatkeviciute	2005		+0.56	30.62	1:05.02	1:40.70	2:15.09	6:34.56	
	Radvile Kerseviciute	2005		+0.20	30.27	1:03.49	1:38.19	2:12.33	8:46.89	

Event official at: 2021-12-03 19:20:00

### Event 18, 4x200m Freestyle Women Senior - Timed Finals

NR	7:41.91	Sweden						Dubai (UAE)	2010-12-15	
2021-12-06 00:08:26	Datahandling: WinGrodan 2.9	Licensed to: Svensk Simidrott							Page 1/2	

# Results

## Event 18, 4x200m Freestyle Women Senior - Timed Finals

Rank	Name	Age	Team			FINA	Time	Diff
<b>1</b>	<b>Norway SR</b>	20				830	<b>8:01.83</b>	
	Malene Rypestøl	2001	10185162	+0.73	27.60	57.08	1:27.41	1:57.39
	Victoria Deona Bergeli	2003	10293993	+0.25	27.94	59.40	1:31.08	2:02.63
	Uliana Gorlova	2003	10232008	+0.34	28.02	58.70	1:30.05	2:01.91
	Mari Moen	2004	10269648	+0.35	27.89	58.13	1:28.81	1:59.90
<b>2</b>	<b>Sweden SR</b>	20				822	<b>8:03.42</b>	+1.59
	Emilia Rönningsdal	2002	AC6202	+0.75	27.91	57.42	1:27.78	1:58.84
	Alicia Lundblad	2001	AF6801	+0.28	27.88	57.99	1:28.83	1:59.69
	Kristina Orban	2004	AS9804	+0.21	28.27	59.18	1:30.72	2:02.68
	Moa Holmquist	2004	AG1604	+0.25	28.39	59.38	1:30.63	2:02.21
<b>3</b>	<b>Denmark SR</b>	18				785	<b>8:10.74</b>	+8.91
	Caroline Wiuff Jensen	2004	0492AD		28.81	59.38	1:31.42	2:03.63
	Sofie Theophil Petersen	2003	0312AH	+0.50	28.35	59.51	1:30.95	2:01.47
	Mia Borgensgaard	2003	0368AT	+0.45	28.34	59.12	1:30.82	2:02.47
	Sofie Bruun Høvring	2004	0408AB	+0.24	27.18	58.28	1:30.56	2:03.17
<b>4</b>	<b>Finland SR</b>	20				783	<b>8:11.15</b>	+9.32
	Rebekka Luoto	2003	03A191	+0.74	28.32	58.95	1:30.13	2:01.50
	Petra Ansaranta	2004	04A064	+0.21	29.09	1:00.11	1:31.74	2:03.46
	Vilma Oura	2001	01A310	+0.38	28.58	59.45	1:31.18	2:03.43
	Peppi Siirtola	2002	02A144	+0.43	28.55	59.36	1:30.48	2:02.76
<b>5</b>	<b>Estonia SR</b>	21				745	<b>8:19.38</b>	+17.55
	Laurika Lint	2002		+0.70	29.14	1:00.49	1:32.06	2:03.21
	Karolin Victoria Kotsar	2005		+0.17	28.39	59.86	1:32.46	2:04.47
	Heleri Zirk	2004		+0.06	22.32	59.13	1:31.96	2:05.66
	Annika Vainikk	2000		+0.04	27.80	59.55	1:32.98	2:06.04
<b>6</b>	<b>Faroe Island SR</b>	18				631	<b>8:47.84</b>	+46.01
	Alisa Vestergård	2003	AA603	+0.82	29.58	1:02.62	1:37.17	2:12.28
	Róa Trygvadóttir	2008	AB208	+0.15	29.92	1:04.16	1:39.57	2:14.22
	Eyðrið Mortensen	2003	AA203	+0.23	28.97	1:02.26	1:36.53	2:10.66
	Ronja Ró í Dímun	2004	AA204	+0.53	29.08	1:02.31	1:36.16	2:10.68
-	<b>Lithuania SR</b>	16				634	<b>8:46.89</b>	+45.06
	Vyte Gelazyte	2007		+0.74	29.53	1:02.08	1:35.23	2:07.66
	Stela Svencionyte	2008		+0.37	29.98	1:03.44	1:38.28	2:11.81
	Aiste Slatkeviciute	2005		+0.56	30.62	1:05.02	1:40.70	2:15.09
	Radvile Kerseviciute	2005		+0.20	30.27	1:03.49	1:38.19	2:12.33

Event official at: 2021-12-03 19:20:00

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 19, 4x200m Freestyle Men Junior - Timed Finals

NR	6:54.49	Denmark					Windsor (CAN)	2016-12-09		
Rank	Name	Age	Team	FINA	Time	Diff				
<b>1</b>	<b>Denmark JR</b>	17		786	<b>7:20.73</b>					
	Oscar Isberg	2004	0433AC	+0.73	25.29	53.14	1:21.53	1:50.08	1:50.08	
	Mathias Christensen	2004	0489AE	+0.39	25.25	53.28	1:21.98	1:50.57	3:40.65	
	Frederik Lindholm	2004	0451AC	+0.25	25.27	53.31	1:21.71	1:50.17	5:30.82	
	Alexander Vergereau	2004	0447AA	+0.19	25.06	52.72	1:21.00	1:49.91	7:20.73	
<b>2</b>	<b>Norway JR</b>	17		776	<b>7:22.58</b>	+1.85				
	Mathias Rike Holmann	2004	10277928	+0.69	25.61	53.22	1:21.64	1:50.37	1:50.37	
	Andreas Sigvaldsen	2006	10284375	+0.25	25.05	53.00	1:22.03	1:49.78	3:40.15	
	Oskar Farkas	2005	10264395	+0.46	25.53	53.37	1:21.64	1:50.21	5:30.36	
	Philip Johan Abad Slotsvik	2005	10313176	+0.49	26.13	54.81	1:23.53	1:52.22	7:22.58	
<b>3</b>	<b>Lithuania JR</b>	17		728	<b>7:32.16</b>	+11.43				
	Kiril Stepanov	2005		+0.72	26.67	56.10	1:25.73	1:53.47	1:53.47	
	Tomas Lukminas	2004		+0.30	24.95	53.23	1:22.59	1:53.21	3:46.68	
	Matas Cinga	2005		+0.28	24.66	52.65	1:22.22	1:51.92	5:38.60	
	Martin Tretjak	2004		+0.40	25.47	54.46	1:24.27	1:53.56	7:32.16	
<b>4</b>	<b>Sweden JR</b>	17		728	<b>7:32.17</b>	+11.44				
	Viktor Svärd	2005	AC8305	+0.67	26.16	54.59	1:24.25	1:53.52	1:53.52	
	Lucas Humling	2005	AA8305	+0.48	25.65	53.87	1:22.83	1:51.50	3:45.02	
	Adi Ramovic	2004	AG9304	+0.18	25.71	54.17	1:23.77	1:53.84	5:38.86	
	August Eriksson	2004	AC3104	+0.26	25.45	53.88	1:23.30	1:53.31	7:32.17	
<b>5</b>	<b>Finland JR</b>	17		690	<b>7:40.19</b>	+19.46				
	Jere Hannuksela	2004	04A877	+0.65	27.30	57.48	1:27.26	1:57.24	1:57.24	
	Davin Lindholm	2004	04B010	+0.13	25.00	53.03	1:21.98	1:51.10	3:48.34	
	Lassi Niemi	2004	04A093	+0.34	25.84	54.59	1:24.19	1:53.95	5:42.29	
	William Fagerstedt	2005	05A803	+0.23	26.67	56.29	1:26.70	1:57.90	7:40.19	

Event official at: 2021-12-03 19:40:17

### Event 19, 4x200m Freestyle Men Senior - Timed Finals

NR	6:54.49	Denmark					Windsor (CAN)	2016-12-09		
Rank	Name	Age	Team	FINA	Time	Diff				
<b>1</b>	<b>Finland SR</b>	19		804	<b>7:17.44</b>					
	Luukas Vainio	2003	03A099	+0.64	25.53	52.50	1:19.82	1:48.09	1:48.09	
	Jesper Lietzén	2002	02A171	+0.11	25.04	52.91	1:21.43	1:49.76	3:37.85	
	Aku Kaila	2003	03A054	+0.42	24.80	52.42	1:21.15	1:49.52	5:27.37	
	Roope Paatos	2002	02A108	+0.03	25.03	52.95	1:21.58	1:50.07	7:17.44	
<b>2</b>	<b>Estonia SR</b>	22		794	<b>7:19.21</b>	+1.77				
	Marko-Matteus Langel	1999		+0.69	24.64	51.77	1:20.27	1:49.46	1:49.46	
	Georg Filippov	2004		+0.12	24.64	51.85	1:20.29	1:48.76	3:38.22	
	Erik Lihhatd	2003		+0.26	24.49	51.78	1:20.00	1:49.86	5:28.08	
	Artur Tobler	2004		+0.13	24.87	52.94	1:22.28	1:51.13	7:19.21	



## Results

### Event 19, 4x200m Freestyle Men Senior - Timed Finals

Rank	Name	Age	Team			FINA	Time	Diff
<b>3</b>	<b>Norway SR</b>		20			782	<b>7:21.54</b>	+4.10
	Simon Moe	2001	10183531	+0.67	25.40	52.87	1:21.38	1:50.00
	Helje Stadaas	2004	10248285	+0.16	24.42	52.55	1:22.28	1:52.01
	Sander Kiær Sørensen	2007	10319284	+0.19	26.05	54.96	1:23.90	1:52.61
	Christian Groth Dyrkorn	2001	10185555	+0.32	24.64	51.66	1:18.91	1:46.92
<b>4</b>	<b>Sweden SR</b>		19			744	<b>7:28.84</b>	+11.40
	John Brolin	2002	AB6302	+0.73	25.48	53.59	1:22.42	1:50.54
	Erik Falk	2003	AL0103	+0.33	24.81	53.34	1:22.49	1:52.17
	William Barkehed	2003	AH3903	+0.29	24.90	53.09	1:22.26	1:51.61
	Mikael Söderberg	2003	AA9303	+0.45	26.05	54.77	1:24.93	1:54.52
<b>5</b>	<b>Denmark SR</b>		19			744	<b>7:28.91</b>	+11.47
	Jakob Strunge Nissen	2002	0291AC	+0.76	25.99	53.95	1:22.36	1:50.40
	Robert E Falborg Pedersen	2005	0525AC	+0.26	25.75	54.92	1:25.07	1:55.13
	Kasper Bonnichsen	2002	0283AD	+0.26	25.68	53.71	1:22.47	1:51.44
	Kasper Johnsen	2003	0357AC	+0.36	25.28	53.70	1:22.75	1:51.94
<b>6</b>	<b>Lithuania SR</b>		18			674	<b>7:43.87</b>	+26.43
	Edvinas Cesnakas	2003		+0.69	26.06	54.29	1:23.67	1:53.61
	Emilis Atkociunas	2005		+0.22	25.17	55.07	1:26.97	1:58.25
	Nedas Giedraitis	2004		+0.66	26.49	55.57	1:26.08	1:55.88
	Kajus Stankevicius	2004		+0.27	25.17	54.53	1:25.20	1:56.13

Event official at: 2021-12-03 19:40:17

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 20, 400m Individual Medley Women - Final Junior

NR	4:31.70	Stina Gardell	1990 Sweden (SWE)	Istanbul (TUR)	2009-12-13	
Rank	Name	Born	Team	R.T. FINA	Time	Diff
1	<b>Ada Hakkarainen</b>	2005	Finland	+0.73 734	<b>4:46.98</b>	
	50m: 31.60	100m: 1:07.14	(35.54)	150m: 1:45.12	(37.98)	200m: 2:21.67 (36.55)
	250m: 3:02.17	(40.50)	300m: 3:44.11 (41.94)	350m: 4:16.38 (32.27)	400m: 4:46.98 (30.60)	
2	<b>Martine Damborg</b>	2007	Denmark	+0.72 730	<b>4:47.54</b>	+0.56
	50m: 30.69	100m: 1:06.09	(35.40)	150m: 1:43.55	(37.46)	200m: 2:19.69 (36.14)
	250m: 3:01.65	(41.96)	300m: 3:43.79 (42.14)	350m: 4:16.96 (33.17)	400m: 4:47.54 (30.58)	
3	<b>Fenja Romanski</b>	2005	Denmark	+0.80 686	<b>4:53.47</b>	+6.49
	50m: 30.73	100m: 1:07.92	(37.19)	150m: 1:44.67	(36.75)	200m: 2:20.51 (35.84)
	250m: 3:02.08	(41.57)	300m: 3:45.17 (43.09)	350m: 4:19.42 (34.25)	400m: 4:53.47 (34.05)	
4	<b>Eva Margrét Falsdóttir</b>	2005	Iceland	+0.77 679	<b>4:54.56</b>	+7.58
	50m: 30.97	100m: 1:07.33	(36.36)	150m: 1:45.53	(38.20)	200m: 2:23.25 (37.72)
	250m: 3:11.74	(41.48)	300m: 3:46.48 (41.75)	350m: 4:21.08 (34.60)	400m: 4:54.56 (33.48)	
5	<b>Wilma Sundt</b>	2006	Finland	+0.79 646	<b>4:59.54</b>	+12.56
	50m: 31.64	100m: 1:08.60	(36.96)	150m: 1:49.30	(40.70)	200m: 2:28.36 (39.06)
	250m: 3:09.07	(40.71)	300m: 3:51.43 (42.36)	350m: 4:26.91 (35.48)	400m: 4:59.54 (32.63)	
6	<b>Ebba Holgersson</b>	2005	Sweden	+0.76 626	<b>5:02.55</b>	+15.57
	50m: 32.15	100m: 1:09.18	(37.03)	150m: 1:48.13	(38.95)	200m: 2:26.40 (38.27)
	250m: 3:08.13	(41.73)	300m: 3:50.64 (42.51)	350m: 4:27.51 (36.87)	400m: 5:02.55 (35.04)	
7	<b>Vyte Gelazyte</b>	2007	Lithuania	+0.77 619	<b>5:03.69</b>	+16.71
	50m: 32.01	100m: 1:08.98	(36.97)	150m: 1:49.06	(40.08)	200m: 2:28.75 (39.69)
	250m: 3:11.74	(42.99)	300m: 3:55.50 (43.76)	350m: 4:30.76 (35.26)	400m: 5:03.69 (32.93)	
8	<b>Sara Larsen</b>	2006	Norway	+0.85 615	<b>5:04.44</b>	+17.46
	50m: 32.47	100m: 1:09.79	(37.32)	150m: 1:48.56	(38.77)	200m: 2:27.23 (38.67)
	250m: 3:10.41	(43.18)	300m: 3:54.25 (43.84)	350m: 4:29.87 (35.62)	400m: 5:04.44 (34.57)	

Event official at: 2021-12-04 17:13:07

### Event 20, 400m Individual Medley Women - Final Senior

NR	4:31.70	Stina Gardell	1990 Sweden (SWE)	Istanbul (TUR)	2009-12-13	
Rank	Name	Born	Team	R.T. FINA	Time	Diff
1	<b>Vilma Ruotsalainen</b>	1996	Finland	+0.73 736	<b>4:46.78</b>	
	50m: 30.74	100m: 1:05.94	(35.20)	150m: 1:42.31	(36.37)	200m: 2:19.08 (36.77)
	250m: 3:00.01	(40.93)	300m: 3:41.03 (41.02)	350m: 4:14.14 (33.11)	400m: 4:46.78 (32.64)	
2	<b>Emilia Rönningdal</b>	2002	Sweden	+0.78 727	<b>4:47.88</b>	+1.10
	50m: 31.03	100m: 1:07.12	(36.09)	150m: 1:44.59	(37.47)	200m: 2:21.07 (36.48)
	250m: 3:02.14	(41.07)	300m: 3:43.73 (41.59)	350m: 4:16.65 (32.92)	400m: 4:47.88 (31.23)	
3	<b>Mia Borgensgaard</b>	2003	Denmark	+0.79 714	<b>4:49.71</b>	+2.93
	50m: 30.76	100m: 1:05.20	(34.44)	150m: 1:42.21	(37.01)	200m: 2:18.87 (36.66)
	250m: 3:00.63	(41.76)	300m: 3:43.24 (42.61)	350m: 4:16.71 (33.47)	400m: 4:49.71 (33.00)	
4	<b>Lotta Pälsi</b>	2004	Finland	+0.74 699	<b>4:51.65</b>	+4.87
	50m: 30.75	100m: 1:05.91	(35.16)	150m: 1:43.80	(37.89)	200m: 2:21.34 (37.54)
	250m: 3:02.07	(40.73)	300m: 3:43.30 (41.23)	350m: 4:18.51 (35.21)	400m: 4:51.65 (33.14)	
5	<b>Mari-Liis Maas</b>	2004	Estonia	+0.89 637	<b>5:00.94</b>	+14.16
	50m: 33.64	100m: 1:12.66	(39.02)	150m: 1:49.77	(37.11)	200m: 2:25.98 (36.21)
	250m: 3:11.01	(45.03)	300m: 3:55.78 (44.77)	350m: 4:29.50 (33.72)	400m: 5:00.94 (31.44)	
6	<b>Marie Toompuu</b>	2004	Estonia	+0.70 636	<b>5:01.10</b>	+14.32
	50m: 32.43	100m: 1:09.43	(37.00)	150m: 1:49.58	(40.15)	200m: 2:28.78 (39.20)
	250m: 3:09.29	(40.51)	300m: 3:50.71 (41.42)	350m: 4:26.63 (35.92)	400m: 5:01.10 (34.47)	
7	<b>Eyðrið Mortensen</b>	2003	Faroe Islands	+0.83 560	<b>5:14.04</b>	+27.26
	50m: 32.96	100m: 1:12.28	(39.32)	150m: 1:52.87	(40.59)	200m: 2:31.71 (38.84)
	250m: 3:16.43	(44.72)	300m: 4:01.34 (44.91)	350m: 4:38.64 (37.30)	400m: 5:14.04 (35.40)	



## Heat results

### Event 20, 400m Individual Medley Women - Final Senior

Rank Name Born Team R.T. FINA Time Diff

Event official at: 2021-12-04 17:13:07

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 20, 400m Individual Medley Women Junior - Heat

NR	4:31.70	Stina Gardell	1990 Sweden (SWE)	Istanbul (TUR)	2009-12-13			
Rank	Name	Born	Team	R.T. FINA	Time	Diff		
1	<b>Martine Damborg</b>	2007	Denmark	+0.75 689	<b>4:53.07</b>	Q		
	50m: 30.99	100m: 1:07.22	(36.23)	150m: 1:45.71	(38.49)	200m: 2:22.06	(36.35)	
	250m: 3:04.33	(42.27)	300m: 3:46.41	(42.08)	350m: 4:20.59	(34.18)	400m: 4:53.07	(32.48)
2	<b>Ada Hakkarainen</b>	2005	Finland	+0.83 668	<b>4:56.10</b>	+3.03 Q		
	50m: 32.97	100m: 1:09.65	(36.68)	150m: 1:48.13	(38.48)	200m: 2:25.27	(37.14)	
	250m: 3:08.06	(42.79)	300m: 3:51.85	(43.79)	350m: 4:24.65	(32.80)	400m: 4:56.10	(31.45)
3	<b>Eva Margrét Falsdóttir</b>	2005	Iceland	+0.86 665	<b>4:56.63</b>	+3.56 Q		
	50m: 31.68	100m: 1:08.64	(36.96)	150m: 1:47.44	(38.80)	200m: 2:25.24	(37.80)	
	250m: 3:06.96	(41.72)	300m: 3:48.44	(41.48)	350m: 4:23.60	(35.16)	400m: 4:56.63	(33.03)
4	<b>Fenja Romanski</b>	2005	Denmark	+0.84 641	<b>5:00.18</b>	+7.11 Q		
	50m: 32.57	100m: 1:11.05	(38.48)	150m: 1:48.09	(37.04)	200m: 2:23.69	(35.60)	
	250m: 3:11.70	(42.86)	300m: 3:50.36	(43.81)	350m: 4:25.65	(35.29)	400m: 5:00.18	(34.53)
5	<b>Wilma Sundt</b>	2006	Finland	+0.80 625	<b>5:02.83</b>	+9.76 Q		
	50m: 32.20	100m: 1:09.59	(37.39)	150m: 1:49.48	(39.89)	200m: 2:29.04	(39.56)	
	250m: 3:10.59	(41.55)	300m: 3:53.25	(42.66)	350m: 4:29.13	(35.88)	400m: 5:02.83	(33.70)
6	<b>Sara Larsen</b>	2006	Norway	+0.83 622	<b>5:03.28</b>	+10.21 Q		
	50m: 32.76	100m: 1:10.01	(37.25)	150m: 1:48.49	(38.48)	200m: 2:27.59	(39.10)	
	250m: 3:10.10	(42.51)	300m: 3:54.22	(44.12)	350m: 4:29.23	(35.01)	400m: 5:03.28	(34.05)
7	<b>Vyte Gelazyte</b>	2007	Lithuania	+0.73 611	<b>5:05.01</b>	+11.94 Q		
	50m: 31.81	100m: 1:09.02	(37.21)	150m: 1:48.96	(39.94)	200m: 2:28.51	(39.55)	
	250m: 3:11.70	(43.19)	300m: 3:56.22	(44.52)	350m: 4:32.08	(35.86)	400m: 5:05.01	(32.93)
8	<b>Ebba Holgersson</b>	2005	Sweden	+0.76 599	<b>5:07.12</b>	+14.05 Q		
	50m: 32.90	100m: 1:10.74	(37.84)	150m: 1:51.07	(40.33)	200m: 2:29.74	(38.67)	
	250m: 3:12.11	(42.37)	300m: 3:55.03	(42.92)	350m: 4:31.89	(36.86)	400m: 5:07.12	(35.23)
9	<b>Ute Viktoria Liu Yeung</b>	2007	Estonia	+0.73 598	<b>5:07.32</b>	+14.25		
	50m: 32.02	100m: 1:10.17	(38.15)	150m: 1:49.42	(39.25)	200m: 2:27.86	(38.44)	
	250m: 3:10.55	(42.69)	300m: 3:54.53	(43.98)	350m: 4:31.73	(37.20)	400m: 5:07.32	(35.59)
10	<b>Sunneva Bergmann Ásbjörnsd</b>	2007	Iceland	+0.74 565	<b>5:13.10</b>	+20.03		
	50m: 33.30	100m: 1:12.00	(38.70)	150m: 1:51.61	(39.61)	200m: 2:31.61	(40.00)	
	250m: 3:16.03	(44.42)	300m: 4:01.77	(45.74)	350m: 4:38.07	(36.30)	400m: 5:13.10	(35.03)
11	<b>Violanta Gurjanova</b>	2006	Estonia	+0.70 559	<b>5:14.29</b>	+21.22		
	50m: 33.45	100m: 1:12.86	(39.41)	150m: 1:52.62	(39.76)	200m: 2:31.24	(38.62)	
	250m: 3:15.13	(43.89)	300m: 4:00.14	(45.01)	350m: 4:37.65	(37.51)	400m: 5:14.29	(36.64)
12	<b>Jóhanna Ólavsdóttir</b>	2007	Faroe Islands	+0.72 543	<b>5:17.32</b>	+24.25		
	50m: 32.48	100m: 1:10.47	(37.99)	150m: 1:50.18	(39.71)	200m: 2:29.11	(38.93)	
	250m: 3:16.35	(47.24)	300m: 4:03.99	(47.64)	350m: 4:41.27	(37.28)	400m: 5:17.32	(36.05)
13	<b>Laura Tammik</b>	2005	Estonia	+0.76 537	<b>5:18.49</b>	+25.42		
	50m: 31.73	100m: 1:10.84	(39.11)	150m: 1:51.71	(40.87)	200m: 2:32.77	(41.06)	
	250m: 3:18.19	(45.42)	300m: 4:05.00	(46.81)	350m: 4:42.84	(37.84)	400m: 5:18.49	(35.65)

Event official at: 2021-12-04 09:18:09

### Event 20, 400m Individual Medley Women Senior - Heat

NR	4:31.70	Stina Gardell	1990 Sweden (SWE)	Istanbul (TUR)	2009-12-13			
Rank	Name	Born	Team	R.T. FINA	Time	Diff		
1	<b>Mia Borgensgaard</b>	2003	Denmark	+0.84 671	<b>4:55.77</b>	Q		
	50m: 31.56	100m: 1:06.33	(34.77)	150m: 1:44.84	(38.51)	200m: 2:22.14	(37.30)	
	250m: 3:04.31	(42.17)	300m: 3:47.57	(43.26)	350m: 4:21.95	(34.38)	400m: 4:55.77	(33.82)
2	<b>Vilma Ruotsalainen</b>	1996	Finland	+0.74 667	<b>4:56.31</b>	+0.54 Q		
	50m: 31.68	100m: 1:07.92	(36.24)	150m: 1:46.35	(38.43)	200m: 2:24.52	(38.17)	
	250m: 3:05.45	(40.93)	300m: 3:48.05	(42.60)	350m: 4:22.55	(34.50)	400m: 4:56.31	(33.76)

## Results

### Event 20, 400m Individual Medley Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff	
<b>3</b>	<b>Lotta Pälvi</b>	2004	Finland	+0.74	654	<b>4:58.21</b>	+2.44 Q	
	50m: 31.36	100m: 1:06.96	(35.60)	150m: 1:46.01	(39.05)	200m: 2:23.58	(37.57)	
	250m: 3:06.03	(42.45)	300m: 3:49.20	(43.17)	350m: 4:25.59	(36.39)	400m: 4:58.21	(32.62)
<b>4</b>	<b>Emilia Rönningdal</b>	2002	Sweden	+0.77	649	<b>4:59.01</b>	+3.24 Q	
	50m: 31.74	100m: 1:08.18	(36.44)	150m: 1:48.48	(40.30)	200m: 2:26.47	(37.99)	
	250m: 3:09.42	(42.95)	300m: 3:51.88	(42.46)	350m: 4:26.38	(34.50)	400m: 4:59.01	(32.63)
<b>5</b>	<b>Marie Toompuu</b>	2004	Estonia	+0.73	576	<b>5:11.19</b>	+15.42 Q	
	50m: 32.98	100m: 1:11.04	(38.06)	150m: 1:52.33	(41.29)	200m: 2:33.17	(40.84)	
	250m: 3:16.32	(43.15)	300m: 4:00.08	(43.76)	350m: 4:36.24	(36.16)	400m: 5:11.19	(34.95)
<b>6</b>	<b>Eyðrið Mortensen</b>	2003	Faroe Islands	+0.82	537	<b>5:18.40</b>	+22.63 Q	
	50m: 33.92	100m: 1:13.54	(39.62)	150m: 1:54.08	(40.54)	200m: 2:33.26	(39.18)	
	250m: 3:18.67	(45.41)	300m: 4:04.62	(45.95)	350m: 4:42.50	(37.88)	400m: 5:18.40	(35.90)
<b>7</b>	<b>Mari-Liis Maas</b>	2004	Estonia	+0.85	509	<b>5:24.14</b>	+28.37 Q	
	50m: 35.61	100m: 1:17.23	(41.62)	150m: 1:57.61	(40.38)	200m: 2:37.48	(39.87)	
	250m: 3:23.67	(46.19)	300m: 4:11.66	(47.99)	350m: 4:48.50	(36.84)	400m: 5:24.14	(35.64)

Event official at: 2021-12-04 09:18:09

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 21, 1500m Freestyle Men Junior - Timed Finals

NR 14:18.15 Henrik Christiansen 1996 Norway (NOR) Glasgow (GBR) 2019-12-06  
NJ 14:39.99 Pál Joensen 1990 Faroe Islands (FAR) Rijeka (CRO) 2008-12-13

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
<b>1</b>	<b>Frederik Lindholm</b>	2004	Denmark	+0.73	774	<b>15:23.59</b>	
	50m: 27.18	100m: 56.30	(29.12)	150m: 1:25.99	(29.69)	200m: 1:56.25	(30.26)
	250m: 2:26.94	300m: 2:57.57	(30.63)	350m: 3:28.54	(30.97)	400m: 3:59.72	(31.18)
	450m: 4:30.79	500m: 5:02.10	(31.31)	550m: 5:33.44	(31.34)	600m: 6:04.78	(31.34)
	650m: 6:35.97	700m: 7:07.58	(31.61)	750m: 7:38.69	(31.11)	800m: 8:09.89	(31.20)
	850m: 8:40.90	900m: 9:12.14	(31.24)	950m: 9:43.24	(31.10)	1000m: 10:14.52	(31.28)
	1050m: 10:45.78	1100m: 11:16.82	(31.04)	1150m: 11:48.05	(31.23)	1200m: 12:19.22	(31.17)
	1250m: 12:50.44	1300m: 13:21.64	(31.20)	1350m: 13:52.64	(31.00)	1400m: 14:23.76	(31.12)
	1450m: 14:54.54	1500m: 15:23.59	(29.05)				
<b>2</b>	<b>Lucas Humling</b>	2005	Sweden	+0.77	752	<b>15:32.20</b>	+8.61
	50m: 28.30	100m: 58.98	(30.68)	150m: 1:29.93	(30.95)	200m: 2:00.92	(30.99)
	250m: 2:32.12	300m: 3:03.40	(31.28)	350m: 3:34.72	(31.32)	400m: 4:06.12	(31.40)
	450m: 4:37.80	500m: 5:09.18	(31.38)	550m: 5:40.43	(31.25)	600m: 6:11.70	(31.27)
	650m: 6:43.01	700m: 7:14.38	(31.37)	750m: 7:45.86	(31.48)	800m: 8:17.16	(31.30)
	850m: 8:48.53	900m: 9:20.02	(31.49)	950m: 9:51.31	(31.29)	1000m: 10:22.57	(31.26)
	1050m: 10:53.63	1100m: 11:24.85	(31.22)	1150m: 11:56.16	(31.31)	1200m: 12:27.60	(31.44)
	1250m: 12:58.86	1300m: 13:30.05	(31.19)	1350m: 14:01.50	(31.45)	1400m: 14:32.61	(31.11)
	1450m: 15:03.05	1500m: 15:32.20	(29.15)				
<b>3</b>	<b>Georg Filippov</b>	2004	Estonia	+0.79	733	<b>15:40.45</b>	+16.86
	50m: 28.93	100m: 59.90	(30.97)	150m: 1:31.12	(31.22)	200m: 2:02.49	(31.37)
	250m: 2:34.18	300m: 3:05.82	(31.64)	350m: 3:37.35	(31.53)	400m: 4:08.80	(31.45)
	450m: 4:40.52	500m: 5:12.10	(31.58)	550m: 5:43.84	(31.74)	600m: 6:15.46	(31.62)
	650m: 6:47.10	700m: 7:18.78	(31.68)	750m: 7:50.62	(31.84)	800m: 8:22.34	(31.72)
	850m: 8:54.24	900m: 9:25.99	(31.75)	950m: 9:57.63	(31.64)	1000m: 10:29.25	(31.62)
	1050m: 11:00.90	1100m: 11:32.49	(31.59)	1150m: 12:04.15	(31.66)	1200m: 12:35.77	(31.62)
	1250m: 13:07.42	1300m: 13:38.89	(31.47)	1350m: 14:10.15	(31.26)	1400m: 14:41.20	(31.05)
	1450m: 15:11.97	1500m: 15:40.45	(28.48)				
<b>4</b>	<b>Erik Magnus Evensrud</b>	2005	Norway	+0.77	707	<b>15:51.58</b>	+27.99
	50m: 28.61	100m: 59.49	(30.88)	150m: 1:31.35	(31.86)	200m: 2:02.71	(31.36)
	250m: 2:34.57	300m: 3:06.65	(32.08)	350m: 3:38.84	(32.19)	400m: 4:10.57	(31.73)
	450m: 4:42.71	500m: 5:14.63	(31.92)	550m: 5:46.52	(31.89)	600m: 6:18.65	(32.13)
	650m: 6:50.45	700m: 7:22.14	(31.69)	750m: 7:54.10	(31.96)	800m: 8:26.23	(32.13)
	850m: 8:57.99	900m: 9:30.28	(32.29)	950m: 10:02.31	(32.03)	1000m: 10:34.38	(32.07)
	1050m: 11:06.24	1100m: 11:38.00	(31.76)	1150m: 12:10.17	(32.17)	1200m: 12:42.19	(32.02)
	1250m: 13:14.41	1300m: 13:46.53	(32.12)	1350m: 14:18.23	(31.70)	1400m: 14:49.96	(31.73)
	1450m: 15:21.55	1500m: 15:51.58	(30.03)				
<b>5</b>	<b>Oskar Farkas</b>	2005	Norway	+0.79	679	<b>16:04.50</b>	+40.91
	50m: 29.38	100m: 1:01.18	(31.80)	150m: 1:33.24	(32.06)	200m: 2:05.48	(32.24)
	250m: 2:38.27	300m: 3:10.99	(32.72)	350m: 3:42.94	(31.95)	400m: 4:15.38	(32.44)
	450m: 4:47.91	500m: 5:20.48	(32.57)	550m: 5:52.70	(32.22)	600m: 6:25.21	(32.51)
	650m: 6:57.51	700m: 7:29.56	(32.05)	750m: 8:01.68	(32.12)	800m: 8:33.96	(32.28)
	850m: 9:06.23	900m: 9:38.99	(32.76)	950m: 10:11.42	(32.43)	1000m: 10:43.99	(32.57)
	1050m: 11:16.21	1100m: 11:48.57	(32.36)	1150m: 12:20.84	(32.27)	1200m: 12:52.90	(32.06)
	1250m: 13:25.25	1300m: 13:57.32	(32.07)	1350m: 14:29.38	(32.06)	1400m: 15:01.93	(32.55)
	1450m: 15:34.18	1500m: 16:04.50	(30.32)				
<b>6</b>	<b>Veigar Hrafn Sigþórsson</b>	2005	Iceland	+0.81	651	<b>16:18.21</b>	+54.62
	50m: 28.91	100m: 1:01.32	(32.41)	150m: 1:34.30	(32.98)	200m: 2:07.04	(32.74)
	250m: 2:39.74	300m: 3:12.52	(32.78)	350m: 3:45.09	(32.57)	400m: 4:17.94	(32.85)
	450m: 4:50.89	500m: 5:23.84	(32.95)	550m: 5:56.66	(32.82)	600m: 6:29.55	(32.89)
	650m: 7:02.29	700m: 7:35.13	(32.84)	750m: 8:08.05	(32.92)	800m: 8:40.96	(32.91)
	850m: 9:13.77	900m: 9:46.61	(32.84)	950m: 10:19.51	(32.90)	1000m: 10:52.73	(33.22)
	1050m: 11:25.60	1100m: 11:58.18	(32.58)	1150m: 12:31.37	(33.19)	1200m: 13:04.14	(32.77)
	1250m: 13:37.00	1300m: 14:09.50	(32.50)	1350m: 14:42.20	(32.70)	1400m: 15:14.79	(32.59)
	1450m: 15:47.12	1500m: 16:18.21	(31.09)				

# Results

## Event 21, 1500m Freestyle Men Junior - Timed Finals

Rank	Name	Born	Team	R.T.	FINA	Time	Diff	
<b>7</b>	<b>William Fagerstedt</b>	2005	Finland	+0.79	585	<b>16:53.87</b>	+1:30.28	
	50m: 29.90	100m: 1:02.57	(32.67)	150m: 1:35.98	(33.41)	200m: 2:10.01	(34.03)	
	250m: 2:44.26	(34.25)	300m: 3:18.76	(34.50)	350m: 3:53.04	(34.28)	400m: 4:27.12	(34.08)
	450m: 5:01.50	(34.38)	500m: 5:36.08	(34.58)	550m: 6:10.30	(34.22)	600m: 6:44.75	(34.45)
	650m: 7:18.81	(34.06)	700m: 7:52.74	(33.93)	750m: 8:27.27	(34.53)	800m: 9:01.21	(33.94)
	850m: 9:35.15	(33.94)	900m: 10:09.15	(34.00)	950m: 10:43.03	(33.88)	1000m: 11:17.01	(33.98)
	1050m: 11:51.13	(34.12)	1100m: 12:25.06	(33.93)	1150m: 12:59.33	(34.27)	1200m: 13:32.88	(33.55)
	1250m: 14:06.57	(33.69)	1300m: 14:40.12	(33.55)	1350m: 15:14.11	(33.99)	1400m: 15:48.12	(34.01)
	1450m: 16:21.68	(33.56)	1500m: 16:53.87	(32.19)				
<b>8</b>	<b>Joona Kuitu</b>	2004	Finland	+0.80	573	<b>17:00.78</b>	+1:37.19	
	50m: 30.40	100m: 1:03.36	(32.96)	150m: 1:37.07	(33.71)	200m: 2:11.36	(34.29)	
	250m: 2:45.76	(34.40)	300m: 3:20.04	(34.28)	350m: 3:54.63	(34.59)	400m: 4:28.82	(34.19)
	450m: 5:03.24	(34.42)	500m: 5:37.57	(34.33)	550m: 6:11.78	(34.21)	600m: 6:46.24	(34.46)
	650m: 7:20.48	(34.24)	700m: 7:54.86	(34.38)	750m: 8:29.05	(34.19)	800m: 9:03.33	(34.28)
	850m: 9:37.74	(34.41)	900m: 10:12.17	(34.43)	950m: 10:46.53	(34.36)	1000m: 11:21.15	(34.62)
	1050m: 11:55.93	(34.78)	1100m: 12:30.58	(34.65)	1150m: 13:05.10	(34.52)	1200m: 13:39.40	(34.30)
	1250m: 14:13.75	(34.35)	1300m: 14:47.80	(34.05)	1350m: 15:21.75	(33.95)	1400m: 15:55.79	(34.04)
	1450m: 16:29.04	(33.25)	1500m: 17:00.78	(31.74)				
-	<b>Axel Sebastian Karal Melberg</b>	2005	Norway			<b>DNS</b>		

Event official at: 2021-12-04 17:31:36

## Event 21, 1500m Freestyle Men Senior - Timed Finals

NR	14:18.15	Henrik Christiansen	1996	Norway (NOR)	Glasgow (GBR)	2019-12-06		
NJ	14:39.99	Pál Joensen	1990	Faroe Islands (FAR)	Rijeka (CRO)	2008-12-13		
Rank	Name	Born	Team	R.T.	FINA	Time	Diff	
<b>1</b>	<b>Tobias Moen Olsen</b>	2002	Norway	+0.82	806	<b>15:11.09</b>		
	50m: 28.55	100m: 58.50	(29.95)	150m: 1:28.73	(30.23)	200m: 1:59.07	(30.34)	
	250m: 2:29.35	(30.28)	300m: 2:59.75	(30.40)	350m: 3:30.09	(30.34)	400m: 4:00.42	(30.33)
	450m: 4:30.71	(30.29)	500m: 5:01.13	(30.42)	550m: 5:31.35	(30.22)	600m: 6:01.78	(30.43)
	650m: 6:32.34	(30.56)	700m: 7:02.67	(30.33)	750m: 7:33.27	(30.60)	800m: 8:03.91	(30.64)
	850m: 8:34.77	(30.86)	900m: 9:05.40	(30.63)	950m: 9:35.93	(30.53)	1000m: 10:06.35	(30.42)
	1050m: 10:36.92	(30.57)	1100m: 11:07.18	(30.26)	1150m: 11:37.91	(30.73)	1200m: 12:08.48	(30.57)
	1250m: 12:39.08	(30.60)	1300m: 13:09.76	(30.68)	1350m: 13:40.52	(30.76)	1400m: 14:11.05	(30.53)
	1450m: 14:41.43	(30.38)	1500m: 15:11.09	(29.66)				
<b>2</b>	<b>Roope Paatos</b>	2002	Finland	+0.88	765	<b>15:26.98</b>	+15.89	
	50m: 28.90	100m: 59.84	(30.94)	150m: 1:31.01	(31.17)	200m: 2:02.39	(31.38)	
	250m: 2:33.90	(31.51)	300m: 3:05.57	(31.67)	350m: 3:35.86	(30.29)	400m: 4:06.08	(30.22)
	450m: 4:36.45	(30.37)	500m: 5:06.87	(30.42)	550m: 5:37.38	(30.51)	600m: 6:07.80	(30.42)
	650m: 6:38.66	(30.86)	700m: 7:09.23	(30.57)	750m: 7:40.05	(30.82)	800m: 8:10.94	(30.89)
	850m: 8:41.73	(30.79)	900m: 9:13.33	(31.60)	950m: 9:45.10	(31.77)	1000m: 10:16.50	(31.40)
	1050m: 10:47.65	(31.15)	1100m: 11:18.88	(31.23)	1150m: 11:49.97	(31.09)	1200m: 12:21.39	(31.42)
	1250m: 12:52.69	(31.30)	1300m: 13:23.83	(31.14)	1350m: 13:54.82	(30.99)	1400m: 14:26.32	(31.50)
	1450m: 14:57.81	(31.49)	1500m: 15:26.98	(29.17)				
<b>3</b>	<b>Mikael Söderberg</b>	2003	Sweden	+0.68	691	<b>15:58.88</b>	+47.79	
	50m: 28.92	100m: 1:00.34	(31.42)	150m: 1:32.09	(31.75)	200m: 2:03.99	(31.90)	
	250m: 2:36.12	(32.13)	300m: 3:08.28	(32.16)	350m: 3:40.04	(31.76)	400m: 4:12.18	(32.14)
	450m: 4:44.11	(31.93)	500m: 5:16.15	(32.04)	550m: 5:48.25	(32.10)	600m: 6:20.20	(31.95)
	650m: 6:52.03	(31.83)	700m: 7:24.37	(32.34)	750m: 7:56.60	(32.23)	800m: 8:28.85	(32.25)
	850m: 9:00.90	(32.05)	900m: 9:33.41	(32.51)	950m: 10:05.39	(31.98)	1000m: 10:37.37	(31.98)
	1050m: 11:09.75	(32.38)	1100m: 11:42.06	(32.31)	1150m: 12:14.46	(32.40)	1200m: 12:46.66	(32.20)
	1250m: 13:19.11	(32.45)	1300m: 13:51.36	(32.25)	1350m: 14:23.45	(32.09)	1400m: 14:55.56	(32.11)
	1450m: 15:27.23	(31.67)	1500m: 15:58.88	(31.65)				
<b>4</b>	<b>William Barkehed</b>	2003	Sweden	+0.76	664	<b>16:11.89</b>	+1:00.80	
	50m: 29.00	100m: 1:00.65	(31.65)	150m: 1:32.74	(32.09)	200m: 2:04.38	(31.64)	
	250m: 2:36.17	(31.79)	300m: 3:08.24	(32.07)	350m: 3:40.56	(32.32)	400m: 4:12.62	(32.06)
	450m: 4:44.99	(32.37)	500m: 5:17.28	(32.29)	550m: 5:49.64	(32.36)	600m: 6:22.10	(32.46)
	650m: 6:54.56	(32.46)	700m: 7:27.06	(32.50)	750m: 7:59.45	(32.39)	800m: 8:32.04	(32.59)
	850m: 9:04.61	(32.57)	900m: 9:37.35	(32.74)	950m: 10:10.19	(32.84)	1000m: 10:43.08	(32.89)
	1050m: 11:16.01	(32.93)	1100m: 11:48.77	(32.76)	1150m: 12:21.78	(33.01)	1200m: 12:54.68	(32.90)
	1250m: 13:27.69	(33.01)	1300m: 14:00.77	(33.08)	1350m: 14:33.98	(33.21)	1400m: 15:06.95	(32.97)
	1450m: 15:39.94	(32.99)	1500m: 16:11.89	(31.95)				



# Results

## Event 21, 1500m Freestyle Men Senior - Timed Finals

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
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Event official at: 2021-12-04 17:31:36





# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 22, 50m Backstroke Men S1-5 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Conrad Hildebrant	1995	Sweden		63	1:37.83	S2

Event official at: 2021-12-04 09:40:04

## Heat results

### Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

#### Event 23, 50m Backstroke Men - Final

NR 23.33 Lavrans Solli 1992 Norway (NOR) Doha (QAT) 2014-12-05  
NJ 23.78 Björn Seeliger 2000 Sweden (SWE) Stockholm (SWE) 2018-11-18

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Kasper Johnsen	2003	Denmark	+0.60	722	<b>24.76</b>	
2	Simon Moe	2001	Norway	+0.67	720	<b>24.79</b>	+0.03
3	Niki Karlsson	2000	Finland	+0.56	710	<b>24.90</b>	+0.14
4	Tobias Dan Hansen	2002	Denmark	+0.67	663	<b>25.48</b>	+0.72
5	Adi Ramovic	2004	Sweden	+0.63	650	<b>25.65</b>	+0.89
6	Rando Vainikk	2000	Estonia	+0.69	640	<b>25.78</b>	+1.02
7	Edvinas Cesnakas	2003	Lithuania	+0.72	632	<b>25.88</b>	+1.12
8	Alan Smok	2005	Estonia	+0.57	627	<b>25.95</b>	+1.19

Event official at: 2021-12-04 17:34:51

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 23, 50m Backstroke Men - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	23.33	Lavrans Solli	1992 Norway (NOR)	Doha (QAT)		2014-12-05	
NJ	23.78	Björn Seeliger	2000 Sweden (SWE)	Stockholm (SWE)		2018-11-18	
<b>1</b>	<b>Kasper Johnsen</b>	2003	Denmark	+0.60	735	<b>24.62</b>	Q
<b>2</b>	<b>Simon Moe</b>	2001	Norway	+0.62	675	<b>25.33</b>	+0.71 Q
<b>3</b>	<b>Niki Karlsson</b>	2000	Finland	+0.61	669	<b>25.40</b>	+0.78 Q
<b>4</b>	<b>Tobias Dan Hansen</b>	2002	Denmark	+0.67	659	<b>25.53</b>	+0.91 Q
<b>5</b>	<b>Casper Puggaard</b>	2005	Denmark	+0.63	656	<b>25.57</b>	+0.95 -
<b>6</b>	<b>Robert E Falborg Pedersen</b>	2005	Denmark	+0.56	646	<b>25.70</b>	+1.08 -
<b>7</b>	<b>Rando Vainikk</b>	2000	Estonia	+0.70	636	<b>25.83</b>	+1.21 Q
<b>8</b>	<b>Edvinas Cesnakas</b>	2003	Lithuania	+0.76	630	<b>25.91</b>	+1.29 Q
<b>9</b>	<b>Adi Ramovic</b>	2004	Sweden	+0.63	625	<b>25.98</b>	+1.36 Q
<b>10</b>	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.62	624	<b>26.00</b>	+1.38 -
<b>11</b>	<b>Alan Smok</b>	2005	Estonia	+0.58	623	<b>26.01</b>	+1.39 Q
<b>12</b>	<b>Artur Tobler</b>	2004	Estonia	+0.64	615	<b>26.12</b>	+1.50
<b>13</b>	<b>Evaldas Babakinas</b>	2005	Lithuania	+0.71	614	<b>26.14</b>	+1.52
<b>14</b>	<b>Mads Møller</b>	2005	Denmark	+0.71	613	<b>26.15</b>	+1.53
<b>15</b>	<b>Lars Kuljus</b>	2005	Estonia	+0.66	611	<b>26.18</b>	+1.56
<b>16</b>	<b>Kajus Stankevicius</b>	2004	Lithuania	+0.60	608	<b>26.22</b>	+1.60
<b>17</b>	<b>Tristan Tsopp</b>	2004	Estonia	+0.67	605	<b>26.26</b>	+1.64
<b>18</b>	<b>Erikas Grigaitis</b>	2002	Lithuania	+0.61	604	<b>26.28</b>	+1.66
<b>19</b>	<b>Helje Stadaas</b>	2004	Norway	+0.63	586	<b>26.54</b>	+1.92

Event official at: 2021-12-04 09:45:31



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 24, 200m Freestyle Women S1-5+S14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Pernilla Lindberg</b>	1994	Sweden	+0.75	980	<b>2:10.06</b>	S14
	50m: 29.94	100m: 1:02.37	(32.43)	150m: 1:35.98	(33.61)	200m: 2:10.06	(34.08)
2	<b>Karina Lauridsen</b>	1976	Denmark		246	<b>3:58.84</b>	+1:48.78 S5
	50m: 57.51	100m: 1:58.21	(1:00.70)	150m: 2:58.78	(1:00.57)	200m: 3:58.84	(1:00.06)

Event official at: 2021-12-04 09:51:26

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 25, 200m Freestyle Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	1:50.43	Sarah Sjöström	1993 Sweden (SWE)	Eindhoven (NED)		2017-08-12	
NJ	1:53.77	Sarah Sjöström	1993 Sweden (SWE)	Berlin (GER)		2009-11-14	
<b>1</b>	<b>Thilda Häll</b>	2005	Sweden	+0.75	762	<b>2:00.90</b>	
	50m: 28.30	100m: 59.29	(30.99)	150m: 1:30.38	(31.09)	200m: 2:00.90	(30.52)
<b>2</b>	<b>Tuuli Pippuri</b>	2005	Finland	+0.83	724	<b>2:02.93</b>	+2.03
	50m: 28.97	100m: 1:00.32	(31.35)	150m: 1:32.30	(31.98)	200m: 2:02.93	(30.63)
<b>3</b>	<b>Schastine Tabor</b>	2005	Denmark	+0.72	717	<b>2:03.37</b>	+2.47
	50m: 28.20	100m: 59.53	(31.33)	150m: 1:31.68	(32.15)	200m: 2:03.37	(31.69)
<b>4</b>	<b>Sofia Abrahamsson</b>	2005	Sweden	+0.76	704	<b>2:04.08</b>	+3.18
	50m: 28.93	100m: 1:00.17	(31.24)	150m: 1:32.39	(32.22)	200m: 2:04.08	(31.69)
<b>5</b>	<b>Karolin Victoria Kotsar</b>	2005	Estonia	+0.59	701	<b>2:04.27</b>	+3.37
	50m: 28.86	100m: 1:00.90	(32.04)	150m: 1:33.10	(32.20)	200m: 2:04.27	(31.17)
<b>6</b>	<b>Inka Vahtola</b>	2005	Finland	+0.78	684	<b>2:05.31</b>	+4.41
	50m: 29.31	100m: 1:01.43	(32.12)	150m: 1:33.42	(31.99)	200m: 2:05.31	(31.89)
<b>7</b>	<b>Freyja Birkisdóttir</b>	2006	Iceland	+0.83	683	<b>2:05.35</b>	+4.45
	50m: 29.57	100m: 1:01.33	(31.76)	150m: 1:33.80	(32.47)	200m: 2:05.35	(31.55)
<b>8</b>	<b>Haide Nikelis</b>	2006	Lithuania	+0.77	681	<b>2:05.48</b>	+4.58
	50m: 29.55	100m: 1:01.34	(31.79)	150m: 1:33.60	(32.26)	200m: 2:05.48	(31.88)

Event official at: 2021-12-04 17:43:34

### Event 25, 200m Freestyle Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	1:50.43	Sarah Sjöström	1993 Sweden (SWE)	Eindhoven (NED)		2017-08-12	
NJ	1:53.77	Sarah Sjöström	1993 Sweden (SWE)	Berlin (GER)		2009-11-14	
<b>1</b>	<b>Malene Rypestøl</b>	2001	Norway	+0.78	818	<b>1:58.05</b>	
	50m: 28.25	100m: 58.28	(30.03)	150m: 1:28.51	(30.23)	200m: 1:58.05	(29.54)
<b>2</b>	<b>Sofie Theophil Petersen</b>	2003	Denmark	+0.76	799	<b>1:58.97</b>	+0.92
	50m: 28.59	100m: 58.81	(30.22)	150m: 1:29.23	(30.42)	200m: 1:58.97	(29.74)
<b>3</b>	<b>Mari Moen</b>	2004	Norway	+0.76	769	<b>2:00.53</b>	+2.48
	50m: 28.68	100m: 59.23	(30.55)	150m: 1:30.05	(30.82)	200m: 2:00.53	(30.48)
<b>4</b>	<b>Caroline Wiuff Jensen</b>	2004	Denmark	+0.84	755	<b>2:01.25</b>	+3.20
	50m: 29.12	100m: 59.92	(30.80)	150m: 1:30.86	(30.94)	200m: 2:01.25	(30.39)
<b>5</b>	<b>Laurika Lint</b>	2002	Estonia	+0.71	746	<b>2:01.75</b>	+3.70
	50m: 29.04	100m: 1:00.03	(30.99)	150m: 1:30.75	(30.72)	200m: 2:01.75	(31.00)
<b>6</b>	<b>Alicia Lundblad</b>	2001	Sweden	+0.75	736	<b>2:02.28</b>	+4.23
	50m: 28.90	100m: 59.80	(30.90)	150m: 1:31.01	(31.21)	200m: 2:02.28	(31.27)
<b>7</b>	<b>Kristín Helga Hákonardóttir</b>	2004	Iceland	+0.70	714	<b>2:03.55</b>	+5.50
	50m: 28.90	100m: 1:00.34	(31.44)	150m: 1:31.90	(31.56)	200m: 2:03.55	(31.65)
<b>8</b>	<b>Petra Ansaranta</b>	2004	Finland	+0.75	687	<b>2:05.10</b>	+7.05
	50m: 29.25	100m: 1:00.34	(31.09)	150m: 1:32.38	(32.04)	200m: 2:05.10	(32.72)

Event official at: 2021-12-04 17:43:34

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 25, 200m Freestyle Women Junior - Heat

NR 1:50.43 Sarah Sjöström 1993 Sweden (SWE) Eindhoven (NED) 2017-08-12  
NJ 1:53.77 Sarah Sjöström 1993 Sweden (SWE) Berlin (GER) 2009-11-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Schastine Tabor	2005	Denmark	+0.68	713	<b>2:03.61</b>	Q
	50m: 28.26	100m: 59.99	(31.73)	150m: 1:31.51	(31.52)	200m: 2:03.61	(32.10)
2	Tuuli Pippuri	2005	Finland	+0.81	708	<b>2:03.88</b>	+0.27 Q
	50m: 29.38	100m: 1:00.45	(31.07)	150m: 1:32.47	(32.02)	200m: 2:03.88	(31.41)
3	Thilda Häll	2005	Sweden	+0.84	699	<b>2:04.41</b>	+0.80 Q
	50m: 29.28	100m: 1:00.85	(31.57)	150m: 1:33.05	(32.20)	200m: 2:04.41	(31.36)
4	Sofia Abrahamsson	2005	Sweden	+0.73	695	<b>2:04.62</b>	+1.01 Q
	50m: 28.67	100m: 1:00.08	(31.41)	150m: 1:32.57	(32.49)	200m: 2:04.62	(32.05)
5	Haide Nikelis	2006	Lithuania	+0.79	679	<b>2:05.64</b>	+2.03 Q
	50m: 29.28	100m: 1:01.15	(31.87)	150m: 1:33.65	(32.50)	200m: 2:05.64	(31.99)
6	Inka Vahtola	2005	Finland	+0.79	675	<b>2:05.83</b>	+2.22 Q
	50m: 29.70	100m: 1:02.16	(32.46)	150m: 1:34.37	(32.21)	200m: 2:05.83	(31.46)
7	Freyja Birkisdóttir	2006	Iceland	+0.78	671	<b>2:06.09</b>	+2.48 Q
	50m: 29.34	100m: 1:01.44	(32.10)	150m: 1:34.07	(32.63)	200m: 2:06.09	(32.02)
8	Karolin Victoria Kotsar	2005	Estonia	+0.62	664	<b>2:06.57</b>	+2.96 Q
	50m: 29.29	100m: 1:01.46	(32.17)	150m: 1:34.37	(32.91)	200m: 2:06.57	(32.20)
9	Patricija Kondraskaite	2006	Lithuania	+0.78	651	<b>2:07.41</b>	+3.80
	50m: 29.88	100m: 1:01.86	(31.98)	150m: 1:34.59	(32.73)	200m: 2:07.41	(32.82)
10	Vyte Gelazyte	2007	Lithuania	+0.77	645	<b>2:07.80</b>	+4.19
	50m: 30.41	100m: 1:02.79	(32.38)	150m: 1:35.77	(32.98)	200m: 2:07.80	(32.03)
11	Helene Kjeldsen Gonzalez	2005	Norway	+0.81	636	<b>2:08.39</b>	+4.78
	50m: 29.73	100m: 1:01.80	(32.07)	150m: 1:35.03	(33.23)	200m: 2:08.39	(33.36)
12	Auste Backeviciute	2006	Lithuania	+0.71	626	<b>2:09.04</b>	+5.43
	50m: 30.17	100m: 1:02.33	(32.16)	150m: 1:36.05	(33.72)	200m: 2:09.04	(32.99)
13	Katja Lilja Andriyadóttir	2006	Iceland	+0.73	612	<b>2:10.00</b>	+6.39
	50m: 29.80	100m: 1:02.58	(32.78)	150m: 1:36.48	(33.90)	200m: 2:10.00	(33.52)
13	Gabija Gailiusyte	2006	Lithuania	+0.76	612	<b>2:10.00</b>	+6.39
	50m: 30.06	100m: 1:03.60	(33.54)	150m: 1:37.49	(33.89)	200m: 2:10.00	(32.51)
15	Andrea Sædberg Clementsen	2005	Norway	+0.78	610	<b>2:10.19</b>	+6.58
	50m: 30.88	100m: 1:03.66	(32.78)	150m: 1:37.32	(33.66)	200m: 2:10.19	(32.87)
16	Laura Sökk	2005	Estonia	+0.74	607	<b>2:10.41</b>	+6.80
	50m: 30.02	100m: 1:02.85	(32.83)	150m: 1:36.57	(33.72)	200m: 2:10.41	(33.84)
17	Britt Raudsepp	2007	Estonia	+0.76	586	<b>2:11.96</b>	+8.35
	50m: 29.65	100m: 1:02.95	(33.30)	150m: 1:37.52	(34.57)	200m: 2:11.96	(34.44)
18	Róa Trygvadóttir	2008	Faroe Islands	+0.78	563	<b>2:13.67</b>	+10.06
	50m: 30.64	100m: 1:04.62	(33.98)	150m: 1:39.47	(34.85)	200m: 2:13.67	(34.20)

Event official at: 2021-12-04 10:03:33

### Event 25, 200m Freestyle Women Senior - Heat

NR 1:50.43 Sarah Sjöström 1993 Sweden (SWE) Eindhoven (NED) 2017-08-12  
NJ 1:53.77 Sarah Sjöström 1993 Sweden (SWE) Berlin (GER) 2009-11-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Malene Rypestøl	2001	Norway	+0.77	762	<b>2:00.85</b>	Q
	50m: 28.40	100m: 59.35	(30.95)	150m: 1:31.07	(31.72)	200m: 2:00.85	(29.78)

## Results

### Event 25, 200m Freestyle Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
2	<b>Mari Moen</b>	2004	Norway	+0.74	740	<b>2:02.06</b>	+1.21 Q
	50m: 29.13	100m: 59.68	(30.55)	150m: 1:30.73	(31.05)	200m: 2:02.06	(31.33)
3	<b>Sofie Theophil Petersen</b>	2003	Denmark	+0.76	732	<b>2:02.53</b>	+1.68 Q
	50m: 28.78	100m: 59.96	(31.18)	150m: 1:31.48	(31.52)	200m: 2:02.53	(31.05)
4	<b>Caroline Wiuff Jensen</b>	2004	Denmark	+0.85	722	<b>2:03.04</b>	+2.19 Q
	50m: 29.30	100m: 1:00.27	(30.97)	150m: 1:31.79	(31.52)	200m: 2:03.04	(31.25)
5	<b>Victoria Deona Bergeli</b>	2003	Norway	+0.69	718	<b>2:03.29</b>	+2.44 -
	50m: 28.95	100m: 1:00.37	(31.42)	150m: 1:31.95	(31.58)	200m: 2:03.29	(31.34)
6	<b>Uliana Gorlova</b>	2003	Norway	+0.72	716	<b>2:03.43</b>	+2.58 -
	50m: 29.16	100m: 1:00.43	(31.27)	150m: 1:32.01	(31.58)	200m: 2:03.43	(31.42)
7	<b>Kristín Helga Hákonardóttir</b>	2004	Iceland	+0.76	714	<b>2:03.55</b>	+2.70 Q
	50m: 29.01	100m: 1:00.69	(31.68)	150m: 1:32.58	(31.89)	200m: 2:03.55	(30.97)
8	<b>Alicia Lundblad</b>	2001	Sweden	+0.75	712	<b>2:03.63</b>	+2.78 Q
	50m: 29.07	100m: 1:00.36	(31.29)	150m: 1:31.93	(31.57)	200m: 2:03.63	(31.70)
9	<b>Laurika Lint</b>	2002	Estonia	+0.74	710	<b>2:03.74</b>	+2.89 Q
	50m: 28.91	100m: 1:00.26	(31.35)	150m: 1:32.12	(31.86)	200m: 2:03.74	(31.62)
10	<b>Petra Ansaranta</b>	2004	Finland	+0.78	671	<b>2:06.10</b>	+5.25 Q
	50m: 29.63	100m: 1:01.10	(31.47)	150m: 1:33.61	(32.51)	200m: 2:06.10	(32.49)
11	<b>Heleri Zirk</b>	2004	Estonia	+0.71	658	<b>2:06.95</b>	+6.10
	50m: 29.36	100m: 1:01.27	(31.91)	150m: 1:34.09	(32.82)	200m: 2:06.95	(32.86)
12	<b>Alisa Vestergård</b>	2003	Faroe Islands	+0.72	601	<b>2:10.81</b>	+9.96
	50m: 29.90	100m: 1:03.27	(33.37)	150m: 1:37.34	(34.07)	200m: 2:10.81	(33.47)
13	<b>Annika Vainikk</b>	2000	Estonia	+0.75	601	<b>2:10.84</b>	+9.99
	50m: 30.02	100m: 1:03.68	(33.66)	150m: 1:37.57	(33.89)	200m: 2:10.84	(33.27)
14	<b>Helena Heinlo</b>	2003	Estonia	+0.81	591	<b>2:11.58</b>	+10.73
	50m: 30.84	100m: 1:03.94	(33.10)	150m: 1:37.73	(33.79)	200m: 2:11.58	(33.85)

Event official at: 2021-12-04 10:03:33

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 27, 200m Individual Medley Men SM5-14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Alexander Hillhouse	2004	Denmark	+0.69	953	<b>2:14.35</b>	SM14
	50m: 27.81	100m: 1:02.20	(34.39)	150m: 1:44.47	(42.27)	200m: 2:14.35	(29.88)
2	Nader Khalili	2001	Finland	+0.86	943	<b>2:15.00</b>	+0.65 SM14
	50m: 28.39	100m: 1:02.96	(34.57)	150m: 1:44.18	(41.22)	200m: 2:15.00	(30.82)
3	Tobias Klasson	2000	Sweden	+0.73	573	<b>2:35.17</b>	+20.82 SM14
	50m: 31.57	100m: 1:07.31	(35.74)	150m: 1:58.11	(50.80)	200m: 2:35.17	(37.06)
4	Jo Kebriel Stølhaug Nor	2007	Norway	+0.66	522	<b>2:42.76</b>	+28.41 SM9
	50m: 33.03	100m: 1:17.18	(44.15)	150m: 2:04.32	(47.14)	200m: 2:42.76	(38.44)
5	Erik Gundersen	2006	Norway	+0.68	517	<b>2:33.14</b>	+18.79 SM13
	50m: 30.94	100m: 1:11.38	(40.44)	150m: 1:56.04	(44.66)	200m: 2:33.14	(37.10)
6	Guðfinnur Karlsson	1988	NPC-Iceland	+0.92	459	<b>2:52.66</b>	+38.31 SM11
	50m: 40.75	100m: 1:24.43	(43.68)	150m: 2:12.49	(48.06)	200m: 2:52.66	(40.17)
7	Jesper Andersson	1996	Sweden	+0.99	422	<b>2:42.61</b>	+28.26 SM14
	50m: 32.20	100m: 1:14.48	(42.28)	150m: 2:08.36	(53.88)	200m: 2:42.61	(34.25)

Event official at: 2021-12-04 17:48:41



# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 28, 200m Individual Medley Men - Final Junior

NR 1:51.74 Tomoe Zenimoto Hvas 2000 Norway (NOR) Glasgow (GBR) 2019-12-06  
NJ 1:54.08 Tomoe Zenimoto Hvas 2000 Norway (NOR) Copenhagen (DEN) 2017-12-15

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mathias Christensen</b>	2004	Denmark	+0.72	739	<b>2:01.21</b>	
	50m: 25.90	100m: 57.80	(31.90)	150m: 1:31.60	(33.80)	200m: 2:01.21	(29.61)
2	<b>Emil Austevoll Harlem</b>	2005	Norway	+0.66	707	<b>2:03.03</b>	+1.82
	50m: 26.30	100m: 57.36	(31.06)	150m: 1:32.53	(35.17)	200m: 2:03.03	(30.50)
3	<b>Mathias Rike Holmann</b>	2004	Norway	+0.66	702	<b>2:03.34</b>	+2.13
	50m: 27.26	100m: 57.44	(30.18)	150m: 1:33.74	(36.30)	200m: 2:03.34	(29.60)
4	<b>Birnir Freyr Hálfðánarsson</b>	2006	Iceland	+0.68	688	<b>2:04.14</b>	+2.93
	50m: 26.42	100m: 59.07	(32.65)	150m: 1:34.90	(35.83)	200m: 2:04.14	(29.24)
5	<b>Anton Hegmegi</b>	2005	Sweden	+0.72	645	<b>2:06.86</b>	+5.65
	50m: 28.00	100m: 59.17	(31.17)	150m: 1:35.64	(36.47)	200m: 2:06.86	(31.22)
6	<b>Tomas Lukminas</b>	2004	Lithuania	+0.79	630	<b>2:07.82</b>	+6.61
	50m: 27.11	100m: 59.95	(32.84)	150m: 1:38.05	(38.10)	200m: 2:07.82	(29.77)
7	<b>Martin Tretjak</b>	2004	Lithuania	+0.66	607	<b>2:09.41</b>	+8.20
	50m: 27.09	100m: 1:00.37	(33.28)	150m: 1:37.92	(37.55)	200m: 2:09.41	(31.49)
-	<b>Tobias Rosengard</b>	2005	Denmark	+0.65		<b>DSQ</b>	

Event official at: 2021-12-04 17:58:21

### Event 28, 200m Individual Medley Men - Final Senior

NR 1:51.74 Tomoe Zenimoto Hvas 2000 Norway (NOR) Glasgow (GBR) 2019-12-06  
NJ 1:54.08 Tomoe Zenimoto Hvas 2000 Norway (NOR) Copenhagen (DEN) 2017-12-15

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Jesper Lietzén</b>	2002	Finland	+0.70	730	<b>2:01.70</b>	
	50m: 26.90	100m: 58.29	(31.39)	150m: 1:32.80	(34.51)	200m: 2:01.70	(28.90)
2	<b>Eimantas Milius</b>	1996	Lithuania	+0.66	720	<b>2:02.30</b>	+0.60
	50m: 26.55	100m: 57.60	(31.05)	150m: 1:32.70	(35.10)	200m: 2:02.30	(29.60)
3	<b>Jakob Strunge Nissen</b>	2002	Denmark	+0.76	719	<b>2:02.32</b>	+0.62
	50m: 27.01	100m: 58.48	(31.47)	150m: 1:34.87	(36.39)	200m: 2:02.32	(27.45)
4	<b>John Brolin</b>	2002	Sweden	+0.72	711	<b>2:02.78</b>	+1.08
	50m: 26.55	100m: 1:00.52	(33.97)	150m: 1:35.64	(35.12)	200m: 2:02.78	(27.14)

Event official at: 2021-12-04 17:58:21

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 28, 200m Individual Medley Men Junior - Heat

NR 1:51.74 Tomoe Zenimoto Hvas 2000 Norway (NOR) Glasgow (GBR) 2019-12-06  
NJ 1:54.08 Tomoe Zenimoto Hvas 2000 Norway (NOR) Copenhagen (DEN) 2017-12-15

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mathias Christensen</b>	2004	Denmark	+0.72	697	<b>2:03.61</b>	Q
	50m: 26.48	100m: 59.21	(32.73)	150m: 1:33.03	(33.82)	200m: 2:03.61	(30.58)
2	<b>Emil Austevoll Harlem</b>	2005	Norway	+0.66	696	<b>2:03.65</b>	+0.04 Q
	50m: 26.73	100m: 57.53	(30.80)	150m: 1:32.68	(35.15)	200m: 2:03.65	(30.97)
3	<b>Mathias Rike Holmann</b>	2004	Norway	+0.66	663	<b>2:05.70</b>	+2.09 Q
	50m: 27.65	100m: 59.24	(31.59)	150m: 1:35.88	(36.64)	200m: 2:05.70	(29.82)
4	<b>Birnir Freyr Hálfðánarsson</b>	2006	Iceland	+0.65	639	<b>2:07.24</b>	+3.63 Q
	50m: 26.52	100m: 1:00.06	(33.54)	150m: 1:37.51	(37.45)	200m: 2:07.24	(29.73)
5	<b>Anton Hegmegi</b>	2005	Sweden	+0.72	639	<b>2:07.25</b>	+3.64 Q
	50m: 28.02	100m: 59.30	(31.28)	150m: 1:35.74	(36.44)	200m: 2:07.25	(31.51)
6	<b>Tobias Rosengaard</b>	2005	Denmark	+0.69	631	<b>2:07.81</b>	+4.20 Q
	50m: 27.59	100m: 1:01.84	(34.25)	150m: 1:36.80	(34.96)	200m: 2:07.81	(31.01)
7	<b>Tomas Lukminas</b>	2004	Lithuania	+0.73	624	<b>2:08.29</b>	+4.68 Q
	50m: 26.99	100m: 59.49	(32.50)	150m: 1:38.16	(38.67)	200m: 2:08.29	(30.13)
8	<b>Sander Kiær Sørensen</b>	2007	Norway	+0.71	621	<b>2:08.48</b>	+4.87 -
	50m: 27.52	100m: 1:00.75	(33.23)	150m: 1:37.58	(36.83)	200m: 2:08.48	(30.90)
9	<b>Lucas Humling</b>	2005	Sweden	+0.76	619	<b>2:08.58</b>	+4.97 -
	50m: 27.39	100m: 1:00.57	(33.18)	150m: 1:40.00	(39.43)	200m: 2:08.58	(28.58)
10	<b>Martin Tretjak</b>	2004	Lithuania	+0.64	600	<b>2:09.92</b>	+6.31 Q
	50m: 27.09	100m: 1:00.56	(33.47)	150m: 1:38.72	(38.16)	200m: 2:09.92	(31.20)
11	<b>Jorven Nopponen</b>	2005	Estonia	+0.63	597	<b>2:10.16</b>	+6.55
	50m: 28.77	100m: 1:02.15	(33.38)	150m: 1:37.87	(35.72)	200m: 2:10.16	(32.29)
12	<b>Ajjuub Ezzat</b>	2005	Finland	+0.66	595	<b>2:10.33</b>	+6.72
	50m: 28.00	100m: 1:00.90	(32.90)	150m: 1:39.36	(38.46)	200m: 2:10.33	(30.97)
13	<b>Adi Ramovic</b>	2004	Sweden	+0.63	594	<b>2:10.35</b>	+6.74
	50m: 27.46	100m: 1:00.97	(33.51)	150m: 1:38.59	(37.62)	200m: 2:10.35	(31.76)
14	<b>Erik Anja</b>	2004	Estonia	+0.76	559	<b>2:13.08</b>	+9.47
	50m: 28.10	100m: 1:01.08	(32.98)	150m: 1:41.25	(40.17)	200m: 2:13.08	(31.83)
15	<b>Juuso Pulkkinen</b>	2004	Finland	+0.68	506	<b>2:17.50</b>	+13.89
	50m: 28.71	100m: 1:05.51	(36.80)	150m: 1:46.39	(40.88)	200m: 2:17.50	(31.11)
-	<b>Artur Tobler</b>	2004	Estonia	+0.77		<b>DSQ</b>	
-	<b>Taavi Backman</b>	2004	Finland	+0.68		<b>DSQ</b>	

Event official at: 2021-12-04 10:13:48

### Event 28, 200m Individual Medley Men Senior - Heat

NR 1:51.74 Tomoe Zenimoto Hvas 2000 Norway (NOR) Glasgow (GBR) 2019-12-06  
NJ 1:54.08 Tomoe Zenimoto Hvas 2000 Norway (NOR) Copenhagen (DEN) 2017-12-15

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>John Brolin</b>	2002	Sweden	+0.74	688	<b>2:04.14</b>	Q
	50m: 26.50	100m: 1:00.31	(33.81)	150m: 1:35.90	(35.59)	200m: 2:04.14	(28.24)
2	<b>Jesper Lietzén</b>	2002	Finland	+0.72	665	<b>2:05.56</b>	+1.42 Q
	50m: 26.76	100m: 58.09	(31.33)	150m: 1:34.36	(36.27)	200m: 2:05.56	(31.20)
3	<b>Jakob Strunge Nissen</b>	2002	Denmark	+0.76	659	<b>2:05.94</b>	+1.80 Q
	50m: 27.32	100m: 59.83	(32.51)	150m: 1:36.38	(36.55)	200m: 2:05.94	(29.56)



## Results

### Event 28, 200m Individual Medley Men Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
4	Eimantas Milius	1996	Lithuania	+0.68	654	<b>2:06.29</b>	+2.15 Q
	50m: 26.40	100m: 58.18	(31.78)	150m: 1:35.50	(37.32)	200m: 2:06.29	(30.79)
5	Christian Groth Dyrkorn	2001	Norway	+0.74	616	<b>2:08.82</b>	+4.68 -
	50m: 28.70	100m: 1:03.11	(34.41)	150m: 1:38.86	(35.75)	200m: 2:08.82	(29.96)

Event official at: 2021-12-04 10:13:48

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 29, 100m Backstroke Women S1-2+S6-14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Agnes Kramer</b>	1998	Sweden	+0.81	791	<b>1:29.55</b>	S7
	50m: 43.28	100m: 1:29.55	(46.27)				
2	<b>Nicola St. Clair Maitland</b>	2003	Sweden	+0.76	702	<b>1:32.96</b>	+3.41 S7
	50m: 43.72	100m: 1:32.96	(49.24)				
3	<b>Daniela Sohlman</b>	2005	Finland	+0.62	620	<b>1:19.80</b>	-9.75 S10
	50m: 37.62	100m: 1:19.80	(42.18)				
4	<b>Camilla Bitz Witt</b>	2003	Denmark	+0.98	573	<b>1:26.88</b>	-2.67 S9
	50m: 42.88	100m: 1:26.88	(44.00)				
5	<b>Freja Kvist</b>	2006	Denmark	+0.70	553	<b>1:21.85</b>	-7.70 S10
	50m: 40.03	100m: 1:21.85	(41.82)				
6	<b>Thea Løkebø</b>	2005	Norway	+0.98	547	<b>1:20.65</b>	-8.90 S13
	50m: 39.24	100m: 1:20.65	(41.41)				
7	<b>Ronja Weckström</b>	2005	Finland	+0.86	179	<b>1:42.22</b>	+12.67 S9
	50m: 49.88	100m: 1:42.22	(52.34)				

Event official at: 2021-12-04 18:04:48

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 30, 100m Backstroke Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	55.99	Mie Østergaard Nielsen	1996 Denmark (DEN)	Herning (DEN)			2013-12-13
NJ	56.73	Mie Østergaard Nielsen	1996 Denmark (DEN)	Istanbul (TUR)			2012-12-14
<b>1</b>	<b>Alice Velden</b>	2005	Sweden	+0.64	714	<b>1:01.41</b>	
	50m: 28.63	100m: 1:01.41	(32.78)				
<b>2</b>	<b>Elisabeth Erlendsdóttir</b>	2005	Faroe Islands	+0.66	713	<b>1:01.42</b>	+0.01
	50m: 29.79	100m: 1:01.42	(31.63)				
<b>3</b>	<b>Vilma Leppähaara</b>	2005	Finland	+0.66	704	<b>1:01.69</b>	+0.28
	50m: 30.15	100m: 1:01.69	(31.54)				
<b>4</b>	<b>Kristine Nilsson Norby</b>	2005	Denmark	+0.63	686	<b>1:02.22</b>	+0.81
	50m: 30.60	100m: 1:02.22	(31.62)				
<b>5</b>	<b>Susanne Steinnes</b>	2005	Norway	+0.70	682	<b>1:02.35</b>	+0.94
	50m: 30.32	100m: 1:02.35	(32.03)				
<b>6</b>	<b>Aino Hinkka</b>	2005	Finland	+0.68	677	<b>1:02.49</b>	+1.08
	50m: 30.02	100m: 1:02.49	(32.47)				
<b>7</b>	<b>Rikke Friis Kanstrup</b>	2006	Denmark	+0.60	674	<b>1:02.59</b>	+1.18
	50m: 30.52	100m: 1:02.59	(32.07)				
<b>8</b>	<b>Mathilie Jensen Flatli</b>	2005	Norway	+0.60	659	<b>1:03.07</b>	+1.66
	50m: 29.83	100m: 1:03.07	(33.24)				

Event official at: 2021-12-04 18:11:27

### Event 30, 100m Backstroke Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	55.99	Mie Østergaard Nielsen	1996 Denmark (DEN)	Herning (DEN)			2013-12-13
NJ	56.73	Mie Østergaard Nielsen	1996 Denmark (DEN)	Istanbul (TUR)			2012-12-14
<b>1</b>	<b>Vilma Oura</b>	2001	Finland	+0.64	737	<b>1:00.76</b>	
	50m: 29.61	100m: 1:00.76	(31.15)				
<b>2</b>	<b>Peppi Siirtola</b>	2002	Finland	+0.56	736	<b>1:00.78</b>	+0.02
	50m: 29.38	100m: 1:00.78	(31.40)				
<b>3</b>	<b>Veronika Olem</b>	2000	Estonia	+0.61	708	<b>1:01.56</b>	+0.80
	50m: 29.87	100m: 1:01.56	(31.69)				
<b>4</b>	<b>Malena Amelie Lirken</b>	2003	Norway	+0.64	687	<b>1:02.20</b>	+1.44
	50m: 29.80	100m: 1:02.20	(32.40)				
<b>5</b>	<b>Mollie Morfelt</b>	2003	Sweden	+0.64	681	<b>1:02.36</b>	+1.60
	50m: 30.20	100m: 1:02.36	(32.16)				
<b>6</b>	<b>Laura-Liis Valdmaa</b>	2004	Estonia	+0.69	674	<b>1:02.58</b>	+1.82
	50m: 29.86	100m: 1:02.58	(32.72)				
<b>7</b>	<b>Steingerður Hauksdóttir</b>	1996	Iceland	+0.58	648	<b>1:03.42</b>	+2.66
	50m: 30.20	100m: 1:03.42	(33.22)				

Event official at: 2021-12-04 18:11:27

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 30, 100m Backstroke Women Junior - Heat

NR 55.99 Mie Østergaard Nielsen 1996 Denmark (DEN) Herning (DEN) 2013-12-13  
NJ 56.73 Mie Østergaard Nielsen 1996 Denmark (DEN) Istanbul (TUR) 2012-12-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Elisabeth Erlendsdóttir	2005	Faroe Islands	+0.67	705	<b>1:01.66</b>	Q
	50m: 30.01		100m: 1:01.66 (31.65)				
2	Vilma Leppähaara	2005	Finland	+0.66	682	<b>1:02.34</b>	+0.68 Q
	50m: 30.13		100m: 1:02.34 (32.21)				
3	Alice Velden	2005	Sweden	+0.76	672	<b>1:02.64</b>	+0.98 Q
	50m: 29.77		100m: 1:02.64 (32.87)				
4	Kristine Nilsson Norby	2005	Denmark	+0.64	670	<b>1:02.70</b>	+1.04 Q
	50m: 30.37		100m: 1:02.70 (32.33)				
5	Aino Hinkka	2005	Finland	+0.71	669	<b>1:02.73</b>	+1.07 Q
	50m: 30.31		100m: 1:02.73 (32.42)				
6	Rikke Friis Kanstrup	2006	Denmark	+0.53	664	<b>1:02.89</b>	+1.23 Q
	50m: 30.21		100m: 1:02.89 (32.68)				
7	Mathilie Jensen Flatli	2005	Norway	+0.60	660	<b>1:03.04</b>	+1.38 Q
	50m: 30.10		100m: 1:03.04 (32.94)				
8	Susanne Steinnes	2005	Norway	+0.78	649	<b>1:03.39</b>	+1.73 Q
	50m: 30.70		100m: 1:03.39 (32.69)				
9	Sofie Ravn Herche	2007	Denmark	+0.67	638	<b>1:03.76</b>	+2.10
	50m: 30.62		100m: 1:03.76 (33.14)				
10	Mathilde Møller	2007	Denmark	+0.64	635	<b>1:03.86</b>	+2.20
	50m: 31.08		100m: 1:03.86 (32.78)				
11	Auguste Jakstaite	2008	Lithuania	+0.68	584	<b>1:05.64</b>	+3.98
	50m: 32.35		100m: 1:05.64 (33.29)				
12	Fia Stenman	2006	Finland	+0.70	581	<b>1:05.77</b>	+4.11
	50m: 31.00		100m: 1:05.77 (34.77)				
13	Karolin Rahamägi	2005	Estonia	+0.64	578	<b>1:05.87</b>	+4.21
	50m: 31.64		100m: 1:05.87 (34.23)				
14	Stela Svencionyte	2008	Lithuania	+0.70	548	<b>1:07.05</b>	+5.39
	50m: 32.64		100m: 1:07.05 (34.41)				
15	Loreen Ulp	2006	Estonia	+0.62	532	<b>1:07.70</b>	+6.04
	50m: 32.27		100m: 1:07.70 (35.43)				
16	Maarja Katherine Link	2006	Estonia	+0.60	532	<b>1:07.71</b>	+6.05
	50m: 32.08		100m: 1:07.71 (35.63)				

Event official at: 2021-12-04 10:22:03

### Event 30, 100m Backstroke Women Senior - Heat

NR 55.99 Mie Østergaard Nielsen 1996 Denmark (DEN) Herning (DEN) 2013-12-13  
NJ 56.73 Mie Østergaard Nielsen 1996 Denmark (DEN) Istanbul (TUR) 2012-12-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Veronika Olem	2000	Estonia	+0.58	694	<b>1:01.99</b>	Q
	50m: 29.98		100m: 1:01.99 (32.01)				
2	Peppi Siirtola	2002	Finland	+0.59	690	<b>1:02.10</b>	+0.11 Q
	50m: 29.79		100m: 1:02.10 (32.31)				
3	Mollie Morfelt	2003	Sweden	+0.63	678	<b>1:02.46</b>	+0.47 Q
	50m: 30.60		100m: 1:02.46 (31.86)				

## Results

### Event 30, 100m Backstroke Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
4	<b>Malena Amelie Lirken</b> 50m: 30.27	2003	Norway 100m: 1:02.69 (32.42)	+0.61	671	<b>1:02.69</b>	+0.70 Q
5	<b>Laura-Liis Valdmaa</b> 50m: 30.10	2004	Estonia 100m: 1:02.91 (32.81)	+0.70	664	<b>1:02.91</b>	+0.92 Q
6	<b>Steingerður Hauksdóttir</b> 50m: 30.07	1996	Iceland 100m: 1:03.36 (33.29)	+0.65	650	<b>1:03.36</b>	+1.37 Q
7	<b>Vilma Oora</b> 50m: 30.63	2001	Finland 100m: 1:03.55 (32.92)	+0.64	644	<b>1:03.55</b>	+1.56 Q
8	<b>Hanna Grete Vutt</b> 50m: 30.97	2003	Estonia 100m: 1:03.56 (32.59)	+0.63	644	<b>1:03.56</b>	+1.57 -
9	<b>Katriin Hansalu</b> 50m: 31.62	2003	Estonia 100m: 1:05.65 (34.03)	+0.68	584	<b>1:05.65</b>	+3.66 -

Event official at: 2021-12-04 10:22:03

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 32, 50m Breaststroke Men - Final

NR 26.14 Tobias B. Bjerg 1998 Denmark (DEN) Glasgow (GBR) 2019-12-04  
 NJ 26.57 Johannes Skagius 1995 Sweden (SWE) Herning (DEN) 2013-12-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Christoffer Tofte Haarsaker	1993	Norway	+0.72	816	<b>27.01</b>	
2	Johannes Skagius	1995	Sweden	+0.68	787	<b>27.34</b>	+0.33
3	Davin Lindholm	2004	Finland	+0.83	769	<b>27.55</b>	+0.54
4	Ralf Roose	2004	Estonia	+0.74	717	<b>28.20</b>	+1.19
5	Mark Sovtza	2001	Estonia	+0.70	699	<b>28.44</b>	+1.43
5	Elias Marius Elsgaard	2004	Denmark	+0.67	699	<b>28.44</b>	+1.43
7	Daði Björnsson	2004	Iceland	+0.65	682	<b>28.68</b>	+1.67
8	August Eriksson	2004	Sweden	+0.62	673	<b>28.81</b>	+1.80

Event official at: 2021-12-04 18:14:27





# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 32, 50m Breaststroke Men - Heat

NR 26.14 Tobias B. Bjerg 1998 Denmark (DEN) Glasgow (GBR) 2019-12-04  
NJ 26.57 Johannes Skagius 1995 Sweden (SWE) Herning (DEN) 2013-12-14

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Christoffer Tofte Haarsaker	1993	Norway	+0.70	807	<b>27.12</b>	Q
2	Johannes Skagius	1995	Sweden	+0.70	759	<b>27.67</b>	+0.55 Q
3	Davin Lindholm	2004	Finland	+0.79	737	<b>27.95</b>	+0.83 Q
4	Ralf Roose	2004	Estonia	+0.70	708	<b>28.32</b>	+1.20 Q
5	Daði Björnsson	2004	Iceland	+0.66	681	<b>28.69</b>	+1.57 Q
6	Mark Sovtsa	2001	Estonia	+0.70	674	<b>28.79</b>	+1.67 Q
7	Elias Marius Elsgaard	2004	Denmark	+0.67	668	<b>28.88</b>	+1.76 Q
8	August Eriksson	2004	Sweden	+0.66	666	<b>28.90</b>	+1.78 Q
9	Snorri Dagur Einarsson	2005	Iceland	+0.68	664	<b>28.94</b>	+1.82
10	Robert E Falborg Pedersen	2005	Denmark	+0.74	653	<b>29.09</b>	+1.97
11	Glen Marcus Villems	2004	Estonia	+0.76	634	<b>29.38</b>	+2.26
12	Domantas Aleksinas	2004	Lithuania	+0.69	634	<b>29.39</b>	+2.27
13	Edvinas Kilmanas	2004	Lithuania	+0.63	593	<b>30.04</b>	+2.92
14	Magnus Kobbevik Mikalsen	2004	Norway	+0.75	579	<b>30.29</b>	+3.17
15	Martin Tretjak	2004	Lithuania	+0.69	536	<b>31.08</b>	+3.96

Event official at: 2021-12-04 10:24:50



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 33, 50m Butterfly Women S2-7 - Para Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Nicola St. Clair Maitland	2003 Sweden	+0.77	352	<b>49.08</b>	S7
2	Ida Andersson Wulf	1998 Sweden		138	<b>56.81</b>	+7.73 S7

Event official at: 2021-12-04 10:27:34

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 34, 50m Butterfly Women - Final

NR 24.38 Therese Alshammar 1977 Sweden (SWE) Singapore (SGP) 2009-11-22  
 NJ 25.52 Sarah Sjöström 1993 Sweden (SWE) Istanbul (TUR) 2009-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Alina Vedehhova	1999	Estonia	+0.75	778	<b>26.50</b>	
2	Victoria Deona Bergeli	2003	Norway	+0.65	741	<b>26.94</b>	+0.44
3	Helene Torsvik Lorentz	2004	Norway	+0.77	730	<b>27.07</b>	+0.57
4	Sofie Bruun Høvring	2004	Denmark	+0.71	717	<b>27.23</b>	+0.73
5	Laura Mäki	1997	Finland	+0.63	693	<b>27.55</b>	+1.05
6	Cecilie Carøe Helmark	2005	Denmark	+0.76	641	<b>28.27</b>	+1.77
7	Mariangela Boitduk	2004	Estonia	+0.66	638	<b>28.31</b>	+1.81
-	Mathilda Sandberg	2005	Sweden	+0.66		<b>DSQ</b>	

Event official at: 2021-12-04 18:17:21

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 34, 50m Butterfly Women - Heat

NR 24.38 Therese Alshammar 1977 Sweden (SWE) Singapore (SGP) 2009-11-22  
NJ 25.52 Sarah Sjöström 1993 Sweden (SWE) Istanbul (TUR) 2009-12-11

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Alina Vedehhova	1999	Estonia	+0.77	755	<b>26.77</b>	Q
2	Sofie Bruun Høvring	2004	Denmark	+0.70	725	<b>27.13</b>	+0.36 Q
3	Victoria Deona Bergeli	2003	Norway	+0.65	709	<b>27.33</b>	+0.56 Q
4	Helene Torsvik Lorentz	2004	Norway	+0.77	699	<b>27.46</b>	+0.69 Q
5	Laura Mäki	1997	Finland	+0.66	696	<b>27.51</b>	+0.74 Q
6	Mathilda Sandberg	2005	Sweden	+0.62	694	<b>27.53</b>	+0.76 Q
7	Cecilie Carøe Helmark	2005	Denmark	+0.71	660	<b>27.99</b>	+1.22 Q
8	Mariangela Boitduk	2004	Estonia	+0.68	659	<b>28.01</b>	+1.24 Q
9	Kirke Madar	2007	Estonia	+0.61	646	<b>28.19</b>	+1.42
10	Amanda Malde Carlsen	2006	Norway	+0.69	643	<b>28.24</b>	+1.47
11	Radvile Kerseviciute	2005	Lithuania	+0.69	642	<b>28.25</b>	+1.48
12	Kristina Orban	2004	Sweden	+0.70	636	<b>28.34</b>	+1.57
13	Sofia Abrahamsson	2005	Sweden	+0.73	618	<b>28.61</b>	+1.84
14	Kertu Kaare	2002	Estonia	+0.77	618	<b>28.62</b>	+1.85
15	Anete Mooro	2003	Estonia	+0.67	611	<b>28.73</b>	+1.96
16	Aino Hinkka	2005	Finland	+0.74	597	<b>28.94</b>	+2.17
17	Patricija Kondraskaite	2006	Lithuania	+0.78	567	<b>29.44</b>	+2.67
18	Ronja Ró í Dímun	2004	Faroe Islands	+0.78	567	<b>29.45</b>	+2.68
19	Inka Vahtola	2005	Finland	+0.78	565	<b>29.48</b>	+2.71
20	Aiste Slatkeviciute	2005	Lithuania	+0.75	523	<b>30.25</b>	+3.48
21	Auste Backeviciute	2006	Lithuania	+0.69	468	<b>31.39</b>	+4.62
22	Jóhanna Ólavsdóttir	2007	Faroe Islands	+0.68	451	<b>31.79</b>	+5.02

Event official at: 2021-12-04 10:32:20



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 35, 100m Freestyle Men S1-14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Nader Khalili	2001	Finland	+0.82	974	<b>53.76</b>	S14
	50m: 25.97	100m: 53.76	(27.79)				
2	Fredrik Solberg	2001	Norway	+0.70	966	<b>56.24</b>	+2.48 S9
	50m: 26.28	100m: 56.24	(29.96)				
3	Alexander Hillhouse	2004	Denmark	+0.65	964	<b>54.10</b>	+0.34 S14
	50m: 26.19	100m: 54.10	(27.91)				
4	Jesper Andersson	1996	Sweden		689	<b>1:01.65</b>	+7.89 S14
	50m: 30.03	100m: 1:01.65	(31.62)				
5	Felix Persson	2000	Sweden	+0.84	534	<b>1:05.35</b>	+11.59 S14
	50m: 31.38	100m: 1:05.35	(33.97)				
6	Jakob Heeb	2001	Denmark	+0.77	512	<b>1:08.56</b>	+14.80 S9
	50m: 32.41	100m: 1:08.56	(36.15)				
7	Ilmari Laitala	2003	Finland	+0.89	374	<b>1:15.44</b>	+21.68 S8
	50m: 36.05	100m: 1:15.44	(39.39)				
8	Marcus Haus	1995	Norway	+0.87	296	<b>1:11.57</b>	+17.81 S14
	50m: 32.95	100m: 1:11.57	(38.62)				

Event official at: 2021-12-04 18:20:52

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 36, 100m Freestyle Men - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	45.54	Stefan Nystrand	1981 Sweden (SWE)	Stockholm (SWE)			2009-11-10
NJ	47.57	Kregor Zirk	1999 Estonia (EST)	Kolding (DEN)			2017-12-09
<b>1</b>	<b>Bjørnar Grytnes Laskerud</b>	2004	Norway	+0.74	750	<b>49.46</b>	
	50m: 23.33	100m: 49.46	(26.13)				
<b>2</b>	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.67	699	<b>50.62</b>	+1.16
	50m: 24.47	100m: 50.62	(26.15)				
<b>3</b>	<b>Oscar Isberg</b>	2004	Denmark	+0.73	687	<b>50.92</b>	+1.46
	50m: 24.56	100m: 50.92	(26.36)				
<b>4</b>	<b>Alexander Vergereau</b>	2004	Denmark	+0.68	687	<b>50.93</b>	+1.47
	50m: 24.38	100m: 50.93	(26.55)				
<b>5</b>	<b>Hans-Mikk Kuulpak</b>	2004	Estonia	+0.68	677	<b>51.17</b>	+1.71
	50m: 24.13	100m: 51.17	(27.04)				
<b>6</b>	<b>Matas Cinga</b>	2005	Lithuania	+0.71	667	<b>51.41</b>	+1.95
	50m: 24.48	100m: 51.41	(26.93)				
<b>7</b>	<b>Daniil Drozdov</b>	2004	Estonia	+0.63	663	<b>51.52</b>	+2.06
	50m: 24.04	100m: 51.52	(27.48)				
<b>8</b>	<b>Fannar Snævar Hauksson</b>	2004	Iceland	+0.67	633	<b>52.33</b>	+2.87
	50m: 24.61	100m: 52.33	(27.72)				

Event official at: 2021-12-04 18:26:59

### Event 36, 100m Freestyle Men - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	45.54	Stefan Nystrand	1981 Sweden (SWE)	Stockholm (SWE)			2009-11-10
NJ	47.57	Kregor Zirk	1999 Estonia (EST)	Kolding (DEN)			2017-12-09
<b>1</b>	<b>Marko-Matteus Langel</b>	1999	Estonia	+0.68	764	<b>49.15</b>	
	50m: 23.58	100m: 49.15	(25.57)				
<b>2</b>	<b>Erik Lihhatd</b>	2003	Estonia	+0.69	753	<b>49.39</b>	+0.24
	50m: 23.54	100m: 49.39	(25.85)				
<b>3</b>	<b>Christian Groth Dyrkorn</b>	2001	Norway	+0.67	741	<b>49.64</b>	+0.49
	50m: 23.77	100m: 49.64	(25.87)				
<b>4</b>	<b>Erik Falk</b>	2003	Sweden	+0.72	735	<b>49.79</b>	+0.64
	50m: 23.94	100m: 49.79	(25.85)				
<b>4</b>	<b>Luukas Vainio</b>	2003	Finland	+0.64	735	<b>49.79</b>	+0.64
	50m: 24.07	100m: 49.79	(25.72)				
<b>6</b>	<b>Julius Backulis</b>	2000	Lithuania	+0.78	720	<b>50.13</b>	+0.98
	50m: 24.09	100m: 50.13	(26.04)				
<b>7</b>	<b>Símon Elías Statkevicius</b>	2003	Iceland	+0.65	701	<b>50.58</b>	+1.43
	50m: 24.37	100m: 50.58	(26.21)				
<b>8</b>	<b>Simon Moe</b>	2001	Norway	+0.68	682	<b>51.05</b>	+1.90
	50m: 24.64	100m: 51.05	(26.41)				

Event official at: 2021-12-04 18:26:59

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 36, 100m Freestyle Men Junior - Heat

NR 45.54 Stefan Nystrand 1981 Sweden (SWE) Stockholm (SWE) 2009-11-10  
 NJ 47.57 Kregor Zirk 1999 Estonia (EST) Kolding (DEN) 2017-12-09

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Bjørnar Grytnes Laskerud</b> 50m: 23.55	2004	Norway	+0.71	756	<b>49.33</b>	Q
2	<b>Andreas Sigvaldsen</b> 50m: 24.81	2006	Norway	+0.64	695	<b>50.72</b>	+1.39 Q
3	<b>Oscar Isberg</b> 50m: 24.69	2004	Denmark	+0.74	693	<b>50.77</b>	+1.44 Q
4	<b>Hans-Mikk Kuulpak</b> 50m: 24.09	2004	Estonia	+0.67	688	<b>50.89</b>	+1.56 Q
5	<b>Daniil Drozdov</b> 50m: 24.32	2004	Estonia	+0.64	687	<b>50.93</b>	+1.60 Q
6	<b>Helje Stadaas</b> 50m: 24.85	2004	Norway	+0.76	686	<b>50.94</b>	+1.61 -
7	<b>Philip Johan Abad Slotsvik</b> 50m: 24.49	2005	Norway	+0.72	674	<b>51.25</b>	+1.92 -
8	<b>Alexander Vergereau</b> 50m: 24.75	2004	Denmark	+0.71	669	<b>51.36</b>	+2.03 Q
9	<b>Tomas Lukminas</b> 50m: 24.93	2004	Lithuania	+0.71	658	<b>51.66</b>	+2.33 -
10	<b>Fannar Snævar Hauksson</b> 50m: 24.27	2004	Iceland	+0.66	657	<b>51.67</b>	+2.34 Q
11	<b>Matas Cinga</b> 50m: 24.81	2005	Lithuania	+0.73	657	<b>51.68</b>	+2.35 Q
12	<b>Davin Lindholm</b> 50m: 25.10	2004	Finland	+0.73	657	<b>51.69</b>	+2.36
13	<b>Nikita Ivanov</b> 50m: 25.05	2005	Estonia	+0.68	650	<b>51.86</b>	+2.53
14	<b>Kiril Stepanov</b> 50m: 24.98	2005	Lithuania	+0.70	648	<b>51.93</b>	+2.60
15	<b>Lars Kuljus</b> 50m: 25.18	2005	Estonia	+0.73	640	<b>52.13</b>	+2.80
16	<b>Georgi Goldberg</b> 50m: 24.53	2004	Estonia	+0.65	636	<b>52.24</b>	+2.91
17	<b>Viktor Svärd</b> 50m: 25.57	2005	Sweden	+0.68	630	<b>52.42</b>	+3.09
18	<b>Ajjuub Ezzat</b> 50m: 25.22	2005	Finland	+0.64	626	<b>52.53</b>	+3.20
19	<b>Casper Puggaard</b> 50m: 24.98	2005	Denmark	+0.67	625	<b>52.54</b>	+3.21
20	<b>Evaldas Babakinas</b> 50m: 25.43	2005	Lithuania	+0.80	612	<b>52.91</b>	+3.58
21	<b>Mattias Vool</b> 50m: 25.15	2005	Estonia	+0.69	610	<b>52.98</b>	+3.65
22	<b>Martin Tretjak</b> 50m: 26.26	2004	Lithuania	+0.68	593	<b>53.47</b>	+4.14

## Results

### Event 36, 100m Freestyle Men Junior - Heat

Rank	Name	Born Team	R.T.	FINA	Time	Diff
23	Mads Møller 50m: 25.87	2005 Denmark 100m: 53.50 (27.63)	+0.74	592	<b>53.50</b>	+4.17
24	Jere Hannuksela 50m: 25.97	2004 Finland 100m: 53.91 (27.94)	+0.65	579	<b>53.91</b>	+4.58
25	Juuso Pulkkinen 50m: 26.24	2004 Finland 100m: 53.93 (27.69)	+0.67	578	<b>53.93</b>	+4.60
26	Heini M. Askham 50m: 26.36	2006 Faroe Islands 100m: 55.14 (28.78)	+0.67	541	<b>55.14</b>	+5.81

Event official at: 2021-12-04 10:41:50

### Event 36, 100m Freestyle Men Senior - Heat

Rank	Name	Born Team	R.T.	FINA	Time	Diff
NR	45.54 Stefan Nystrand	1981 Sweden (SWE)			Stockholm (SWE)	2009-11-10
NJ	47.57 Gregor Zirk	1999 Estonia (EST)			Kolding (DEN)	2017-12-09
1	Marko-Matteus Langel 50m: 23.80	1999 Estonia 100m: 49.34 (25.54)	+0.71	755	<b>49.34</b>	Q
2	Erik Falk 50m: 24.19	2003 Sweden 100m: 49.82 (25.63)	+0.76	733	<b>49.82</b>	+0.48 Q
3	Erik Lihhatd 50m: 23.89	2003 Estonia 100m: 49.98 (26.09)	+0.69	726	<b>49.98</b>	+0.64 Q
4	Julius Backulis 50m: 24.31	2000 Lithuania 100m: 50.35 (26.04)	+0.81	711	<b>50.35</b>	+1.01 Q
5	Luukas Vainio 50m: 24.93	2003 Finland 100m: 50.64 (25.71)	+0.66	698	<b>50.64</b>	+1.30 Q
6	Christian Groth Dyrkorn 50m: 24.25	2001 Norway 100m: 50.69 (26.44)	+0.70	696	<b>50.69</b>	+1.35 Q
7	Simon Moe 50m: 24.57	2001 Norway 100m: 50.75 (26.18)	+0.69	694	<b>50.75</b>	+1.41 Q
8	Símon Elías Statkevicius 50m: 24.28	2003 Iceland 100m: 50.81 (26.53)	+0.67	691	<b>50.81</b>	+1.47 Q
9	John Brolin 50m: 24.77	2002 Sweden 100m: 51.06 (26.29)	+0.70	681	<b>51.06</b>	+1.72 -
10	Kasper Johnsen 50m: 24.72	2003 Denmark 100m: 51.39 (26.67)	+0.70	668	<b>51.39</b>	+2.05 -
11	Veeti Ruohutala 50m: 24.80	2001 Finland 100m: 51.47 (26.67)	+0.66	665	<b>51.47</b>	+2.13
12	Edvinas Cesnakas 50m: 24.92	2003 Lithuania 100m: 51.59 (26.67)	+0.69	661	<b>51.59</b>	+2.25
13	Rando Vainikk 50m: 24.85	2000 Estonia 100m: 51.76 (26.91)	+0.78	654	<b>51.76</b>	+2.42
14	Bartal E. Eidesgaard 50m: 24.94	2003 Faroe Islands 100m: 51.90 (26.96)	+0.72	649	<b>51.90</b>	+2.56
-	Jakob Strunge Nissen	2002 Denmark			<b>DNS</b>	

Event official at: 2021-12-04 10:41:50



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 37, 100m Breaststroke Women SB4-14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Saga Hållander</b>	2004	Sweden	+0.94	914	<b>1:22.34</b>	SB9
	50m: 37.53	100m: 1:22.34	(44.81)				
2	<b>Pórey Ísafold Magnúsdóttir</b>	1999	NPC-Iceland	+0.93	810	<b>1:27.12</b>	+4.78 SB14
	50m: 41.61	100m: 1:27.12	(45.51)				
3	<b>Thelma Björg Björnsdóttir</b>	1996	NPC-Iceland		740	<b>1:56.49</b>	+34.15 SB5
	50m: 52.68	100m: 1:56.49	(1:03.81)				
4	<b>Ida Andersson Wulf</b>	1998	Sweden		600	<b>1:57.69</b>	+35.35 SB6
	50m: 50.66	100m: 1:57.69	(1:07.03)				
5	<b>Camilla Bitz Witt</b>	2003	Denmark	+0.78	505	<b>1:40.72</b>	+18.38 SB9
	50m: 47.88	100m: 1:40.72	(52.84)				
-	<b>Karina Lauridsen</b>	1976	Denmark		997	<b>2:26.50</b>	+1:04.16 SB3 Out-of-competition
	50m: 1:10.25	100m: 2:26.50	(1:16.25)				

Event official at: 2021-12-04 18:33:15

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 38, 100m Breaststroke Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	1:03.74	Rikke Møller Pedersen	1989 Denmark (DEN)	Berlin (GER)		2013-08-10	
NJ	1:05.10	Emelie Fast	2004 Sweden (SWE)	Kazan (RUS)		2021-11-03	
1	<b>Olivia Klint Ipsa</b>	2005	Sweden	+0.75	762	<b>1:08.26</b>	
	50m: 31.98	100m: 1:08.26	(36.28)				
2	<b>Anna Munk Fuglsang</b>	2005	Denmark	+0.74	702	<b>1:10.14</b>	+1.88
	50m: 33.16	100m: 1:10.14	(36.98)				
3	<b>Karile Alisaukaite</b>	2008	Lithuania	+0.75	693	<b>1:10.45</b>	+2.19
	50m: 33.67	100m: 1:10.45	(36.78)				
4	<b>Viivi Sääntti</b>	2005	Finland	+0.74	687	<b>1:10.66</b>	+2.40
	50m: 33.39	100m: 1:10.66	(37.27)				
5	<b>June Selin</b>	2006	Norway	+0.72	682	<b>1:10.84</b>	+2.58
	50m: 33.56	100m: 1:10.84	(37.28)				
6	<b>Ida Skov Kragh</b>	2006	Denmark	+0.78	666	<b>1:11.40</b>	+3.14
	50m: 33.42	100m: 1:11.40	(37.98)				
7	<b>Jekaterina Vorontsova</b>	2005	Estonia	+0.80	656	<b>1:11.74</b>	+3.48
	50m: 33.50	100m: 1:11.74	(38.24)				
8	<b>Aiste Slatkeviciute</b>	2005	Lithuania	+0.71	653	<b>1:11.86</b>	+3.60
	50m: 33.68	100m: 1:11.86	(38.18)				

Event official at: 2021-12-04 18:40:18

### Event 38, 100m Breaststroke Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	1:03.74	Rikke Møller Pedersen	1989 Denmark (DEN)	Berlin (GER)		2013-08-10	
NJ	1:05.10	Emelie Fast	2004 Sweden (SWE)	Kazan (RUS)		2021-11-03	
1	<b>Hilja Schimmel</b>	2003	Sweden	+0.67	771	<b>1:08.00</b>	
	50m: 32.06	100m: 1:08.00	(35.94)				
2	<b>Anniina Murto</b>	2001	Finland	+0.69	750	<b>1:08.63</b>	+0.63
	50m: 31.69	100m: 1:08.63	(36.94)				
3	<b>Eva Kummen</b>	2001	Norway	+0.75	746	<b>1:08.73</b>	+0.73
	50m: 32.41	100m: 1:08.73	(36.32)				
4	<b>Saga Boråker</b>	2004	Sweden	+0.77	746	<b>1:08.75</b>	+0.75
	50m: 32.16	100m: 1:08.75	(36.59)				
5	<b>Silje Rongevær Slyngstadli</b>	2004	Norway	+0.74	732	<b>1:09.17</b>	+1.17
	50m: 32.06	100m: 1:09.17	(37.11)				
6	<b>Hanna Kareinen</b>	2000	Finland	+0.68	717	<b>1:09.65</b>	+1.65
	50m: 33.15	100m: 1:09.65	(36.50)				
7	<b>Marie Toompuu</b>	2004	Estonia	+0.68	638	<b>1:12.42</b>	+4.42
	50m: 33.26	100m: 1:12.42	(39.16)				

Event official at: 2021-12-04 18:40:18

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 38, 100m Breaststroke Women Junior - Heat

NR 1:03.74 Rikke Møller Pedersen 1989 Denmark (DEN) Berlin (GER) 2013-08-10  
NJ 1:05.10 Emelie Fast 2004 Sweden (SWE) Kazan (RUS) 2021-11-03

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Olivia Klint Ipsa</b>	2005	Sweden	+0.78	768	<b>1:08.09</b>	Q
	50m: 31.95	100m: 1:08.09	(36.14)				
2	<b>Anna Munk Fuglsang</b>	2005	Denmark	+0.75	685	<b>1:10.72</b>	+2.63 Q
	50m: 33.07	100m: 1:10.72	(37.65)				
3	<b>Karile Alisaukaite</b>	2008	Lithuania	+0.72	664	<b>1:11.46</b>	+3.37 Q
	50m: 33.84	100m: 1:11.46	(37.62)				
4	<b>June Selin</b>	2006	Norway	+0.74	664	<b>1:11.47</b>	+3.38 Q
	50m: 33.90	100m: 1:11.47	(37.57)				
5	<b>Viivi Sääntti</b>	2005	Finland	+0.68	663	<b>1:11.48</b>	+3.39 Q
	50m: 33.29	100m: 1:11.48	(38.19)				
6	<b>Ida Skov Kragh</b>	2006	Denmark	+0.78	653	<b>1:11.87</b>	+3.78 Q
	50m: 33.54	100m: 1:11.87	(38.33)				
7	<b>Jekaterina Vorontsova</b>	2005	Estonia	+0.79	635	<b>1:12.55</b>	+4.46 Q
	50m: 33.32	100m: 1:12.55	(39.23)				
8	<b>Aiste Slatkeviciute</b>	2005	Lithuania	+0.72	631	<b>1:12.68</b>	+4.59 Q
	50m: 33.92	100m: 1:12.68	(38.76)				
9	<b>Daniela Lietzén</b>	2006	Finland	+0.76	606	<b>1:13.67</b>	+5.58
	50m: 34.41	100m: 1:13.67	(39.26)				
10	<b>Eva Margrét Falsdóttir</b>	2005	Iceland	+0.78	597	<b>1:14.05</b>	+5.96
	50m: 35.02	100m: 1:14.05	(39.03)				
11	<b>Wilma Sundt</b>	2006	Finland	+0.79	588	<b>1:14.41</b>	+6.32
	50m: 35.30	100m: 1:14.41	(39.11)				
12	<b>Tuuli Pippuri</b>	2005	Finland	+0.85	584	<b>1:14.60</b>	+6.51
	50m: 35.09	100m: 1:14.60	(39.51)				
13	<b>Ute Viktoria Liu Yeung</b>	2007	Estonia	+0.72	549	<b>1:16.12</b>	+8.03
	50m: 35.14	100m: 1:16.12	(40.98)				
14	<b>Lea Osberg Højsted</b>	2008	Faroe Islands	+0.74	508	<b>1:18.11</b>	+10.02
	50m: 35.78	100m: 1:18.11	(42.33)				
15	<b>Alessandra Zaidentsal</b>	2008	Estonia	+0.77	496	<b>1:18.73</b>	+10.64
	50m: 36.78	100m: 1:18.73	(41.95)				

Event official at: 2021-12-04 10:48:13

### Event 38, 100m Breaststroke Women Senior - Heat

NR 1:03.74 Rikke Møller Pedersen 1989 Denmark (DEN) Berlin (GER) 2013-08-10  
NJ 1:05.10 Emelie Fast 2004 Sweden (SWE) Kazan (RUS) 2021-11-03

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Anniina Murto</b>	2001	Finland	+0.67	777	<b>1:07.82</b>	Q
	50m: 31.57	100m: 1:07.82	(36.25)				
2	<b>Eva Kummen</b>	2001	Norway	+0.75	749	<b>1:08.66</b>	+0.84 Q
	50m: 32.25	100m: 1:08.66	(36.41)				
3	<b>Silje Rongevær Slyngstadli</b>	2004	Norway	+0.76	725	<b>1:09.40</b>	+1.58 Q
	50m: 31.97	100m: 1:09.40	(37.43)				
4	<b>Hilja Schimmel</b>	2003	Sweden	+0.68	719	<b>1:09.58</b>	+1.76 Q
	50m: 32.54	100m: 1:09.58	(37.04)				



## Results

### Event 38, 100m Breaststroke Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
5	<b>Saga Boråker</b> 50m: 32.91	2004	Sweden	+0.79	693	<b>1:10.46</b>	+2.64 Q
6	<b>Hanna Kareinen</b> 50m: 32.65	2000	Finland	+0.67	689	<b>1:10.60</b>	+2.78 Q
7	<b>Rebekka Luoto</b> 50m: 32.78	2003	Finland	+0.75	687	<b>1:10.65</b>	+2.83 -
8	<b>Marie Toompuu</b> 50m: 33.63	2004	Estonia	+0.66	614	<b>1:13.34</b>	+5.52 Q

Event official at: 2021-12-04 10:48:13

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 39, 200m Butterfly Men Junior - Final

NR 1:50.62 Tomoe Zenimoto Hvas 2000 Norway (NOR) Napoli (ITA) 2021-09-19  
NJ 1:53.02 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-03

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mathias Christensen</b>	2004	Denmark	+0.74	629	<b>2:06.29</b>	
	50m: 27.45	100m: 1:00.04	(32.59)	150m: 1:33.82	(33.78)	200m: 2:06.29	(32.47)
2	<b>Nedas Giedraitis</b>	2004	Lithuania	+0.71	615	<b>2:07.25</b>	+0.96
	50m: 26.92	100m: 59.40	(32.48)	150m: 1:33.58	(34.18)	200m: 2:07.25	(33.67)
3	<b>Lassi Niemi</b>	2004	Finland	+0.75	612	<b>2:07.45</b>	+1.16
	50m: 28.12	100m: 1:00.27	(32.15)	150m: 1:33.84	(33.57)	200m: 2:07.45	(33.61)
3	<b>Emilis Atkociunas</b>	2005	Lithuania	+0.73	612	<b>2:07.45</b>	+1.16
	50m: 27.30	100m: 59.77	(32.47)	150m: 1:33.90	(34.13)	200m: 2:07.45	(33.55)

Event official at: 2021-12-04 18:48:15

### Event 39, 200m Butterfly Men Senior - Final

NR 1:50.62 Tomoe Zenimoto Hvas 2000 Norway (NOR) Napoli (ITA) 2021-09-19  
NJ 1:53.02 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-03

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Kasper Bonnichsen</b>	2002	Denmark	+0.69	784	<b>1:57.36</b>	
	50m: 26.28	100m: 55.81	(29.53)	150m: 1:26.18	(30.37)	200m: 1:57.36	(31.18)
2	<b>Dmitri Astrelin</b>	2003	Estonia	+0.74	577	<b>2:09.97</b>	+12.61
	50m: 27.98	100m: 1:00.48	(32.50)	150m: 1:34.28	(33.80)	200m: 2:09.97	(35.69)

Event official at: 2021-12-04 18:48:15

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 40, 4x100m Medley Women Junior - Timed Finals

Rank	Name	Age	Team	FINA	Doha (QAT)	2014-12-07 Time	Diff
NR	3:48.86	Denmark					
<b>1</b>	<b>Denmark JR</b>	16		755		<b>4:06.52</b>	
	Kristine Nilsson Norby	2005	0534AC	+0.64	30.36	1:02.41	1:02.41
	Anna Munk Fuglsang	2005	0538AI	+0.38	31.94	1:09.18	2:11.59
	Cecilie Carøe Helmark	2005	0502AL	+0.30	27.57	1:00.08	3:11.67
	Schastine Tabor	2005	0598AB	+0.42	26.22	54.85	4:06.52
<b>2</b>	<b>Sweden JR</b>	16		748		<b>4:07.27</b>	+0.75
	Alice Velden	2005	AO2405	+0.79	29.43	1:02.38	1:02.38
	Olivia Klint Ipsa	2005	AK0205	+0.63	32.09	1:08.53	2:10.91
	Mathilda Sandberg	2005	BR2805	+0.40	27.81	1:00.25	3:11.16
	Sofia Abrahamsson	2005	AB8605	+0.28	26.82	56.11	4:07.27
<b>3</b>	<b>Finland JR</b>	16		725		<b>4:09.91</b>	+3.39
	Vilma Leppähaara	2005	05A009	+0.65	29.92	1:01.94	1:01.94
	Viivi Sääntti	2005	05A161	+0.36	32.70	1:10.37	2:12.31
	Aino Hinkka	2005	05A066	+0.37	28.49	1:01.89	3:14.20
	Fia Stenman	2006	06A349	+0.14	25.83	55.71	4:09.91
<b>4</b>	<b>Norway JR</b>	16		714		<b>4:11.17</b>	+4.65
	Mathilie Jensen Flatli	2005	10267376	+0.58	30.06	1:02.69	1:02.69
	June Selin	2006	10286232	+0.41	33.23	1:11.04	2:13.73
	Amanda Malde Carlsen	2006	10287154	+0.16	27.92	1:01.47	3:15.20
	Susanne Steinnes	2005	10267646	+0.35	26.50	55.97	4:11.17
<b>5</b>	<b>Lithuania JR</b>	16		664		<b>4:17.30</b>	+10.78
	Auguste Jakstaite	2008		+0.68	31.77	1:06.11	1:06.11
	Karile Alisauskaite	2008		+0.32	33.97	1:11.78	2:17.89
	Radvile Kerseviciute	2005		+0.28	28.93	1:01.21	3:19.10
	Gabija Gailiusyte	2006		+0.78	27.90	58.20	4:17.30
<b>6</b>	<b>Estonia JR</b>	16		650		<b>4:19.11</b>	+12.59
	Karolin Rahamägi	2005		+0.66	31.93	1:07.46	1:07.46
	Jekaterina Vorontsova	2005		+0.24	32.79	1:11.24	2:18.70
	Kirke Madar	2007		+0.49	29.08	1:03.06	3:21.76
	Karolin Victoria Kotsar	2005		+0.31	27.23	57.35	4:19.11
<b>7</b>	<b>Faroe Island JR</b>	16		579		<b>4:29.25</b>	+22.73
	Elisabeth Erlendsdóttir	2005	AA405	+0.73	30.95	1:03.21	1:03.21
	Lea Osberg Højsted	2008	AA608	+0.28	35.38	1:17.05	2:20.26
	Jóhanna Ólavsdóttir	2007	AA407	+0.12	31.11	1:07.68	3:27.94
	Róa Trygvadóttir	2008	AB208	+0.23	29.00	1:01.31	4:29.25

Event official at: 2021-12-04 19:13:00

### Event 40, 4x100m Medley Women Senior - Timed Finals

Rank	Name	Age	Team	FINA	Doha (QAT)	2014-12-07 Time	Diff
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Datahandling: WinGrodan 2.9

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## Results

### Event 40, 4x100m Medley Women Senior - Timed Finals

Rank	Name	Age	Team			FINA	Time	Diff
<b>1</b>	<b>Norway SR</b>		20			777	<b>4:04.17</b>	
	Victoria Deona Bergeli	2003	10293993	+0.67	29.80	1:02.19	1:02.19	
	Eva Kummen	2001	10180022	+0.13	31.62	1:07.67	2:09.86	
	Helene Torsvik Lorentz	2004	10255991	+0.24	27.27	59.15	3:09.01	
	Malena Amelie Liskén	2003	10228430	+0.29	26.57	55.16	4:04.17	
<b>2</b>	<b>Finland SR</b>		24			773	<b>4:04.61</b>	+0.44
	Peppi Siirtola	2002	02A144	+0.56	29.23	1:00.43	1:00.43	
	Anniina Murto	2001	01A677	+0.34	31.40	1:07.48	2:07.91	
	Laura Mäki	1997	97A073	+0.27	27.89	1:01.14	3:09.05	
	Rebekka Luoto	2003	03A191	+0.37	26.86	55.56	4:04.61	
<b>3</b>	<b>Sweden SR</b>		20			745	<b>4:07.66</b>	+3.49
	Mollie Morfelt	2003	AG8803	+0.68	30.04	1:02.10	1:02.10	
	Hilja Schimmel	2003	AV3603	+0.47	31.99	1:08.19	2:10.29	
	Kristina Orban	2004	AS9804	+0.40	28.96	1:01.76	3:12.05	
	Alicia Lundblad	2001	AF6801	+0.12	26.19	55.61	4:07.66	
<b>4</b>	<b>Estonia SR</b>		22			705	<b>4:12.17</b>	+8.00
	Veronika Olem	2000		+0.59	30.04	1:02.70	1:02.70	
	Marie Toompuu	2004		+0.25	32.99	1:12.67	2:15.37	
	Alina Vedehhova	1999		+0.44	27.54	1:01.05	3:16.42	
	Laurika Lint	2002		+0.33	26.72	55.75	4:12.17	
<b>5</b>	<b>Denmark SR</b>		18			694	<b>4:13.54</b>	+9.37
	Martine Damborg	2007	0742AF	+0.65	30.61	1:03.51	1:03.51	
	Ida Skov Kragh	2006	0698AG	+0.42	32.96	1:11.87	2:15.38	
	Sofie Bruun Høvrving	2004	0408AB	+0.29	28.00	1:00.64	3:16.02	
	Mia Borgensgaard	2003	0368AT	+0.38	27.63	57.52	4:13.54	
<b>6</b>	<b>Iceland SR</b>		25			647	<b>4:19.53</b>	+15.36
	Steingerður Hauksdóttir	1996	0303962439	+0.60	30.38	1:04.51	1:04.51	
	Eva Margrét Falsdóttir	2005	050605-3020	+0.31	33.84	1:12.44	2:16.95	
	Kristín Helga Hákonardóttir	2004		+0.31	28.63	1:03.12	3:20.07	
	Freyja Birkisdóttir	2006		+0.42	28.34	59.46	4:19.53	
<b>7</b>	<b>Lithuania SR</b>		0			630	<b>4:21.78</b>	+17.61
	Stela Svencionyte	2008		+0.69	32.32	1:06.53	1:06.53	
	Aiste Slatkeviciute	2005		+0.51	33.39	1:11.67	2:18.20	
	Vyte Gelazyte	2007		+0.21	30.39	1:06.78	3:24.98	
	Patricija Kondraskaitė	2006		+0.04	27.03	56.80	4:21.78	

Event official at: 2021-12-04 19:13:00

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 41, 4x100m Medley Men Junior - Timed Finals

NR	3:28.03	Sweden					Windsor (CAN)	2016-12-11	
Rank	Name	Age	Team	FINA	Time	Diff			
<b>1</b>	<b>Denmark JR</b>	17		737	<b>3:40.40</b>				
	Robert E Falborg Pedersen	2005	0525AC	+0.57	27.07	56.17	56.17		
	Elias Marius Elsgaard	2004	0451AI	+0.14	28.70	1:01.44	1:57.61		
	Casper Puggaard	2005	0593AA	+0.35	24.15	52.91	2:50.52		
	Oscar Isberg	2004	0433AC	+0.34	23.75	49.88	3:40.40		
<b>2</b>	<b>Estonia JR</b>	17		733	<b>3:40.86</b>	+0.46			
	Alan Smok	2005		+0.61	26.56	54.93	54.93		
	Ralf Roose	2004		+0.45	28.42	1:01.64	1:56.57		
	Artur Tobler	2004		+0.46	25.05	54.19	2:50.76		
	Georg Filippov	2004		+0.27	23.85	50.10	3:40.86		
<b>3</b>	<b>Sweden JR</b>	17		700	<b>3:44.23</b>	+3.83			
	Adi Ramovic	2004	AG9304	+0.64	27.05	55.35	55.35		
	August Eriksson	2004	AC3104	+0.21	28.79	1:02.56	1:57.91		
	Alvin Välikki	2004	AE3504	+0.23	24.94	54.91	2:52.82		
	Viktor Svärd	2005	AC8305	+0.46	24.71	51.41	3:44.23		
<b>4</b>	<b>Lithuania JR</b>	17		688	<b>3:45.57</b>	+5.17			
	Kajus Stankevicius	2004		+0.62	26.79	55.65	55.65		
	Domantas Aleksinas	2004		+0.08	28.94	1:04.24	1:59.89		
	Nedas Giedraitis	2004		+0.56	25.54	55.61	2:55.50		
	Tomas Lukminas	2004		+0.29	23.76	50.07	3:45.57		
<b>5</b>	<b>Iceland JR</b>	17		676	<b>3:46.88</b>	+6.48			
	Fannar Snævar Hauksson	2004	070904-3140	+0.57	26.56	56.00	56.00		
	Daði Björnsson	2004	1701042108	+0.46	29.10	1:02.80	1:58.80		
	Birnir Freyr Hálfðánarsson	2006	2605062260	+0.50	25.90	55.58	2:54.38		
	Veigar Hrafn Sigþórsson	2005	1605053110	+0.49	25.11	52.50	3:46.88		
<b>6</b>	<b>Finland JR</b>	17		673	<b>3:47.22</b>	+6.82			
	Ajjuub Ezzat	2005	05A108	+0.63	27.59	57.86	57.86		
	Davin Lindholm	2004	04B010	+0.29	27.05	1:00.36	1:58.22		
	Lassi Niemi	2004	04A093	+0.33	25.80	56.21	2:54.43		
	Jere Hannuksela	2004	04A877	+0.10	24.47	52.79	3:47.22		
-	<b>Norway JR</b>	17					<b>DSQ</b>		
	Mathias Rike Holmann	2004	10277928	+0.60					
	Emil Austevoll Harlem	2005	10264654	+0.36					
	Andreas Sigvaldsen	2006	10284375	+0.32					
	Bjørnar Grytnes Laskerud	2004	10279920	-0.08					

Event official at: 2021-12-04 19:27:00

### Event 41, 4x100m Medley Men Senior - Timed Finals

NR	3:28.03	Sweden					Windsor (CAN)	2016-12-11	
Rank	Name	Age	Team	FINA	Time	Diff			

2021-12-06 00:48:24

Datahandling: WinGrodan 2.9

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## Results

### Event 41, 4x100m Medley Men Senior - Timed Finals

Rank	Name	Age	Team			FINA	Time	Diff
<b>1</b>	<b>Norway SR</b>	28				778	<b>3:36.53</b>	
	Simon Moe	2001	10183531	+0.67	26.52	54.42	54.42	
	Christoffer Tofte Haarsaker	1993	10059892	+0.32	27.52	58.33	1:52.75	
	Philip Johan Abad Slotsvik	2005	10313176	+0.44	24.72	54.69	2:47.44	
	Christian Groth Dyrkorn	2001	10185555	+0.30	23.23	49.09	3:36.53	
<b>2</b>	<b>Estonia SR</b>	22				753	<b>3:38.90</b>	+2.37
	Rando Vainikk	2000		+0.70	26.29	56.17	56.17	
	Mark Sovtsa	2001		+0.32	28.34	1:01.21	1:57.38	
	Marko-Matteus Langel	1999		+0.45	24.02	52.39	2:49.77	
	Erik Lihhatd	2003		+0.19	23.17	49.13	3:38.90	
<b>3</b>	<b>Denmark SR</b>	19				748	<b>3:39.35</b>	+2.82
	Kasper Johnsen	2003	0357AC	+0.60	26.48	54.22	54.22	
	Mathias Christensen	2004	0489AE	+0.34	29.62	1:02.35	1:56.57	
	Tobias Dan Hansen	2002	0243AC	+0.32	23.66	52.57	2:49.14	
	Jakob Strunge Nissen	2002	0291AC	+0.23	24.22	50.21	3:39.35	
<b>4</b>	<b>Finland SR</b>	21				745	<b>3:39.65</b>	+3.12
	Niki Karlsson	2000	00A065	+0.56	25.87	54.97	54.97	
	Roope Paatos	2002	02A108	+0.14	28.21	1:02.08	1:57.05	
	Veeti Ruohutula	2001	01A193	+0.45	24.09	53.63	2:50.68	
	Luukas Vainio	2003	03A099	+0.09	22.74	48.97	3:39.65	
<b>5</b>	<b>Lithuania SR</b>	25				716	<b>3:42.54</b>	+6.01
	Erikas Grigaitis	2002		+0.62	26.52	54.99	54.99	
	Eimantas Milius	1996		+0.24	28.77	1:02.19	1:57.18	
	Edvinas Cesnakas	2003		+0.43	26.22	55.68	2:52.86	
	Julius Backulis	2000		+0.47	23.32	49.68	3:42.54	
<b>6</b>	<b>Sweden SR</b>	26				709	<b>3:43.25</b>	+6.72
	William Barkehed	2003	AH3903	+0.70	28.24	58.47	58.47	
	Johannes Skagius	1995	AH8595	+0.39	27.30	59.13	1:57.60	
	John Brolin	2002	AB6302	+0.23	25.32	55.57	2:53.17	
	Erik Falk	2003	AL0103	+0.35	23.97	50.08	3:43.25	

Event official at: 2021-12-04 19:27:00

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 42, 400m Individual Medley Men - Final Junior

NR 4:02.85 Tomoe Zenimoto Hvas 2000 Norway (NOR) Napoli (ITA) 2021-09-10  
NJ 4:09.10 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Elias Marius Elsgaard	2004	Denmark	+0.71	696	<b>4:24.95</b>	
	50m: 27.28	100m: 58.71	(31.43)	150m: 1:34.28	(35.57)	200m: 2:09.24	(34.96)
	250m: 2:45.82	(36.58)	300m: 3:23.60	(37.78)	350m: 3:54.86	(31.26)	400m: 4:24.95 (30.09)
2	Emil Austevoll Harlem	2005	Norway	+0.67	694	<b>4:25.16</b>	+0.21
	50m: 27.87	100m: 1:00.31	(32.44)	150m: 1:33.74	(33.43)	200m: 2:06.95	(33.21)
	250m: 2:44.07	(37.12)	300m: 3:22.25	(38.18)	350m: 3:54.59	(32.34)	400m: 4:25.16 (30.57)
3	Davin Lindholm	2004	Finland	+0.78	675	<b>4:27.59</b>	+2.64
	50m: 27.50	100m: 59.34	(31.84)	150m: 1:35.95	(36.61)	200m: 2:11.32	(35.37)
	250m: 2:47.43	(36.11)	300m: 3:24.75	(37.32)	350m: 3:57.25	(32.50)	400m: 4:27.59 (30.34)
4	Veigar Hrafn Sigþórsson	2005	Iceland	+0.79	648	<b>4:31.32</b>	+6.37
	50m: 28.36	100m: 1:01.51	(33.15)	150m: 1:36.76	(35.25)	200m: 2:10.85	(34.09)
	250m: 2:51.02	(40.17)	300m: 3:31.72	(40.70)	350m: 4:02.40	(30.68)	400m: 4:31.32 (28.92)
5	Anton Hegmegi	2005	Sweden	+0.70	637	<b>4:32.86</b>	+7.91
	50m: 28.60	100m: 1:02.11	(33.51)	150m: 1:36.27	(34.16)	200m: 2:10.48	(34.21)
	250m: 2:48.74	(38.26)	300m: 3:27.38	(38.64)	350m: 4:00.29	(32.91)	400m: 4:32.86 (32.57)
6	Joona Kuitu	2004	Finland	+0.87	585	<b>4:40.65</b>	+15.70
	50m: 30.03	100m: 1:04.12	(34.09)	150m: 1:41.18	(37.06)	200m: 2:16.84	(35.66)
	250m: 2:57.20	(40.36)	300m: 3:37.58	(40.38)	350m: 4:10.07	(32.49)	400m: 4:40.65 (30.58)
7	Oskar Farkas	2005	Norway	+0.82	562	<b>4:44.41</b>	+19.46
	50m: 29.56	100m: 1:03.30	(33.74)	150m: 1:39.55	(36.25)	200m: 2:15.40	(35.85)
	250m: 2:58.93	(43.53)	300m: 3:43.03	(44.10)	350m: 4:14.75	(31.72)	400m: 4:44.41 (29.66)

Event official at: 2021-12-05 16:11:40

### Event 42, 400m Individual Medley Men - Final Senior

NR 4:02.85 Tomoe Zenimoto Hvas 2000 Norway (NOR) Napoli (ITA) 2021-09-10  
NJ 4:09.10 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Jesper Lietzén	2002	Finland	+0.71	745	<b>4:18.98</b>	
	50m: 27.50	100m: 59.83	(32.33)	150m: 1:33.06	(33.23)	200m: 2:05.59	(32.53)
	250m: 2:41.03	(35.44)	300m: 3:18.32	(37.29)	350m: 3:49.58	(31.26)	400m: 4:18.98 (29.40)
2	Tobias Moen Olsen	2002	Norway	+0.79	717	<b>4:22.23</b>	+3.25
	50m: 28.35	100m: 59.56	(31.21)	150m: 1:34.35	(34.79)	200m: 2:07.73	(33.38)
	250m: 2:45.36	(37.63)	300m: 3:23.70	(38.34)	350m: 3:53.67	(29.97)	400m: 4:22.23 (28.56)
3	John Brolin	2002	Sweden		705	<b>4:23.72</b>	+4.74
	50m: 28.54	100m: 1:01.56	(33.02)	150m: 1:38.37	(36.81)	200m: 2:13.67	(35.30)
	250m: 2:49.85	(36.18)	300m: 3:26.07	(36.22)	350m: 3:55.69	(29.62)	400m: 4:23.72 (28.03)
4	Mikael Söderberg	2003	Sweden	+0.66	638	<b>4:32.70</b>	+13.72
	50m: 29.32	100m: 1:03.17	(33.85)	150m: 1:39.34	(36.17)	200m: 2:13.91	(34.57)
	250m: 2:51.52	(37.61)	300m: 3:29.96	(38.44)	350m: 4:01.52	(31.56)	400m: 4:32.70 (31.18)

Event official at: 2021-12-05 16:11:40

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 42, 400m Individual Medley Men Junior - Heat

NR 4:02.85 Tomoe Zenimoto Hvas 2000 Norway (NOR) Napoli (ITA) 2021-09-10  
NJ 4:09.10 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Elias Marius Elsgaard	2004	Denmark	+0.71	654	<b>4:30.47</b>	Q
	50m: 27.77	100m: 1:00.10	(32.33)	150m: 1:36.65	(36.55)	200m: 2:12.71	(36.06)
	250m: 2:49.81	300m: 3:27.99	(38.18)	350m: 3:59.90	(31.91)	400m: 4:30.47	(30.57)
2	Emil Austevoll Harlem	2005	Norway	+0.70	638	<b>4:32.74</b>	+2.27 Q
	50m: 28.49	100m: 1:01.59	(33.10)	150m: 1:37.48	(35.89)	200m: 2:12.21	(34.73)
	250m: 2:49.73	300m: 3:27.81	(38.08)	350m: 4:01.29	(33.48)	400m: 4:32.74	(31.45)
3	Davin Lindholm	2004	Finland	+0.76	626	<b>4:34.46</b>	+3.99 Q
	50m: 28.06	100m: 1:00.57	(32.51)	150m: 1:37.58	(37.01)	200m: 2:13.21	(35.63)
	250m: 2:50.47	300m: 3:29.09	(38.62)	350m: 4:03.56	(34.47)	400m: 4:34.46	(30.90)
4	Anton Hegmegi	2005	Sweden	+0.72	624	<b>4:34.67</b>	+4.20 Q
	50m: 29.76	100m: 1:03.17	(33.41)	150m: 1:37.86	(34.69)	200m: 2:11.88	(34.02)
	250m: 2:49.99	300m: 3:28.66	(38.67)	350m: 4:02.16	(33.50)	400m: 4:34.67	(32.51)
5	Joona Kuitu	2004	Finland	+0.80	581	<b>4:41.32</b>	+10.85 Q
	50m: 30.08	100m: 1:04.16	(34.08)	150m: 1:41.10	(36.94)	200m: 2:17.00	(35.90)
	250m: 2:57.08	300m: 3:37.64	(40.56)	350m: 4:10.45	(32.81)	400m: 4:41.32	(30.87)
6	Veigar Hrafn Sigþórsson	2005	Iceland	+0.77	570	<b>4:43.17</b>	+12.70 Q
	50m: 29.17	100m: 1:03.88	(34.71)	150m: 1:40.44	(36.56)	200m: 2:15.95	(35.51)
	250m: 2:57.05	300m: 3:39.11	(42.06)	350m: 4:12.08	(32.97)	400m: 4:43.17	(31.09)
7	Taavi Backman	2004	Finland	+0.68	561	<b>4:44.67</b>	+14.20 -
	50m: 29.60	100m: 1:03.49	(33.89)	150m: 1:41.38	(37.89)	200m: 2:18.36	(36.98)
	250m: 2:58.59	300m: 3:39.68	(41.09)	350m: 4:12.76	(33.08)	400m: 4:44.67	(31.91)
8	Oskar Farkas	2005	Norway	+0.81	489	<b>4:57.91</b>	+27.44 Q
	50m: 30.60	100m: 1:06.57	(35.97)	150m: 1:46.44	(39.87)	200m: 2:24.88	(38.44)
	250m: 3:08.59	300m: 3:53.48	(44.89)	350m: 4:26.94	(33.46)	400m: 4:57.91	(30.97)

Event official at: 2021-12-05 09:10:19

### Event 42, 400m Individual Medley Men Senior - Heat

NR 4:02.85 Tomoe Zenimoto Hvas 2000 Norway (NOR) Napoli (ITA) 2021-09-10  
NJ 4:09.10 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Jesper Lietzén	2002	Finland	+0.73	643	<b>4:32.01</b>	Q
	50m: 28.01	100m: 1:00.81	(32.80)	150m: 1:36.26	(35.45)	200m: 2:11.03	(34.77)
	250m: 2:49.58	300m: 3:26.41	(36.83)	350m: 3:59.93	(33.52)	400m: 4:32.01	(32.08)
2	Jakob Strunge Nissen	2002	Denmark	+0.77	634	<b>4:33.20</b>	+1.19 -
	50m: 28.78	100m: 1:03.02	(34.24)	150m: 1:39.26	(36.24)	200m: 2:13.42	(34.16)
	250m: 2:51.52	300m: 3:30.87	(39.35)	350m: 4:02.40	(31.53)	400m: 4:33.20	(30.80)
3	Tobias Moen Olsen	2002	Norway	+0.80	609	<b>4:37.01</b>	+5.00 Q
	50m: 29.78	100m: 1:03.22	(33.44)	150m: 1:38.56	(35.34)	200m: 2:12.82	(34.26)
	250m: 2:51.85	300m: 3:31.24	(39.39)	350m: 4:04.77	(33.53)	400m: 4:37.01	(32.24)
4	John Brolin	2002	Sweden	+0.82	595	<b>4:39.03</b>	+7.02 Q
	50m: 29.63	100m: 1:04.79	(35.16)	150m: 1:41.73	(36.94)	200m: 2:17.39	(35.66)
	250m: 2:54.84	300m: 3:31.68	(36.84)	350m: 4:06.10	(34.42)	400m: 4:39.03	(32.93)
5	Mikael Söderberg	2003	Sweden	+0.66	589	<b>4:40.05</b>	+8.04 Q
	50m: 30.08	100m: 1:04.30	(34.22)	150m: 1:40.53	(36.23)	200m: 2:15.49	(34.96)
	250m: 2:55.17	300m: 3:34.67	(39.50)	350m: 4:07.97	(33.30)	400m: 4:40.05	(32.08)
6	Dmitri Astrelin	2003	Estonia	+0.71	547	<b>4:47.07</b>	+15.06 -
	50m: 29.26	100m: 1:03.48	(34.22)	150m: 1:40.18	(36.70)	200m: 2:15.99	(35.81)
	250m: 2:56.34	300m: 3:38.07	(41.73)	350m: 4:13.23	(35.16)	400m: 4:47.07	(33.84)

Event official at: 2021-12-05 09:10:19

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 43, 800m Freestyle Women Junior - Timed Finals

NR 8:04.61 Lotte Friis 1988 Denmark (DEN) Berlin (GER) 2009-11-14  
NJ 8:22.38 Lotte Friis 1988 Denmark (DEN) Vienna (AUT) 2004-12-10

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
<b>1</b>	<b>Ada Hakkarainen</b>	2005	Finland	+0.75	779	<b>8:40.94</b>	
	50m: 30.87	100m: 1:03.52	(32.65)	150m: 1:36.49	(32.97)	200m: 2:09.58	(33.09)
	250m: 2:42.13	300m: 3:14.88	(32.75)	350m: 3:47.63	(32.75)	400m: 4:20.27	(32.64)
	450m: 4:52.78	500m: 5:25.43	(32.65)	550m: 5:58.00	(32.57)	600m: 6:30.81	(32.81)
	650m: 7:03.48	700m: 7:36.35	(32.87)	750m: 8:09.09	(32.74)	800m: 8:40.94	(31.85)
<b>2</b>	<b>Thilda Häll</b>	2005	Sweden		763	<b>8:44.49</b>	+3.55
	50m: 30.06	100m: 1:02.64	(32.58)	150m: 1:35.56	(32.92)	200m: 2:08.45	(32.89)
	250m: 2:41.02	300m: 3:14.06	(33.04)	350m: 3:47.02	(32.96)	400m: 4:20.12	(33.10)
	450m: 4:52.91	500m: 5:25.89	(33.98)	550m: 5:58.91	(33.02)	600m: 6:31.87	(32.96)
	650m: 7:05.18	700m: 7:38.69	(33.51)	750m: 8:12.05	(33.36)	800m: 8:44.49	(32.44)
<b>3</b>	<b>Andrea Sædberg Clementsen</b>	2005	Norway	+0.78	708	<b>8:57.75</b>	+16.81
	50m: 31.03	100m: 1:03.73	(32.70)	150m: 1:37.05	(33.32)	200m: 2:10.84	(33.79)
	250m: 2:44.79	300m: 3:18.77	(33.98)	350m: 3:52.91	(34.14)	400m: 4:27.01	(34.10)
	450m: 5:01.07	500m: 5:34.99	(33.92)	550m: 6:09.02	(34.03)	600m: 6:43.04	(34.02)
	650m: 7:17.26	700m: 7:51.35	(34.09)	750m: 8:25.20	(33.85)	800m: 8:57.75	(32.55)
<b>4</b>	<b>Freyja Birkisdóttir</b>	2006	Iceland	+0.83	698	<b>9:00.32</b>	+19.38
	50m: 30.25	100m: 1:03.49	(33.24)	150m: 1:36.48	(32.99)	200m: 2:10.08	(33.60)
	250m: 2:43.71	300m: 3:17.59	(33.88)	350m: 3:51.89	(34.30)	400m: 4:26.42	(34.53)
	450m: 5:01.11	500m: 5:35.41	(34.30)	550m: 6:10.00	(34.59)	600m: 6:43.85	(34.85)
	650m: 7:18.92	700m: 7:53.06	(34.14)	750m: 8:27.38	(34.32)	800m: 9:00.32	(32.94)
<b>5</b>	<b>Haide Nikelis</b>	2006	Lithuania	+0.80	660	<b>9:10.29</b>	+29.35
	50m: 32.09	100m: 1:06.13	(34.04)	150m: 1:40.78	(34.65)	200m: 2:15.31	(34.53)
	250m: 2:50.14	300m: 3:25.19	(35.05)	350m: 3:59.96	(34.77)	400m: 4:34.82	(34.86)
	450m: 5:09.38	500m: 5:44.36	(34.98)	550m: 6:19.21	(34.85)	600m: 6:54.00	(34.79)
	650m: 7:28.91	700m: 8:03.71	(34.80)	750m: 8:38.44	(34.73)	800m: 9:10.29	(31.85)
<b>6</b>	<b>Sara Larsen</b>	2006	Norway	+0.87	660	<b>9:10.36</b>	+29.42
	50m: 32.18	100m: 1:06.02	(33.84)	150m: 1:40.48	(34.46)	200m: 2:14.79	(34.31)
	250m: 2:49.86	300m: 3:24.77	(34.91)	350m: 3:59.43	(34.66)	400m: 4:34.14	(34.71)
	450m: 5:08.92	500m: 5:43.80	(34.88)	550m: 6:18.62	(34.82)	600m: 6:53.53	(34.91)
	650m: 7:28.19	700m: 8:02.92	(34.73)	750m: 8:37.16	(34.24)	800m: 9:10.36	(33.20)
<b>7</b>	<b>Sunneva Bergmann Ásbjörnsd</b>	2007	Iceland	+0.78	645	<b>9:14.65</b>	+33.71
	50m: 31.34	100m: 1:05.43	(34.09)	150m: 1:40.43	(35.00)	200m: 2:15.58	(35.15)
	250m: 2:50.72	300m: 3:25.62	(34.90)	350m: 4:00.91	(35.29)	400m: 4:36.26	(35.35)
	450m: 5:11.51	500m: 5:46.44	(34.93)	550m: 6:21.34	(34.90)	600m: 6:56.18	(34.84)
	650m: 7:31.15	700m: 8:06.50	(35.35)	750m: 8:41.48	(34.98)	800m: 9:14.65	(33.17)
<b>8</b>	<b>Katja Lilja Andriyásdóttir</b>	2006	Iceland	+0.71	628	<b>9:19.71</b>	+38.77
	50m: 30.59	100m: 1:03.99	(33.40)	150m: 1:38.29	(34.30)	200m: 2:13.17	(34.88)
	250m: 2:48.37	300m: 3:23.64	(35.27)	350m: 3:58.94	(35.30)	400m: 4:34.49	(35.55)
	450m: 5:10.28	500m: 5:46.07	(35.79)	550m: 6:21.89	(35.82)	600m: 6:57.42	(35.53)
	650m: 7:33.45	700m: 8:09.52	(36.07)	750m: 8:45.54	(36.02)	800m: 9:19.71	(34.17)
<b>9</b>	<b>Britt Raudsepp</b>	2007	Estonia	+0.81	626	<b>9:20.25</b>	+39.31
	50m: 30.89	100m: 1:05.08	(34.19)	150m: 1:40.49	(35.41)	200m: 2:15.94	(35.45)
	250m: 2:51.04	300m: 3:26.09	(35.05)	350m: 4:01.59	(35.50)	400m: 4:37.48	(35.89)
	450m: 5:13.49	500m: 5:49.13	(35.64)	550m: 6:24.84	(35.71)	600m: 7:00.24	(35.40)
	650m: 7:35.83	700m: 8:11.39	(35.56)	750m: 8:46.89	(35.50)	800m: 9:20.25	(33.36)
<b>10</b>	<b>Ida Skov Kragh</b>	2006	Denmark	+0.75	611	<b>9:24.72</b>	+43.78
	50m: 30.40	100m: 1:04.05	(33.65)	150m: 1:38.95	(34.90)	200m: 2:14.55	(35.60)
	250m: 2:50.12	300m: 3:25.85	(35.73)	350m: 4:01.82	(35.97)	400m: 4:37.97	(36.15)
	450m: 5:14.54	500m: 5:51.01	(36.47)	550m: 6:26.95	(35.94)	600m: 7:03.06	(36.11)
	650m: 7:39.25	700m: 8:15.12	(35.87)	750m: 8:50.33	(35.21)	800m: 9:24.72	(34.39)

# Results

## Event 43, 800m Freestyle Women Junior - Timed Finals

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
<b>11</b>	<b>Maarja Katherine Link</b>	2006	Estonia	+0.78	577	<b>9:35.68</b>	+54.74
	50m: 31.92	100m: 1:07.48	(35.56)	150m: 1:43.79	(36.31)	200m: 2:20.44	(36.65)
	250m: 2:57.00	300m: 3:33.59	(36.59)	350m: 4:09.98	(36.39)	400m: 4:46.59	(36.61)
	450m: 5:23.05	500m: 5:59.73	(36.68)	550m: 6:36.08	(36.35)	600m: 7:12.64	(36.56)
	650m: 7:48.81	700m: 8:25.03	(36.22)	750m: 9:01.34	(36.31)	800m: 9:35.68	(34.34)
<b>12</b>	<b>Laura Tammik</b>	2005	Estonia	+0.77	574	<b>9:36.76</b>	+55.82
	50m: 31.25	100m: 1:06.33	(35.08)	150m: 1:42.43	(36.10)	200m: 2:18.91	(36.48)
	250m: 2:55.66	300m: 3:32.62	(36.96)	350m: 4:09.42	(36.80)	400m: 4:46.57	(37.15)
	450m: 5:23.23	500m: 6:00.12	(36.89)	550m: 6:36.66	(36.54)	600m: 7:13.20	(36.54)
	650m: 7:50.16	700m: 8:27.08	(36.92)	750m: 9:03.47	(36.39)	800m: 9:36.76	(33.29)
<b>13</b>	<b>Mirtel-Madlen Siimar</b>	2007	Estonia	+0.83	524	<b>9:54.25</b>	+1:13.31
	50m: 32.78	100m: 1:08.84	(36.06)	150m: 1:46.18	(37.34)	200m: 2:23.85	(37.67)
	250m: 3:01.48	300m: 3:39.52	(38.04)	350m: 4:17.77	(38.25)	400m: 4:55.36	(37.59)
	450m: 5:33.12	500m: 6:11.02	(37.90)	550m: 6:48.91	(37.89)	600m: 7:26.85	(37.94)
	650m: 8:04.59	700m: 8:42.36	(37.77)	750m: 9:19.78	(37.42)	800m: 9:54.25	(34.47)
<b>14</b>	<b>Auste Backeviciute</b>	2006	Lithuania	+0.73	512	<b>9:58.90</b>	+1:17.96
	50m: 31.81	100m: 1:06.94	(35.13)	150m: 1:42.85	(35.91)	200m: 2:19.22	(36.37)
	250m: 2:55.32	300m: 3:32.59	(37.27)	350m: 4:09.04	(36.45)	400m: 4:46.13	(37.09)
	450m: 5:22.31	500m: 6:00.06	(37.75)	550m: 6:38.01	(37.95)	600m: 7:16.88	(38.87)
	650m: 7:57.55	700m: 8:37.19	(39.64)	750m: 9:17.62	(40.43)	800m: 9:58.90	(41.28)

Event official at: 2021-12-05 16:23:00

## Event 43, 800m Freestyle Women Senior - Timed Finals

NR	8:04.61	Lotte Friis	1988	Denmark (DEN)	Berlin (GER)	2009-11-14	
NJ	8:22.38	Lotte Friis	1988	Denmark (DEN)	Vienna (AUT)	2004-12-10	
Rank	Name	Born	Team	R.T.	FINA	Time	Diff
<b>1</b>	<b>Sofie Theophil Petersen</b>	2003	Denmark	+0.79	811	<b>8:33.90</b>	
	50m: 29.72	100m: 1:02.18	(32.46)	150m: 1:34.84	(32.66)	200m: 2:07.10	(32.26)
	250m: 2:39.87	300m: 3:12.34	(32.47)	350m: 3:44.61	(32.27)	400m: 4:17.05	(32.44)
	450m: 4:48.92	500m: 5:21.13	(32.21)	550m: 5:53.64	(32.51)	600m: 6:26.01	(32.37)
	650m: 6:58.37	700m: 7:30.61	(32.24)	750m: 8:02.84	(32.23)	800m: 8:33.90	(31.06)
<b>2</b>	<b>Uliana Gorlova</b>	2003	Norway	+0.73	776	<b>8:41.49</b>	+7.59
	50m: 30.15	100m: 1:02.40	(32.25)	150m: 1:34.69	(32.29)	200m: 2:07.17	(32.48)
	250m: 2:39.75	300m: 3:12.49	(32.74)	350m: 3:45.14	(32.65)	400m: 4:18.02	(32.88)
	450m: 4:51.01	500m: 5:24.05	(33.04)	550m: 5:57.07	(33.02)	600m: 6:30.21	(33.14)
	650m: 7:03.53	700m: 7:36.74	(33.21)	750m: 8:09.83	(33.09)	800m: 8:41.49	(31.66)
<b>3</b>	<b>Caroline Wiuff Jensen</b>	2004	Denmark	+0.89	736	<b>8:50.79</b>	+16.89
	50m: 30.79	100m: 1:03.98	(33.19)	150m: 1:37.19	(33.21)	200m: 2:10.62	(33.43)
	250m: 2:44.16	300m: 3:17.62	(33.46)	350m: 3:51.38	(33.76)	400m: 4:24.97	(33.59)
	450m: 4:58.38	500m: 5:31.75	(33.37)	550m: 6:05.13	(33.38)	600m: 6:38.56	(33.43)
	650m: 7:11.95	700m: 7:45.29	(33.34)	750m: 8:18.78	(33.49)	800m: 8:50.79	(32.01)
<b>4</b>	<b>Rebekka Luoto</b>	2003	Finland	+0.74	725	<b>8:53.36</b>	+19.46
	50m: 30.11	100m: 1:02.93	(32.82)	150m: 1:36.15	(33.22)	200m: 2:09.61	(33.46)
	250m: 2:43.19	300m: 3:16.64	(33.45)	350m: 3:50.12	(33.48)	400m: 4:23.72	(33.60)
	450m: 4:57.15	500m: 5:30.76	(33.61)	550m: 6:04.32	(33.56)	600m: 6:38.27	(33.95)
	650m: 7:12.10	700m: 7:46.05	(33.95)	750m: 8:20.51	(34.46)	800m: 8:53.36	(32.85)
<b>5</b>	<b>Moa Holmquist</b>	2004	Sweden	+0.77	698	<b>9:00.29</b>	+26.39
	50m: 30.73	100m: 1:04.10	(33.37)	150m: 1:37.89	(33.79)	200m: 2:11.80	(33.91)
	250m: 2:45.91	300m: 3:20.19	(34.28)	350m: 3:54.54	(34.35)	400m: 4:28.99	(34.45)
	450m: 5:03.38	500m: 5:37.81	(34.43)	550m: 6:11.95	(34.14)	600m: 6:46.05	(34.10)
	650m: 7:20.10	700m: 7:54.22	(34.12)	750m: 8:27.62	(33.40)	800m: 9:00.29	(32.67)
<b>6</b>	<b>Elis Treital</b>	2004	Estonia	+0.79	535	<b>9:50.35</b>	+1:16.45
	50m: 32.06	100m: 1:07.56	(35.50)	150m: 1:43.93	(36.37)	200m: 2:20.28	(36.35)
	250m: 2:56.74	300m: 3:33.74	(37.00)	350m: 4:10.72	(36.98)	400m: 4:48.30	(37.58)
	450m: 5:25.13	500m: 6:02.95	(37.82)	550m: 6:40.78	(37.83)	600m: 7:18.62	(37.84)
	650m: 7:56.67	700m: 8:34.87	(38.20)	750m: 9:13.01	(38.14)	800m: 9:50.35	(37.34)
-	<b>Petra Ansaranta</b>	2004	Finland			<b>DNS</b>	
-	<b>Mari-Liis Maas</b>	2004	Estonia			<b>DNS</b>	



## Results

### Event 43, 800m Freestyle Women Senior - Timed Finals

Rank	Name	Born Team	R.T.	FINA	Time	Diff
-	Eyðrið Mortensen	2003 Faroe Islands			DNS	

Event official at: 2021-12-05 16:23:00



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 44, 100m Butterfly Women S8-14 - Para Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	<b>Pernilla Lindberg</b>	1994 Sweden	+0.79	896	<b>1:10.43</b>	S14
	50m: 32.96	100m: 1:10.43 (37.47)				
2	<b>Jenna Rajahalme</b>	2002 Finland	+0.73	603	<b>1:16.96</b>	+6.53 S10
	50m: 35.02	100m: 1:16.96 (41.94)				
3	<b>Þórey Ísafold Magnúsdóttir</b>	1999 NPC-Iceland	+0.89	571	<b>1:21.25</b>	+10.82 S14
	50m: 37.06	100m: 1:21.25 (44.19)				

Event official at: 2021-12-05 09:35:04



# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 45, 100m Butterfly Women - Final Junior

NR 54.61 Sarah Sjöström 1993 Sweden (SWE) Doha (QAT) 2014-12-07  
NJ 56.42 Sarah Sjöström 1993 Sweden (SWE) Istanbul (TUR) 2009-12-12

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Cecilie Carøe Helmark</b>	2005	Denmark	+0.70	720	<b>1:00.92</b>	
	50m: 28.27	100m: 1:00.92	(32.65)				
2	<b>Martine Damborg</b>	2007	Denmark		704	<b>1:01.37</b>	+0.45
	50m: 28.64	100m: 1:01.37	(32.73)				
3	<b>Mathilda Sandberg</b>	2005	Sweden	+0.69	699	<b>1:01.51</b>	+0.59
	50m: 28.52	100m: 1:01.51	(32.99)				
4	<b>Radvile Kerseviciute</b>	2005	Lithuania	+0.69	682	<b>1:02.03</b>	+1.11
	50m: 28.74	100m: 1:02.03	(33.29)				
5	<b>Sofia Abrahamsson</b>	2005	Sweden	+0.75	671	<b>1:02.37</b>	+1.45
	50m: 28.70	100m: 1:02.37	(33.67)				
6	<b>Aino Hinkka</b>	2005	Finland	+0.77	662	<b>1:02.63</b>	+1.71
	50m: 29.15	100m: 1:02.63	(33.48)				
7	<b>Amanda Malde Carlsen</b>	2006	Norway	+0.66	647	<b>1:03.13</b>	+2.21
	50m: 29.18	100m: 1:03.13	(33.95)				
8	<b>Kirke Madar</b>	2007	Estonia	+0.59	630	<b>1:03.69</b>	+2.77
	50m: 29.40	100m: 1:03.69	(34.29)				

Event official at: 2021-12-05 16:30:42

### Event 45, 100m Butterfly Women - Final Senior

NR 54.61 Sarah Sjöström 1993 Sweden (SWE) Doha (QAT) 2014-12-07  
NJ 56.42 Sarah Sjöström 1993 Sweden (SWE) Istanbul (TUR) 2009-12-12

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Alina Vedehhova</b>	1999	Estonia	+0.74	755	<b>59.96</b>	
	50m: 27.38	100m: 59.96	(32.58)				
2	<b>Helene Torsvik Lorentz</b>	2004	Norway	+0.77	752	<b>1:00.04</b>	+0.08
	50m: 28.34	100m: 1:00.04	(31.70)				
3	<b>Sofie Bruun Høvring</b>	2004	Denmark	+0.72	728	<b>1:00.69</b>	+0.73
	50m: 28.52	100m: 1:00.69	(32.17)				
4	<b>Mia Borgensgaard</b>	2003	Denmark	+0.77	697	<b>1:01.59</b>	+1.63
	50m: 29.26	100m: 1:01.59	(32.33)				
5	<b>Kristina Orban</b>	2004	Sweden	+0.71	685	<b>1:01.95</b>	+1.99
	50m: 28.85	100m: 1:01.95	(33.10)				
6	<b>Laura Mäki</b>	1997	Finland		673	<b>1:02.29</b>	+2.33
	50m: 29.03	100m: 1:02.29	(33.26)				
7	<b>Lotta Pälsi</b>	2004	Finland	+0.72	592	<b>1:05.01</b>	+5.05
	50m: 30.43	100m: 1:05.01	(34.58)				
8	<b>Heleri Zirk</b>	2004	Estonia	+0.74	552	<b>1:06.56</b>	+6.60
	50m: 30.44	100m: 1:06.56	(36.12)				

Event official at: 2021-12-05 16:30:42



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 45, 100m Butterfly Women Junior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	54.61 Sarah Sjöström	1993	Sweden (SWE)	Doha (QAT)		2014-12-07	
NJ	56.42 Sarah Sjöström	1993	Sweden (SWE)	Istanbul (TUR)		2009-12-12	
<b>1</b>	<b>Mathilda Sandberg</b>	2005	Sweden	+0.73	687	<b>1:01.86</b>	Q
	50m: 29.38	100m: 1:01.86	(32.48)				
<b>2</b>	<b>Cecilie Carøe Helmark</b>	2005	Denmark	+0.71	680	<b>1:02.10</b>	+0.24 Q
	50m: 29.04	100m: 1:02.10	(33.06)				
<b>3</b>	<b>Martine Damborg</b>	2007	Denmark	+0.71	673	<b>1:02.29</b>	+0.43 Q
	50m: 29.13	100m: 1:02.29	(33.16)				
<b>4</b>	<b>Radvile Kerseviciute</b>	2005	Lithuania	+0.72	670	<b>1:02.38</b>	+0.52 Q
	50m: 29.32	100m: 1:02.38	(33.06)				
<b>5</b>	<b>Aino Hinkka</b>	2005	Finland	+0.75	658	<b>1:02.76</b>	+0.90 Q
	50m: 29.16	100m: 1:02.76	(33.60)				
<b>5</b>	<b>Amanda Malde Carlsen</b>	2006	Norway	+0.69	658	<b>1:02.76</b>	+0.90 Q
	50m: 29.18	100m: 1:02.76	(33.58)				
<b>7</b>	<b>Sofia Abrahamsson</b>	2005	Sweden	+0.70	657	<b>1:02.80</b>	+0.94 Q
	50m: 29.03	100m: 1:02.80	(33.77)				
<b>8</b>	<b>Kirke Madar</b>	2007	Estonia	+0.61	628	<b>1:03.77</b>	+1.91 Q
	50m: 29.79	100m: 1:03.77	(33.98)				
<b>9</b>	<b>Wilma Sundt</b>	2006	Finland	+0.80	585	<b>1:05.27</b>	+3.41
	50m: 30.77	100m: 1:05.27	(34.50)				
<b>10</b>	<b>Vyte Gelazyte</b>	2007	Lithuania	+0.76	565	<b>1:06.02</b>	+4.16
	50m: 30.78	100m: 1:06.02	(35.24)				
<b>11</b>	<b>Miriam Jürisoo</b>	2008	Estonia	+0.65	559	<b>1:06.26</b>	+4.40
	50m: 30.35	100m: 1:06.26	(35.91)				
<b>12</b>	<b>Jóhanna Ólavsdóttir</b>	2007	Faroe Islands	+0.75	508	<b>1:08.42</b>	+6.56
	50m: 31.96	100m: 1:08.42	(36.46)				

Event official at: 2021-12-05 09:40:34

### Event 45, 100m Butterfly Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	54.61 Sarah Sjöström	1993	Sweden (SWE)	Doha (QAT)		2014-12-07	
NJ	56.42 Sarah Sjöström	1993	Sweden (SWE)	Istanbul (TUR)		2009-12-12	
<b>1</b>	<b>Helene Torsvik Lorentz</b>	2004	Norway	+0.78	740	<b>1:00.36</b>	Q
	50m: 28.49	100m: 1:00.36	(31.87)				
<b>2</b>	<b>Sofie Bruun Høvring</b>	2004	Denmark	+0.70	728	<b>1:00.69</b>	+0.33 Q
	50m: 28.31	100m: 1:00.69	(32.38)				
<b>3</b>	<b>Laura Mäki</b>	1997	Finland	+0.69	691	<b>1:01.76</b>	+1.40 Q
	50m: 28.92	100m: 1:01.76	(32.84)				
<b>4</b>	<b>Kristina Orban</b>	2004	Sweden	+0.70	681	<b>1:02.07</b>	+1.71 Q
	50m: 28.63	100m: 1:02.07	(33.44)				
<b>5</b>	<b>Mia Borgensgaard</b>	2003	Denmark	+0.78	669	<b>1:02.43</b>	+2.07 Q
	50m: 29.25	100m: 1:02.43	(33.18)				
<b>6</b>	<b>Alina Vedehhova</b>	1999	Estonia	+0.78	653	<b>1:02.94</b>	+2.58 Q
	50m: 28.62	100m: 1:02.94	(34.32)				
<b>7</b>	<b>Victoria Deona Bergeli</b>	2003	Norway	+0.69	645	<b>1:03.19</b>	+2.83 -
	50m: 29.66	100m: 1:03.19	(33.53)				



## Results

### Event 45, 100m Butterfly Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
8	Lotta Pälsi	2004	Finland	+0.70	619	<b>1:04.07</b>	+3.71 Q
	50m: 29.75	100m: 1:04.07	(34.32)				
9	Heleri Zirk	2004	Estonia	+0.71	564	<b>1:06.09</b>	+5.73 Q
	50m: 30.12	100m: 1:06.09	(35.97)				

Event official at: 2021-12-05 09:40:34

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 47, 50m Butterfly Men - Final

NR	22.51	Daniel Zaitsev	1997 Estonia (EST)	Kazan (RUS)	2021-11-06	
NJ	22.79	Rasmus Nickelsen	2003 Denmark (DEN)	Aarhus (DEN)	2020-12-06	
Rank	Name	Born	Team	R.T. FINA	Time	Diff
1	<b>Tobias Dan Hansen</b>	2002	Denmark	+0.67 763	<b>23.80</b>	
2	<b>Veeti Ruohtula</b>	2001	Finland	+0.66 746	<b>23.98</b>	+0.18
3	<b>Casper Puggaard</b>	2005	Denmark	721	<b>24.25</b>	+0.45
4	<b>Símon Elías Statkevicius</b>	2003	Iceland	+0.64 688	<b>24.63</b>	+0.83
5	<b>Bjørnar Grytnes Laskerud</b>	2004	Norway	+0.72 667	<b>24.89</b>	+1.09
6	<b>Nedas Giedraitis</b>	2004	Lithuania	+0.70 657	<b>25.01</b>	+1.21
7	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.67 652	<b>25.08</b>	+1.28
8	<b>Fannar Snævar Hauksson</b>	2004	Iceland	+0.64 639	<b>25.25</b>	+1.45

Event official at: 2021-12-05 16:33:05

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 47, 50m Butterfly Men - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	22.51	Daniel Zaitsev	1997 Estonia (EST)	Kazan (RUS)		2021-11-06	
NJ	22.79	Rasmus Nickelsen	2003 Denmark (DEN)	Aarhus (DEN)		2020-12-06	
1	<b>Tobias Dan Hansen</b>	2002	Denmark	+0.67	796	<b>23.46</b>	Q
2	<b>Veeti Ruohtula</b>	2001	Finland	+0.68	730	<b>24.15</b>	+0.69 Q
3	<b>Casper Puggaard</b>	2005	Denmark	+0.69	696	<b>24.54</b>	+1.08 Q
4	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.64	663	<b>24.94</b>	+1.48 Q
5	<b>Bjørnar Grytnes Laskerud</b>	2004	Norway	+0.71	659	<b>24.99</b>	+1.53 Q
6	<b>Símon Elías Statkevicius</b>	2003	Iceland	+0.69	657	<b>25.01</b>	+1.55 Q
7	<b>Nedas Giedraitis</b>	2004	Lithuania	+0.71	656	<b>25.02</b>	+1.56 Q
8	<b>Fannar Snævar Hauksson</b>	2004	Iceland	+0.66	648	<b>25.13</b>	+1.67 Q
9	<b>Daniil Drozdov</b>	2004	Estonia	+0.63	643	<b>25.19</b>	+1.73
10	<b>Philip Johan Abad Slotsvik</b>	2005	Norway	+0.70	639	<b>25.24</b>	+1.78
11	<b>Artur Tobler</b>	2004	Estonia	+0.63	639	<b>25.25</b>	+1.79
12	<b>Alvin Väلكki</b>	2004	Sweden	+0.65	633	<b>25.33</b>	+1.87
13	<b>Birnir Freyr Hálfðánarsson</b>	2006	Iceland	+0.64	631	<b>25.35</b>	+1.89
14	<b>Emilis Atkociunas</b>	2005	Lithuania	+0.74	619	<b>25.51</b>	+2.05
15	<b>Mark Sovtsa</b>	2001	Estonia	+0.69	612	<b>25.61</b>	+2.15
15	<b>Julius Backulis</b>	2000	Lithuania	+0.82	612	<b>25.61</b>	+2.15
17	<b>Dmitri Astrelin</b>	2003	Estonia	+0.70	599	<b>25.79</b>	+2.33
18	<b>Sander Kiær Sørensen</b>	2007	Norway	+0.68	589	<b>25.94</b>	+2.48
19	<b>Martin Tretjak</b>	2004	Lithuania	+0.68	583	<b>26.03</b>	+2.57
20	<b>Snorri Dagur Einarsson</b>	2005	Iceland	+0.66	568	<b>26.26</b>	+2.80
21	<b>Jere Hannuksela</b>	2004	Finland	+0.63	544	<b>26.63</b>	+3.17
22	<b>Kiril Stepanov</b>	2005	Lithuania	+0.67	542	<b>26.67</b>	+3.21
23	<b>Juuso Pulkkinen</b>	2004	Finland	+0.65	475	<b>27.86</b>	+4.40

Event official at: 2021-12-05 09:44:21

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 48, 200m Backstroke Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	2:03.26	Michelle Coleman	1993 Sweden (SWE)	Stockholm (SWE)		2014-11-22	
NJ	2:05.61	Pernille Larsen	1992 Denmark (DEN)	Kastrup (DEN)		2009-04-19	
<b>1</b>	<b>Kristine Nilsson Norby</b>	2005	Denmark	+0.60	727	<b>2:12.22</b>	
	50m: 31.49	100m: 1:05.05	(33.56)	150m: 1:38.62	(33.57)	200m: 2:12.22	(33.60)
<b>2</b>	<b>Fenja Romanski</b>	2005	Denmark	+0.67	699	<b>2:14.00</b>	+1.78
	50m: 31.56	100m: 1:05.21	(33.65)	150m: 1:39.94	(34.73)	200m: 2:14.00	(34.06)
<b>3</b>	<b>Elisabeth Erlendsdóttir</b>	2005	Faroe Islands	+0.67	694	<b>2:14.29</b>	+2.07
	50m: 32.03	100m: 1:06.15	(34.12)	150m: 1:40.90	(34.75)	200m: 2:14.29	(33.39)
<b>4</b>	<b>Vilma Leppähaara</b>	2005	Finland	+0.66	690	<b>2:14.54</b>	+2.32
	50m: 31.37	100m: 1:05.25	(33.88)	150m: 1:39.53	(34.28)	200m: 2:14.54	(35.01)
<b>5</b>	<b>Mathilie Jensen Flatli</b>	2005	Norway	+0.60	638	<b>2:18.14</b>	+5.92
	50m: 30.53	100m: 1:04.42	(33.89)	150m: 1:41.33	(36.91)	200m: 2:18.14	(36.81)
<b>6</b>	<b>Alice Velden</b>	2005	Sweden	+0.69	629	<b>2:18.81</b>	+6.59
	50m: 31.22	100m: 1:05.59	(34.37)	150m: 1:42.10	(36.51)	200m: 2:18.81	(36.71)
<b>7</b>	<b>Loreen Ulp</b>	2006	Estonia	+0.64	576	<b>2:22.92</b>	+10.70
	50m: 32.31	100m: 1:07.79	(35.48)	150m: 1:44.97	(37.18)	200m: 2:22.92	(37.95)
<b>8</b>	<b>Karolin Rahamägi</b>	2005	Estonia	+0.68	573	<b>2:23.20</b>	+10.98
	50m: 33.01	100m: 1:09.10	(36.09)	150m: 1:46.43	(37.33)	200m: 2:23.20	(36.77)

Event official at: 2021-12-05 16:42:49

### Event 48, 200m Backstroke Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	2:03.26	Michelle Coleman	1993 Sweden (SWE)	Stockholm (SWE)		2014-11-22	
NJ	2:05.61	Pernille Larsen	1992 Denmark (DEN)	Kastrup (DEN)		2009-04-19	
<b>1</b>	<b>Vilma Oora</b>	2001	Finland	+0.67	717	<b>2:12.87</b>	
	50m: 31.88	100m: 1:05.09	(33.21)	150m: 1:38.75	(33.66)	200m: 2:12.87	(34.12)
<b>2</b>	<b>Veronika Olem</b>	2000	Estonia	+0.64	696	<b>2:14.19</b>	+1.32
	50m: 31.13	100m: 1:04.72	(33.59)	150m: 1:39.22	(34.50)	200m: 2:14.19	(34.97)
<b>3</b>	<b>Mollie Morfelt</b>	2003	Sweden	+0.64	680	<b>2:15.23</b>	+2.36
	50m: 31.46	100m: 1:05.62	(34.16)	150m: 1:40.53	(34.91)	200m: 2:15.23	(34.70)
<b>4</b>	<b>Laura-Liis Valdmaa</b>	2004	Estonia	+0.82	668	<b>2:16.02</b>	+3.15
	50m: 31.19	100m: 1:05.20	(34.01)	150m: 1:40.93	(35.73)	200m: 2:16.02	(35.09)
<b>5</b>	<b>Petra Ansaranta</b>	2004	Finland	+0.68	648	<b>2:17.44</b>	+4.57
	50m: 31.54	100m: 1:05.90	(34.36)	150m: 1:41.37	(35.47)	200m: 2:17.44	(36.07)
<b>6</b>	<b>Caroline Wiuff Jensen</b>	2004	Denmark	+0.74	628	<b>2:18.82</b>	+5.95
	50m: 32.91	100m: 1:07.22	(34.31)	150m: 1:43.41	(36.19)	200m: 2:18.82	(35.41)

Event official at: 2021-12-05 16:42:49

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 48, 200m Backstroke Women Junior - Heat

NR 2:03.26 Michelle Coleman 1993 Sweden (SWE) Stockholm (SWE) 2014-11-22  
NJ 2:05.61 Pernille Larsen 1992 Denmark (DEN) Kastrup (DEN) 2009-04-19

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Fenja Romanski	2005	Denmark	+0.69	708	<b>2:13.40</b>	Q
	50m: 31.76	100m: 1:05.44	(33.68)	150m: 1:39.82	(34.38)	200m: 2:13.40	(33.58)
2	Kristine Nilsson Norby	2005	Denmark	+0.64	696	<b>2:14.20</b>	+0.80 Q
	50m: 31.89	100m: 1:05.23	(33.34)	150m: 1:39.54	(34.31)	200m: 2:14.20	(34.66)
3	Elisabeth Erlendsdóttir	2005	Faroe Islands	+0.69	673	<b>2:15.69</b>	+2.29 Q
	50m: 31.96	100m: 1:06.76	(34.80)	150m: 1:41.47	(34.71)	200m: 2:15.69	(34.22)
4	Rikke Friis Kanstrup	2006	Denmark	+0.63	664	<b>2:16.27</b>	+2.87 -
	50m: 32.51	100m: 1:07.07	(34.56)	150m: 1:42.31	(35.24)	200m: 2:16.27	(33.96)
5	Vilma Leppähaara	2005	Finland	+0.67	652	<b>2:17.16</b>	+3.76 Q
	50m: 32.44	100m: 1:07.17	(34.73)	150m: 1:42.01	(34.84)	200m: 2:17.16	(35.15)
6	Mathilie Jensen Flatli	2005	Norway	+0.59	624	<b>2:19.15</b>	+5.75 Q
	50m: 31.68	100m: 1:06.43	(34.75)	150m: 1:42.38	(35.95)	200m: 2:19.15	(36.77)
7	Mathilde Møller	2007	Denmark	+0.67	604	<b>2:20.69</b>	+7.29 -
	50m: 32.55	100m: 1:07.98	(35.43)	150m: 1:44.28	(36.30)	200m: 2:20.69	(36.41)
8	Alice Velden	2005	Sweden	+0.68	587	<b>2:22.02</b>	+8.62 Q
	50m: 32.43	100m: 1:08.75	(36.32)	150m: 1:45.72	(36.97)	200m: 2:22.02	(36.30)
9	Loreen Ulp	2006	Estonia	+0.62	581	<b>2:22.47</b>	+9.07 Q
	50m: 33.58	100m: 1:09.85	(36.27)	150m: 1:46.49	(36.64)	200m: 2:22.47	(35.98)
10	Karolin Rahamägi	2005	Estonia	+0.67	574	<b>2:23.07</b>	+9.67 Q
	50m: 33.17	100m: 1:08.98	(35.81)	150m: 1:46.62	(37.64)	200m: 2:23.07	(36.45)
11	Stela Svencionyte	2008	Lithuania	+0.74	572	<b>2:23.23</b>	+9.83
	50m: 33.52	100m: 1:09.74	(36.22)	150m: 1:47.10	(37.36)	200m: 2:23.23	(36.13)
12	Auguste Jakstaite	2008	Lithuania	+0.68	571	<b>2:23.35</b>	+9.95
	50m: 34.34	100m: 1:11.12	(36.78)	150m: 1:47.89	(36.77)	200m: 2:23.35	(35.46)
13	Violanta Gurjanova	2006	Estonia	+0.68	539	<b>2:26.06</b>	+12.66
	50m: 34.27	100m: 1:11.69	(37.42)	150m: 1:49.48	(37.79)	200m: 2:26.06	(36.58)
-	Aino Hinkka	2005	Finland			<b>DNS</b>	

Event official at: 2021-12-05 09:56:15

### Event 48, 200m Backstroke Women Senior - Heat

NR 2:03.26 Michelle Coleman 1993 Sweden (SWE) Stockholm (SWE) 2014-11-22  
NJ 2:05.61 Pernille Larsen 1992 Denmark (DEN) Kastrup (DEN) 2009-04-19

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Veronika Olem	2000	Estonia	+0.63	675	<b>2:15.57</b>	Q
	50m: 31.80	100m: 1:06.66	(34.86)	150m: 1:42.04	(35.38)	200m: 2:15.57	(33.53)
2	Laura-Liis Valdmaa	2004	Estonia	+0.68	661	<b>2:16.54</b>	+0.97 Q
	50m: 31.30	100m: 1:06.33	(35.03)	150m: 1:41.24	(34.91)	200m: 2:16.54	(35.30)
3	Hanna Grete Vutt	2003	Estonia	+0.66	659	<b>2:16.65</b>	+1.08 -
	50m: 32.54	100m: 1:07.68	(35.14)	150m: 1:42.36	(34.68)	200m: 2:16.65	(34.29)
4	Caroline Wiuff Jensen	2004	Denmark	+0.79	644	<b>2:17.68</b>	+2.11 Q
	50m: 33.12	100m: 1:07.76	(34.64)	150m: 1:42.76	(35.00)	200m: 2:17.68	(34.92)
5	Petra Ansaranta	2004	Finland	+0.67	637	<b>2:18.17</b>	+2.60 Q
	50m: 32.63	100m: 1:07.40	(34.77)	150m: 1:42.70	(35.30)	200m: 2:18.17	(35.47)
6	Mari-Liis Maas	2004	Estonia	+0.70	633	<b>2:18.50</b>	+2.93 -
	50m: 32.85	100m: 1:08.24	(35.39)	150m: 1:43.72	(35.48)	200m: 2:18.50	(34.78)



## Results

### Event 48, 200m Backstroke Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
7	<b>Mollie Morfelt</b>	2003	Sweden	+0.65	611	<b>2:20.13</b>	+4.56 Q
	50m: 32.85	100m: 1:08.54	(35.69)	150m: 1:44.80	(36.26)	200m: 2:20.13	(35.33)
8	<b>Vilma Oura</b>	2001	Finland	+0.69	604	<b>2:20.68</b>	+5.11 Q
	50m: 33.13	100m: 1:08.07	(34.94)	150m: 1:43.90	(35.83)	200m: 2:20.68	(36.78)

Event official at: 2021-12-05 09:56:15

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 49, 100m Backstroke Men S1-2+S6-14 - Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Alexander Hillhouse</b>	2004	Denmark	+0.57	1008	<b>1:00.73</b>	S14
	50m: 29.10	100m: 1:00.73	(31.63)				
2	<b>Nader Khalili</b>	2001	Finland	+0.67	941	<b>1:03.42</b>	+2.69 S14
	50m: 30.87	100m: 1:03.42	(32.55)				
3	<b>Tobias Klasson</b>	2000	Sweden	+0.62	835	<b>1:06.98</b>	+6.25 S14
	50m: 30.98	100m: 1:06.98	(36.00)				
4	<b>Guðfinnur Karlsson</b>	1988	NPC-Iceland	+0.64	412	<b>1:24.00</b>	+23.27 S11
	50m: 42.66	100m: 1:24.00	(41.34)				
5	<b>Niklas Andersson</b>	1988	Sweden	+0.84	357	<b>1:31.41</b>	+30.68 S7
	50m: 43.30	100m: 1:31.41	(48.11)				
6	<b>Jakob Heeb</b>	2001	Denmark	+0.73	301	<b>1:24.00</b>	+23.27 S9
	50m: 40.36	100m: 1:24.00	(43.64)				
7	<b>Marcus Haus</b>	1995	Norway	+0.81	176	<b>1:27.55</b>	+26.82 S14
	50m: 42.16	100m: 1:27.55	(45.39)				
8	<b>Ilmari Laitala</b>	2003	Finland	+0.78	112	<b>1:38.55</b>	+37.82 S8
	50m: 47.44	100m: 1:38.55	(51.11)				

Event official at: 2021-12-05 16:48:11



# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 50, 100m Backstroke Men - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	51.02	Markus Lie	1995 Norway (NOR)	Berlin (GER)			2017-08-07
NJ	51.36	Kregor Zirk	1999 Estonia (EST)	Kolding (DEN)			2016-12-09
<b>1</b>	<b>Alan Smok</b>	2005	Estonia	+0.57	688	<b>54.74</b>	
	50m: 26.64	100m: 54.74	(28.10)				
<b>2</b>	<b>Mathias Rike Holmann</b>	2004	Norway	+0.65	683	<b>54.87</b>	+0.13
	50m: 26.97	100m: 54.87	(27.90)				
<b>3</b>	<b>Mads Møller</b>	2005	Denmark	+0.79	672	<b>55.17</b>	+0.43
	50m: 27.04	100m: 55.17	(28.13)				
<b>4</b>	<b>Adi Ramovic</b>	2004	Sweden	+0.59	662	<b>55.43</b>	+0.69
	50m: 26.93	100m: 55.43	(28.50)				
<b>5</b>	<b>Evaldas Babakinas</b>	2005	Lithuania	+0.66	643	<b>55.99</b>	+1.25
	50m: 27.15	100m: 55.99	(28.84)				
<b>6</b>	<b>Erik Magnus Evensrud</b>	2005	Norway	+0.83	633	<b>56.26</b>	+1.52
	50m: 27.68	100m: 56.26	(28.58)				
<b>7</b>	<b>Robert E Falborg Pedersen</b>	2005	Denmark	+0.55	623	<b>56.57</b>	+1.83
	50m: 27.45	100m: 56.57	(29.12)				
<b>8</b>	<b>Kajus Stankevicius</b>	2004	Lithuania	+0.64	611	<b>56.95</b>	+2.21
	50m: 27.21	100m: 56.95	(29.74)				

Event official at: 2021-12-05 16:54:33

### Event 50, 100m Backstroke Men - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	51.02	Markus Lie	1995 Norway (NOR)	Berlin (GER)			2017-08-07
NJ	51.36	Kregor Zirk	1999 Estonia (EST)	Kolding (DEN)			2016-12-09
<b>1</b>	<b>Niki Karlsson</b>	2000	Finland	+0.56	717	<b>53.98</b>	
	50m: 26.02	100m: 53.98	(27.96)				
<b>2</b>	<b>Kasper Johnsen</b>	2003	Denmark	+0.61	702	<b>54.37</b>	+0.39
	50m: 26.50	100m: 54.37	(27.87)				
<b>3</b>	<b>Jakob Strunge Nissen</b>	2002	Denmark	+0.57	686	<b>54.79</b>	+0.81
	50m: 26.85	100m: 54.79	(27.94)				
<b>4</b>	<b>Simon Moe</b>	2001	Norway	+0.69	675	<b>55.08</b>	+1.10
	50m: 26.82	100m: 55.08	(28.26)				
<b>5</b>	<b>Erikas Grigaitis</b>	2002	Lithuania	+0.61	670	<b>55.22</b>	+1.24
	50m: 26.69	100m: 55.22	(28.53)				
<b>6</b>	<b>Aku Kaila</b>	2003	Finland	+0.60	645	<b>55.91</b>	+1.93
	50m: 27.40	100m: 55.91	(28.51)				
<b>7</b>	<b>Eimantas Milius</b>	1996	Lithuania	+0.57	641	<b>56.04</b>	+2.06
	50m: 26.89	100m: 56.04	(29.15)				
<b>8</b>	<b>Rando Vainikk</b>	2000	Estonia	+0.71	590	<b>57.61</b>	+3.63
	50m: 27.68	100m: 57.61	(29.93)				

Event official at: 2021-12-05 16:54:33

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 50, 100m Backstroke Men Junior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	51.02	Markus Lie	1995 Norway (NOR)	Berlin (GER)			2017-08-07
NJ	51.36	Kregor Zirk	1999 Estonia (EST)	Kolding (DEN)			2016-12-09
<b>1</b>	<b>Alan Smok</b>	2005	Estonia	+0.54	659	<b>55.51</b>	Q
	50m: 26.85	100m: 55.51	(28.66)				
<b>2</b>	<b>Mads Møller</b>	2005	Denmark	+0.71	651	<b>55.74</b>	+0.23 Q
	50m: 27.17	100m: 55.74	(28.57)				
<b>3</b>	<b>Mathias Rike Holmann</b>	2004	Norway	+0.60	643	<b>55.97</b>	+0.46 Q
	50m: 27.55	100m: 55.97	(28.42)				
<b>4</b>	<b>Robert E Falborg Pedersen</b>	2005	Denmark	+0.58	626	<b>56.48</b>	+0.97 Q
	50m: 27.65	100m: 56.48	(28.83)				
<b>5</b>	<b>Adi Ramovic</b>	2004	Sweden	+0.64	624	<b>56.53</b>	+1.02 Q
	50m: 27.28	100m: 56.53	(29.25)				
<b>6</b>	<b>Erik Magnus Evensrud</b>	2005	Norway	+0.78	623	<b>56.58</b>	+1.07 Q
	50m: 27.58	100m: 56.58	(29.00)				
<b>7</b>	<b>Kajus Stankevicius</b>	2004	Lithuania	+0.63	619	<b>56.70</b>	+1.19 Q
	50m: 27.42	100m: 56.70	(29.28)				
<b>8</b>	<b>Evaldas Babakinas</b>	2005	Lithuania	+0.66	616	<b>56.79</b>	+1.28 Q
	50m: 27.29	100m: 56.79	(29.50)				
<b>9</b>	<b>Tristan Tsopp</b>	2004	Estonia	+0.63	610	<b>56.97</b>	+1.46
	50m: 27.41	100m: 56.97	(29.56)				
<b>10</b>	<b>Casper Puggaard</b>	2005	Denmark	+0.61	606	<b>57.10</b>	+1.59
	50m: 27.39	100m: 57.10	(29.71)				
<b>11</b>	<b>Tomas Lukminas</b>	2004	Lithuania	+0.56	604	<b>57.17</b>	+1.66
	50m: 27.71	100m: 57.17	(29.46)				
<b>12</b>	<b>Lars Kuljus</b>	2005	Estonia	+0.61	575	<b>58.09</b>	+2.58
	50m: 28.33	100m: 58.09	(29.76)				
<b>13</b>	<b>Ajjuub Ezzat</b>	2005	Finland	+0.57	569	<b>58.30</b>	+2.79
	50m: 27.84	100m: 58.30	(30.46)				
-	<b>Helje Stadaas</b>	2004	Norway			<b>DNS</b>	

Event official at: 2021-12-05 10:02:00

### Event 50, 100m Backstroke Men Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	51.02	Markus Lie	1995 Norway (NOR)	Berlin (GER)			2017-08-07
NJ	51.36	Kregor Zirk	1999 Estonia (EST)	Kolding (DEN)			2016-12-09
<b>1</b>	<b>Jakob Strunge Nissen</b>	2002	Denmark	+0.66	678	<b>55.00</b>	Q
	50m: 27.15	100m: 55.00	(27.85)				
<b>2</b>	<b>Kasper Johnsen</b>	2003	Denmark	+0.57	669	<b>55.24</b>	+0.24 Q
	50m: 26.77	100m: 55.24	(28.47)				
<b>2</b>	<b>Niki Karlsson</b>	2000	Finland	+0.63	669	<b>55.24</b>	+0.24 Q
	50m: 27.21	100m: 55.24	(28.03)				
<b>4</b>	<b>Erikas Grigaitis</b>	2002	Lithuania	+0.61	657	<b>55.59</b>	+0.59 Q
	50m: 27.05	100m: 55.59	(28.54)				
<b>5</b>	<b>Eimantas Milius</b>	1996	Lithuania	+0.59	656	<b>55.62</b>	+0.62 Q
	50m: 26.91	100m: 55.62	(28.71)				
<b>6</b>	<b>Edvinas Cesnakas</b>	2003	Lithuania	+0.65	652	<b>55.72</b>	+0.72 -
	50m: 27.00	100m: 55.72	(28.72)				



## Results

### Event 50, 100m Backstroke Men Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
7	<b>Simon Moe</b>	2001	Norway	+0.69	650	<b>55.78</b>	+0.78 Q
	50m: 27.44	100m: 55.78	(28.34)				
8	<b>Aku Kaila</b>	2003	Finland	+0.64	604	<b>57.16</b>	+2.16 Q
	50m: 27.81	100m: 57.16	(29.35)				
9	<b>Rando Vainikk</b>	2000	Estonia	+0.68	602	<b>57.23</b>	+2.23 Q
	50m: 27.40	100m: 57.23	(29.83)				

Event official at: 2021-12-05 10:02:00



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 51, 50m Breaststroke Women SB1-3 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Karina Lauridsen	1976	Denmark		619	1:08.10	SB3
2	Lova Johansson	2004	Sweden			2:27.43	+1:19.33 SB3

Event official at: 2021-12-05 10:06:22

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 52, 50m Breaststroke Women - Final

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	29.54	Jenna Laukanen	1995 Finland (FIN)				Copenhagen (DEN) 2017-12-13
NJ	30.27	Sophie Hansson	1998 Sweden (SWE)				Netanya (ISR) 2015-12-12
<b>1</b>	<b>Silje Rongevær Slyngstadli</b>	2004	Norway	+0.75	787	<b>30.93</b>	
<b>2</b>	<b>Schastine Tabor</b>	2005	Denmark		761	<b>31.27</b>	+0.34
<b>3</b>	<b>Anniina Murto</b>	2001	Finland	+0.66	758	<b>31.31</b>	+0.38
<b>4</b>	<b>Olivia Klint Ipsa</b>	2005	Sweden	+0.65	741	<b>31.55</b>	+0.62
<b>5</b>	<b>Hilja Schimmel</b>	2003	Sweden	+0.68	720	<b>31.86</b>	+0.93
<b>6</b>	<b>Hanna Kareinen</b>	2000	Finland	+0.64	710	<b>32.00</b>	+1.07
<b>7</b>	<b>Eva Kummen</b>	2001	Norway	+0.74	705	<b>32.08</b>	+1.15
<b>8</b>	<b>Anna Munk Fuglsang</b>	2005	Denmark	+0.77	689	<b>32.33</b>	+1.40

Event official at: 2021-12-05 16:57:15

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 52, 50m Breaststroke Women - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	29.54	Jenna Laukanen	1995 Finland (FIN)	Copenhagen (DEN)		2017-12-13	
NJ	30.27	Sophie Hansson	1998 Sweden (SWE)	Netanya (ISR)		2015-12-12	
<b>1</b>	<b>Silje Rongevær Slyngstadli</b>	2004	Norway	+0.74	763	<b>31.25</b>	Q
<b>2</b>	<b>Anniina Murto</b>	2001	Finland	+0.69	744	<b>31.51</b>	+0.26 Q
<b>3</b>	<b>Schastine Tabor</b>	2005	Denmark	+0.70	734	<b>31.66</b>	+0.41 Q
<b>4</b>	<b>Eva Kummen</b>	2001	Norway	+0.74	721	<b>31.84</b>	+0.59 Q
<b>5</b>	<b>Hilja Schimmel</b>	2003	Sweden	+0.69	718	<b>31.88</b>	+0.63 Q
<b>6</b>	<b>Olivia Klint Ipsa</b>	2005	Sweden	+0.74	716	<b>31.91</b>	+0.66 Q
<b>7</b>	<b>Saga Boråker</b>	2004	Sweden	+0.77	712	<b>31.97</b>	+0.72 -
<b>8</b>	<b>Anna Munk Fuglsang</b>	2005	Denmark	+0.73	711	<b>31.99</b>	+0.74 Q
<b>9</b>	<b>Hanna Kareinen</b>	2000	Finland	+0.67	706	<b>32.06</b>	+0.81 Q
<b>10</b>	<b>Jekaterina Vorontsova</b>	2005	Estonia	+0.78	675	<b>32.55</b>	+1.30
<b>11</b>	<b>Viivi Sääntti</b>	2005	Finland	+0.71	657	<b>32.85</b>	+1.60
<b>11</b>	<b>Aiste Slatkeviciute</b>	2005	Lithuania	+0.68	657	<b>32.85</b>	+1.60
<b>13</b>	<b>June Selin</b>	2006	Norway	+0.72	651	<b>32.95</b>	+1.70
<b>14</b>	<b>Elisabet Mätlik</b>	2002	Estonia	+0.71	640	<b>33.14</b>	+1.89
<b>15</b>	<b>Karile Alisaukaite</b>	2008	Lithuania	+0.71	635	<b>33.22</b>	+1.97
<b>16</b>	<b>Lea Osberg Højsted</b>	2008	Faroe Islands	+0.73	492	<b>36.16</b>	+4.91

Event official at: 2021-12-05 10:09:26

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 53, 200m Breaststroke Men - Final Junior

NR 2:01.65 Anton McKee 1993 Iceland (ISL) Budapest (HUN) 2020-11-01  
NJ 2:07.49 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-04

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mathias Christensen</b>	2004	Denmark	+0.72	729	<b>2:13.50</b>	
	50m: 30.67	100m: 1:04.51	(33.84)	150m: 1:38.76	(34.25)	200m: 2:13.50	(34.74)
2	<b>Ralf Roose</b>	2004	Estonia	+0.65	717	<b>2:14.20</b>	+0.70
	50m: 30.60	100m: 1:04.84	(34.24)	150m: 1:40.00	(35.16)	200m: 2:14.20	(34.20)
3	<b>Davin Lindholm</b>	2004	Finland	+0.80	687	<b>2:16.15</b>	+2.65
	50m: 30.38	100m: 1:05.19	(34.81)	150m: 1:40.81	(35.62)	200m: 2:16.15	(35.34)
4	<b>Magnus Kobbevik Mikalsen</b>	2004	Norway		685	<b>2:16.27</b>	+2.77
	50m: 30.93	100m: 1:05.61	(34.68)	150m: 1:40.80	(35.19)	200m: 2:16.27	(35.47)
4	<b>Tobias Rosengaard</b>	2005	Denmark	+0.64	685	<b>2:16.27</b>	+2.77
	50m: 31.06	100m: 1:05.45	(34.39)	150m: 1:41.24	(35.79)	200m: 2:16.27	(35.03)
6	<b>Jorven Nopponen</b>	2005	Estonia	+0.64	659	<b>2:18.07</b>	+4.57
	50m: 30.94	100m: 1:06.22	(35.28)	150m: 1:42.12	(35.90)	200m: 2:18.07	(35.95)
7	<b>August Eriksson</b>	2004	Sweden	+0.71	650	<b>2:18.66</b>	+5.16
	50m: 31.07	100m: 1:05.79	(34.72)	150m: 1:41.56	(35.77)	200m: 2:18.66	(37.10)
8	<b>Emil Austevoll Harlem</b>	2005	Norway	+0.65	634	<b>2:19.84</b>	+6.34
	50m: 30.92	100m: 1:06.32	(35.40)	150m: 1:42.83	(36.51)	200m: 2:19.84	(37.01)

Event official at: 2021-12-05 17:06:07

### Event 53, 200m Breaststroke Men - Final Senior

NR 2:01.65 Anton McKee 1993 Iceland (ISL) Budapest (HUN) 2020-11-01  
NJ 2:07.49 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-04

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Christoffer Tofte Haarsaker</b>	1993	Norway	+0.70	702	<b>2:15.17</b>	
	50m: 27.53	100m: 58.84	(31.31)	150m: 1:40.21	(41.37)	200m: 2:15.17	(34.96)
2	<b>Mark Sovtsa</b>	2001	Estonia	+0.72	671	<b>2:17.19</b>	+2.02
	50m: 30.33	100m: 1:05.29	(34.96)	150m: 1:41.17	(35.88)	200m: 2:17.19	(36.02)

Event official at: 2021-12-05 17:06:07

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 53, 200m Breaststroke Men Junior - Heat

NR 2:01.65 Anton McKee 1993 Iceland (ISL) Budapest (HUN) 2020-11-01  
NJ 2:07.49 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-04

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mathias Christensen</b>	2004	Denmark	+0.73	728	<b>2:13.56</b>	Q
	50m: 30.75	100m: 1:04.40	(33.65)	150m: 1:38.66	(34.26)	200m: 2:13.56	(34.90)
2	<b>Ralf Roose</b>	2004	Estonia	+0.71	667	<b>2:17.48</b>	+3.92 Q
	50m: 31.39	100m: 1:07.03	(35.64)	150m: 1:42.39	(35.36)	200m: 2:17.48	(35.09)
3	<b>Magnus Kobbevik Mikalsen</b>	2004	Norway	+0.75	666	<b>2:17.53</b>	+3.97 Q
	50m: 31.41	100m: 1:06.51	(35.10)	150m: 1:41.82	(35.31)	200m: 2:17.53	(35.71)
4	<b>Davin Lindholm</b>	2004	Finland	+0.80	662	<b>2:17.86</b>	+4.30 Q
	50m: 31.50	100m: 1:06.94	(35.44)	150m: 1:42.48	(35.54)	200m: 2:17.86	(35.38)
5	<b>Tobias Rosengaard</b>	2005	Denmark	+0.66	655	<b>2:18.33</b>	+4.77 Q
	50m: 31.59	100m: 1:06.87	(35.28)	150m: 1:42.42	(35.55)	200m: 2:18.33	(35.91)
6	<b>Jorven Nopponen</b>	2005	Estonia	+0.65	647	<b>2:18.88</b>	+5.32 Q
	50m: 31.04	100m: 1:05.97	(34.93)	150m: 1:41.92	(35.95)	200m: 2:18.88	(36.96)
7	<b>August Eriksson</b>	2004	Sweden	+0.69	637	<b>2:19.62</b>	+6.06 Q
	50m: 31.66	100m: 1:06.78	(35.12)	150m: 1:42.65	(35.87)	200m: 2:19.62	(36.97)
8	<b>Emil Austevoll Harlem</b>	2005	Norway	+0.70	625	<b>2:20.49</b>	+6.93 Q
	50m: 31.19	100m: 1:06.60	(35.41)	150m: 1:43.45	(36.85)	200m: 2:20.49	(37.04)
9	<b>Daði Björnsson</b>	2004	Iceland	+0.69	600	<b>2:22.46</b>	+8.90
	50m: 31.81	100m: 1:08.54	(36.73)	150m: 1:46.06	(37.52)	200m: 2:22.46	(36.40)
10	<b>Edvinas Kilmanas</b>	2004	Lithuania	+0.66	551	<b>2:26.54</b>	+12.98
	50m: 32.50	100m: 1:09.67	(37.17)	150m: 1:47.58	(37.91)	200m: 2:26.54	(38.96)
11	<b>Domantas Aleksinas</b>	2004	Lithuania	+0.71	545	<b>2:27.07</b>	+13.51
	50m: 32.61	100m: 1:10.39	(37.78)	150m: 1:49.51	(39.12)	200m: 2:27.07	(37.56)

Event official at: 2021-12-05 10:16:05

### Event 53, 200m Breaststroke Men Senior - Heat

NR 2:01.65 Anton McKee 1993 Iceland (ISL) Budapest (HUN) 2020-11-01  
NJ 2:07.49 Tomoe Zenimoto Hvas 2000 Norway (NOR) Kristiansand (NOR) 2017-11-04

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Mark Sovtsa</b>	2001	Estonia	+0.74	587	<b>2:23.49</b>	Q
	50m: 33.01	100m: 1:10.43	(37.42)	150m: 1:46.92	(36.49)	200m: 2:23.49	(36.57)
2	<b>Christoffer Tofte Haarsaker</b>	1993	Norway	+0.80	459	<b>2:35.74</b>	+12.25 Q
	50m: 34.68	100m: 1:14.41	(39.73)	150m: 1:55.00	(40.59)	200m: 2:35.74	(40.74)

Event official at: 2021-12-05 10:16:05



# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 54, 100m Freestyle Women S1-14 - Para Final

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	<b>Saga Hållander</b> 50m: 31.64	2004 Sweden 100m: 1:07.02 (35.38)	+0.84	789	<b>1:07.02</b>	S10
2	<b>Camilla Bitz Witt</b> 50m: 34.37	2003 Denmark 100m: 1:11.72 (37.35)		755	<b>1:11.72</b>	+4.70 S9
3	<b>Agnes Kramer</b> 50m: 37.97	1998 Sweden 100m: 1:19.27 (41.30)	+0.80	747	<b>1:19.27</b>	+12.25 S7
4	<b>Daniela Sohlman</b> 50m: 32.56	2005 Finland 100m: 1:09.67 (37.11)	+0.77	704	<b>1:09.67</b>	+2.65 S10
5	<b>Thelma Björg Björnsdóttir</b> 50m: 42.39	1996 NPC-Iceland 100m: 1:27.60 (45.21)		648	<b>1:27.60</b>	+20.58 S6
6	<b>Thea Løkebø</b> 50m: 33.29	2005 Norway 100m: 1:09.47 (36.18)	+0.90	633	<b>1:09.47</b>	+2.45 S13
7	<b>Freja Kvist</b> 50m: 36.10	2006 Denmark 100m: 1:16.09 (39.99)	+0.74	493	<b>1:16.09</b>	+9.07 S10
8	<b>Ronja Weckström</b> 50m: 42.11	2005 Finland 100m: 1:27.25 (45.14)	+0.89	297	<b>1:27.25</b>	+20.23 S9

Event official at: 2021-12-05 17:10:06

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 54, 100m Freestyle Women S1-14 - Heat

Rank	Name	Born Team	R.T.	WPS	Time	Diff		
1	<b>Saga Hållander</b> 50m: 31.69	2004 Sweden 100m: 1:06.32 (34.63)	+0.93	810	<b>1:06.32</b>		Q	S10
2	<b>Agnes Kramer</b> 50m: 37.78	1998 Sweden 100m: 1:19.65 (41.87)		736	<b>1:19.65</b>	+13.33	Q	S7
3	<b>Camilla Bitz Witt</b> 50m: 34.22	2003 Denmark 100m: 1:12.46 (38.24)	+0.83	732	<b>1:12.46</b>	+6.14	Q	S9
4	<b>Daniela Sohlman</b> 50m: 32.82	2005 Finland 100m: 1:10.23 (37.41)	+0.75	686	<b>1:10.23</b>	+3.91	Q	S10
5	<b>Thea Løkebø</b> 50m: 33.27	2005 Norway 100m: 1:09.73 (36.46)	+0.86	624	<b>1:09.73</b>	+3.41	Q	S13
6	<b>Thelma Björg Björnsdóttir</b> 50m: 43.61	1996 NPC-Iceland 100m: 1:30.13 (46.52)		580	<b>1:30.13</b>	+23.81	Q	S6
7	<b>Freja Kvist</b> 50m: 36.39	2006 Denmark 100m: 1:16.52 (40.13)	+0.74	479	<b>1:16.52</b>	+10.20	Q	S10
8	<b>Ronja Weckström</b> 50m: 42.90	2005 Finland 100m: 1:28.24 (45.34)	+0.96	273	<b>1:28.24</b>	+21.92	Q	S9
9	<b>Sonja Sigurðardóttir</b> 50m: 1:10.19	1990 NPC-Iceland 100m: 2:22.69 (1:12.50)		37	<b>2:22.69</b>	+1:16.37		S4

Event official at: 2021-12-05 10:22:17

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 55, 100m Freestyle Women - Final Junior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	50.58	Sarah Sjöström	1993 Sweden (SWE)	Eindhoven (NED)			2017-08-11
NJ	52.60	Sarah Sjöström	1993 Sweden (SWE)	Moscow (RUS)			2009-11-07
<b>1</b>	<b>Inka Vahtola</b>	2005	Finland	+0.73	703	<b>56.51</b>	
	50m: 27.70	100m: 56.51	(28.81)				
<b>2</b>	<b>Susanne Steinnes</b>	2005	Norway	+0.86	686	<b>56.97</b>	+0.46
	50m: 27.74	100m: 56.97	(29.23)				
<b>3</b>	<b>Tuuli Pippuri</b>	2005	Finland		676	<b>57.24</b>	+0.73
	50m: 27.95	100m: 57.24	(29.29)				
<b>4</b>	<b>Sofia Abrahamsson</b>	2005	Sweden	+0.74	669	<b>57.44</b>	+0.93
	50m: 27.71	100m: 57.44	(29.73)				
<b>5</b>	<b>Gabija Gailiusyte</b>	2006	Lithuania	+0.81	663	<b>57.60</b>	+1.09
	50m: 27.94	100m: 57.60	(29.66)				
<b>6</b>	<b>Sofie Ravn Herche</b>	2007	Denmark	+0.77	660	<b>57.69</b>	+1.18
	50m: 27.97	100m: 57.69	(29.72)				
<b>7</b>	<b>Patricija Kondraskaite</b>	2006	Lithuania	+0.69	656	<b>57.82</b>	+1.31
	50m: 27.97	100m: 57.82	(29.85)				
<b>8</b>	<b>Kirke Madar</b>	2007	Estonia	+0.58	641	<b>58.27</b>	+1.76
	50m: 28.69	100m: 58.27	(29.58)				

Event official at: 2021-12-05 17:16:38

### Event 55, 100m Freestyle Women - Final Senior

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
NR	50.58	Sarah Sjöström	1993 Sweden (SWE)	Eindhoven (NED)			2017-08-11
NJ	52.60	Sarah Sjöström	1993 Sweden (SWE)	Moscow (RUS)			2009-11-07
<b>1</b>	<b>Alicia Lundblad</b>	2001	Sweden	+0.73	733	<b>55.73</b>	
	50m: 27.24	100m: 55.73	(28.49)				
<b>2</b>	<b>Malena Amelie Lirken</b>	2003	Norway	+0.74	710	<b>56.32</b>	+0.59
	50m: 27.12	100m: 56.32	(29.20)				
<b>3</b>	<b>Peppi Siirtola</b>	2002	Finland	+0.73	705	<b>56.44</b>	+0.71
	50m: 27.39	100m: 56.44	(29.05)				
<b>4</b>	<b>Laurika Lint</b>	2002	Estonia		699	<b>56.61</b>	+0.88
	50m: 27.48	100m: 56.61	(29.13)				
<b>5</b>	<b>Kristín Helga Hákonardóttir</b>	2004	Iceland	+0.74	695	<b>56.71</b>	+0.98
	50m: 27.11	100m: 56.71	(29.60)				
<b>6</b>	<b>Annika Vainikk</b>	2000	Estonia	+0.73	669	<b>57.45</b>	+1.72
	50m: 28.01	100m: 57.45	(29.44)				
<b>7</b>	<b>Victoria Deona Bergeli</b>	2003	Norway	+0.69	664	<b>57.59</b>	+1.86
	50m: 27.75	100m: 57.59	(29.84)				
<b>8</b>	<b>Ronja Ró í Dímun</b>	2004	Faroe Islands	+0.76	617	<b>59.00</b>	+3.27
	50m: 28.41	100m: 59.00	(30.59)				

Event official at: 2021-12-05 17:16:38

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 55, 100m Freestyle Women Junior - Heat

NR 50.58 Sarah Sjöström 1993 Sweden (SWE) Eindhoven (NED) 2017-08-11  
NJ 52.60 Sarah Sjöström 1993 Sweden (SWE) Moscow (RUS) 2009-11-07

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Susanne Steinnes	2005	Norway	+0.79	686	56.95	Q
	50m: 27.54		100m: 56.95 (29.41)				
2	Inka Vahtola	2005	Finland	+0.79	679	57.16	+0.21 Q
	50m: 27.15		100m: 57.16 (30.01)				
3	Tuuli Pippuri	2005	Finland	+0.78	678	57.19	+0.24 Q
	50m: 28.08		100m: 57.19 (29.11)				
4	Fia Stenman	2006	Finland	+0.75	662	57.64	+0.69 -
	50m: 27.40		100m: 57.64 (30.24)				
5	Sofia Abrahamsson	2005	Sweden	+0.71	653	57.91	+0.96 Q
	50m: 27.94		100m: 57.91 (29.97)				
6	Patricija Kondraskaite	2006	Lithuania	+0.70	652	57.94	+0.99 Q
	50m: 28.16		100m: 57.94 (29.78)				
7	Sofie Ravn Herche	2007	Denmark	+0.72	650	57.98	+1.03 Q
	50m: 28.02		100m: 57.98 (29.96)				
8	Gabija Gailiusyte	2006	Lithuania	+0.77	644	58.16	+1.21 Q
	50m: 28.21		100m: 58.16 (29.95)				
9	Kirke Madar	2007	Estonia	+0.60	633	58.51	+1.56 Q
	50m: 28.60		100m: 58.51 (29.91)				
10	Mathilie Jensen Flatli	2005	Norway	+0.73	612	59.17	+2.22
	50m: 27.71		100m: 59.17 (31.46)				
11	Haide Nikelis	2006	Lithuania	+0.71	610	59.22	+2.27
	50m: 28.91		100m: 59.22 (30.31)				
12	Helene Kjeldsen Gonzalez	2005	Norway	+0.88	594	59.77	+2.82
	50m: 28.39		100m: 59.77 (31.38)				
13	Miriam Jürisoo	2008	Estonia	+0.60	586	1:00.04	+3.09
	50m: 28.71		100m: 1:00.04 (31.33)				
14	Laura Sokk	2005	Estonia	+0.67	578	1:00.29	+3.34
	50m: 29.17		100m: 1:00.29 (31.12)				
15	Auste Backeviciute	2006	Lithuania	+0.73	572	1:00.53	+3.58
	50m: 28.75		100m: 1:00.53 (31.78)				
16	Aiste Slatkeviciute	2005	Lithuania	+0.77	553	1:01.20	+4.25
	50m: 29.26		100m: 1:01.20 (31.94)				
17	Róa Trygvadóttir	2008	Faroe Islands	+0.75	531	1:02.04	+5.09
	50m: 29.92		100m: 1:02.04 (32.12)				
-	June Selin	2006	Norway			DNS	

Event official at: 2021-12-05 10:29:17

### Event 55, 100m Freestyle Women Senior - Heat

NR 50.58 Sarah Sjöström 1993 Sweden (SWE) Eindhoven (NED) 2017-08-11  
NJ 52.60 Sarah Sjöström 1993 Sweden (SWE) Moscow (RUS) 2009-11-07

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Alicia Lundblad	2001	Sweden	+0.74	715	56.19	Q
	50m: 27.10		100m: 56.19 (29.09)				
2	Malena Amelie Lirken	2003	Norway	+0.75	699	56.62	+0.43 Q
	50m: 27.43		100m: 56.62 (29.19)				

## Results

### Event 55, 100m Freestyle Women Senior - Heat

Rank	Name	Born Team	R.T.	FINA	Time	Diff
3	Laurika Lint 50m: 27.48	2002 Estonia 100m: 56.69 (29.21)	+0.67	696	<b>56.69</b>	+0.50 Q
4	Kristín Helga Hákonardóttir 50m: 27.50	2004 Iceland 100m: 57.14 (29.64)	+0.73	680	<b>57.14</b>	+0.95 Q
5	Peppi Siirtola 50m: 27.72	2002 Finland 100m: 57.21 (29.49)	+0.74	677	<b>57.21</b>	+1.02 Q
6	Annika Vainikk 50m: 27.67	2000 Estonia 100m: 57.23 (29.56)	+0.70	676	<b>57.23</b>	+1.04 Q
7	Victoria Deona Bergeli 50m: 28.00	2003 Norway 100m: 57.58 (29.58)	+0.67	664	<b>57.58</b>	+1.39 Q
8	Elisabet Mätlik 50m: 27.58	2002 Estonia 100m: 58.12 (30.54)	+0.71	646	<b>58.12</b>	+1.93 -
9	Mariangela Boitduk 50m: 28.15	2004 Estonia 100m: 58.67 (30.52)	+0.72	628	<b>58.67</b>	+2.48 -
10	Ronja Ró í Dímun 50m: 27.89	2004 Faroe Islands 100m: 58.97 (31.08)	+0.77	618	<b>58.97</b>	+2.78 Q
11	Helena Heinlo 50m: 28.58	2003 Estonia 100m: 59.11 (30.53)	+0.85	614	<b>59.11</b>	+2.92
12	Alisa Vestergård 50m: 28.06	2003 Faroe Islands 100m: 59.16 (31.10)	+0.77	612	<b>59.16</b>	+2.97

Event official at: 2021-12-05 10:29:17



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 56, 200m Freestyle Men S1-5+S14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Nader Khalili</b>	2001	Finland	+0.83	968	<b>1:57.51</b>	S14
	50m: 26.50	100m: 55.73	(29.23)	150m: 1:26.69	(30.96)	200m: 1:57.51	(30.82)
2	<b>Alexander Hillhouse</b>	2004	Denmark	+0.62	927	<b>2:00.55</b>	+3.04 S14
	50m: 27.85	100m: 58.51	(30.66)	150m: 1:29.77	(31.26)	200m: 2:00.55	(30.78)
3	<b>Tobias Klasson</b>	2000	Sweden		747	<b>2:11.88</b>	+14.37 S14
	50m: 28.73	100m: 1:01.52	(32.79)	150m: 1:36.68	(35.16)	200m: 2:11.88	(35.20)
4	<b>Andreas Nordh</b>	1991	Sweden	+0.91	504	<b>2:25.57</b>	+28.06 S14
	50m: 31.70	100m: 1:08.63	(36.93)	150m: 1:47.02	(38.39)	200m: 2:25.57	(38.55)
5	<b>Marcus Haus</b>	1995	Norway	+0.98	296	<b>2:38.51</b>	+41.00 S14
	50m: 35.33	100m: 1:15.52	(40.19)	150m: 1:57.87	(42.35)	200m: 2:38.51	(40.64)

Event official at: 2021-12-05 17:21:02

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 57, 200m Freestyle Men - Final Junior

NR 1:43.32 Christoffer Carlsen 1992 Sweden (SWE) Jönköping (SWE) 2017-11-03  
NJ 1:43.74 Robin Hanson 2001 Sweden (SWE) Glasgow (GBR) 2019-12-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Georg Filippov</b>	2004	Estonia	736	<b>1:50.04</b>		
	50m: 25.54	100m: 52.98	(27.44)	150m: 1:21.57	(28.59)	200m: 1:50.04	(28.47)
2	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.66	733	<b>1:50.17</b>	+0.13
	50m: 25.85	100m: 53.92	(28.07)	150m: 1:22.44	(28.52)	200m: 1:50.17	(27.73)
3	<b>Oscar Isberg</b>	2004	Denmark	+0.73	716	<b>1:51.07</b>	+1.03
	50m: 25.85	100m: 54.03	(28.18)	150m: 1:22.65	(28.62)	200m: 1:51.07	(28.42)
4	<b>Frederik Lindholm</b>	2004	Denmark	+0.72	711	<b>1:51.29</b>	+1.25
	50m: 26.08	100m: 54.33	(28.25)	150m: 1:23.22	(28.89)	200m: 1:51.29	(28.07)
5	<b>Lucas Humling</b>	2005	Sweden	+0.74	679	<b>1:53.03</b>	+2.99
	50m: 26.83	100m: 55.84	(29.01)	150m: 1:24.90	(29.06)	200m: 1:53.03	(28.13)
6	<b>Mathias Rike Holmann</b>	2004	Norway	+0.67	674	<b>1:53.33</b>	+3.29
	50m: 26.62	100m: 55.29	(28.67)	150m: 1:24.43	(29.14)	200m: 1:53.33	(28.90)
7	<b>Kiril Stepanov</b>	2005	Lithuania	+0.69	671	<b>1:53.50</b>	+3.46
	50m: 26.95	100m: 55.92	(28.97)	150m: 1:25.34	(29.42)	200m: 1:53.50	(28.16)
8	<b>Matas Cinga</b>	2005	Lithuania	+0.75	668	<b>1:53.66</b>	+3.62
	50m: 26.78	100m: 55.31	(28.53)	150m: 1:24.59	(29.28)	200m: 1:53.66	(29.07)

Event official at: 2021-12-05 17:29:22

### Event 57, 200m Freestyle Men - Final Senior

NR 1:43.32 Christoffer Carlsen 1992 Sweden (SWE) Jönköping (SWE) 2017-11-03  
NJ 1:43.74 Robin Hanson 2001 Sweden (SWE) Glasgow (GBR) 2019-12-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Marko-Matteus Langel</b>	1999	Estonia	+0.68	798	<b>1:47.10</b>	
	50m: 24.46	100m: 50.91	(26.45)	150m: 1:18.28	(27.37)	200m: 1:47.10	(28.82)
2	<b>Luukas Vainio</b>	2003	Finland		768	<b>1:48.50</b>	+1.40
	50m: 25.67	100m: 52.61	(26.94)	150m: 1:19.98	(27.37)	200m: 1:48.50	(28.52)
3	<b>Erik Lihhatd</b>	2003	Estonia	+0.66	752	<b>1:49.24</b>	+2.14
	50m: 24.87	100m: 52.08	(27.21)	150m: 1:20.56	(28.48)	200m: 1:49.24	(28.68)
4	<b>Christian Groth Dyrkorn</b>	2001	Norway	+0.68	740	<b>1:49.86</b>	+2.76
	50m: 25.12	100m: 52.31	(27.19)	150m: 1:20.20	(27.89)	200m: 1:49.86	(29.66)
5	<b>William Barkehed</b>	2003	Sweden	+0.77	686	<b>1:52.67</b>	+5.57
	50m: 26.56	100m: 55.02	(28.46)	150m: 1:23.73	(28.71)	200m: 1:52.67	(28.94)
6	<b>Kasper Bonnichsen</b>	2002	Denmark	+0.66	679	<b>1:53.02</b>	+5.92
	50m: 26.07	100m: 54.18	(28.11)	150m: 1:23.59	(29.41)	200m: 1:53.02	(29.43)
7	<b>Edvinas Cesnakas</b>	2003	Lithuania	+0.66	674	<b>1:53.33</b>	+6.23
	50m: 26.79	100m: 55.83	(29.04)	150m: 1:25.10	(29.27)	200m: 1:53.33	(28.23)
8	<b>Tobias Moen Olsen</b>	2002	Norway	+0.75	651	<b>1:54.65</b>	+7.55
	50m: 27.02	100m: 56.17	(29.15)	150m: 1:25.68	(29.51)	200m: 1:54.65	(28.97)

Event official at: 2021-12-05 17:29:22

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 57, 200m Freestyle Men Junior - Heat

NR 1:43.32 Christoffer Carlsen 1992 Sweden (SWE) Jönköping (SWE) 2017-11-03  
NJ 1:43.74 Robin Hanson 2001 Sweden (SWE) Glasgow (GBR) 2019-12-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Andreas Sigvaldsen</b>	2006	Norway	+0.66	734	<b>1:50.12</b>	Q
	50m: 25.76	100m: 53.38	(27.62)	150m: 1:21.91	(28.53)	200m: 1:50.12	(28.21)
2	<b>Oscar Isberg</b>	2004	Denmark	+0.73	725	<b>1:50.61</b>	+0.49 Q
	50m: 25.40	100m: 53.00	(27.60)	150m: 1:21.46	(28.46)	200m: 1:50.61	(29.15)
3	<b>Georg Filippov</b>	2004	Estonia	+0.72	720	<b>1:50.82</b>	+0.70 Q
	50m: 25.49	100m: 53.05	(27.56)	150m: 1:21.98	(28.93)	200m: 1:50.82	(28.84)
4	<b>Frederik Lindholm</b>	2004	Denmark	+0.70	720	<b>1:50.86</b>	+0.74 Q
	50m: 25.94	100m: 54.04	(28.10)	150m: 1:22.68	(28.64)	200m: 1:50.86	(28.18)
5	<b>Alexander Vergereau</b>	2004	Denmark	+0.70	714	<b>1:51.17</b>	+1.05 -
	50m: 26.38	100m: 54.43	(28.05)	150m: 1:22.59	(28.16)	200m: 1:51.17	(28.58)
6	<b>Mathias Rike Holmann</b>	2004	Norway	+0.66	712	<b>1:51.28</b>	+1.16 Q
	50m: 26.57	100m: 54.60	(28.03)	150m: 1:22.95	(28.35)	200m: 1:51.28	(28.33)
7	<b>Oskar Farkas</b>	2005	Norway	+0.77	695	<b>1:52.15</b>	+2.03 -
	50m: 26.43	100m: 54.76	(28.33)	150m: 1:23.58	(28.82)	200m: 1:52.15	(28.57)
8	<b>Matas Cinga</b>	2005	Lithuania	+0.73	690	<b>1:52.44</b>	+2.32 Q
	50m: 26.66	100m: 54.32	(27.66)	150m: 1:23.30	(28.98)	200m: 1:52.44	(29.14)
9	<b>Lucas Humling</b>	2005	Sweden	+0.73	678	<b>1:53.10</b>	+2.98 Q
	50m: 26.08	100m: 54.93	(28.85)	150m: 1:24.21	(29.28)	200m: 1:53.10	(28.89)
10	<b>Sander Kiær Sørensen</b>	2007	Norway	+0.66	675	<b>1:53.26</b>	+3.14 -
	50m: 26.42	100m: 55.24	(28.82)	150m: 1:24.43	(29.19)	200m: 1:53.26	(28.83)
11	<b>Kiril Stepanov</b>	2005	Lithuania	+0.73	672	<b>1:53.43</b>	+3.31 Q
	50m: 26.75	100m: 55.81	(29.06)	150m: 1:25.48	(29.67)	200m: 1:53.43	(27.95)
12	<b>Tomas Lukminas</b>	2004	Lithuania	+0.73	665	<b>1:53.79</b>	+3.67
	50m: 26.03	100m: 54.36	(28.33)	150m: 1:23.88	(29.52)	200m: 1:53.79	(29.91)
13	<b>Ajjuub Ezzat</b>	2005	Finland	+0.65	643	<b>1:55.08</b>	+4.96
	50m: 26.57	100m: 56.36	(29.79)	150m: 1:26.75	(30.39)	200m: 1:55.08	(28.33)
14	<b>Nedas Giedraitis</b>	2004	Lithuania	+0.70	641	<b>1:55.22</b>	+5.10
	50m: 26.91	100m: 56.17	(29.26)	150m: 1:25.94	(29.77)	200m: 1:55.22	(29.28)
15	<b>Viktor Svärd</b>	2005	Sweden	+0.67	634	<b>1:55.63</b>	+5.51
	50m: 26.79	100m: 55.61	(28.82)	150m: 1:25.96	(30.35)	200m: 1:55.63	(29.67)
16	<b>Lassi Niemi</b>	2004	Finland	+0.71	634	<b>1:55.67</b>	+5.55
	50m: 26.64	100m: 55.65	(29.01)	150m: 1:25.34	(29.69)	200m: 1:55.67	(30.33)
17	<b>Taavi Backman</b>	2004	Finland	+0.53	632	<b>1:55.76</b>	+5.64
	50m: 26.89	100m: 56.14	(29.25)	150m: 1:25.64	(29.50)	200m: 1:55.76	(30.12)
18	<b>Georgi Goldberg</b>	2004	Estonia	+0.64	632	<b>1:55.79</b>	+5.67
	50m: 25.93	100m: 55.83	(29.90)	150m: 1:26.50	(30.67)	200m: 1:55.79	(29.29)
19	<b>Hans-Mikk Kuulpak</b>	2004	Estonia	+0.64	626	<b>1:56.14</b>	+6.02
	50m: 25.98	100m: 54.61	(28.63)	150m: 1:24.70	(30.09)	200m: 1:56.14	(31.44)
20	<b>Erik Anja</b>	2004	Estonia	+0.72	606	<b>1:57.40</b>	+7.28
	50m: 26.25	100m: 55.56	(29.31)	150m: 1:26.45	(30.89)	200m: 1:57.40	(30.95)
21	<b>Mattias Vool</b>	2005	Estonia	+0.70	600	<b>1:57.77</b>	+7.65
	50m: 26.27	100m: 55.79	(29.52)	150m: 1:26.84	(31.05)	200m: 1:57.77	(30.93)
22	<b>Emilis Atkociunas</b>	2005	Lithuania	+0.75	600	<b>1:57.81</b>	+7.69
	50m: 27.38	100m: 57.31	(29.93)	150m: 1:27.93	(30.62)	200m: 1:57.81	(29.88)



## Results

### Event 57, 200m Freestyle Men Junior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
23	William Fagerstedt	2005	Finland	+0.75	594	<b>1:58.15</b>	+8.03
	50m: 26.95	100m: 56.59	(29.64)	150m: 1:27.15	(30.56)	200m: 1:58.15	(31.00)
24	Juuso Pulkkinen	2004	Finland	+0.71	591	<b>1:58.35</b>	+8.23
	50m: 27.47	100m: 57.66	(30.19)	150m: 1:28.38	(30.72)	200m: 1:58.35	(29.97)
25	Heini M. Askham	2006	Faroe Islands	+0.65	562	<b>2:00.38</b>	+10.26
	50m: 27.03	100m: 56.87	(29.84)	150m: 1:28.45	(31.58)	200m: 2:00.38	(31.93)

Event official at: 2021-12-05 10:42:17

### Event 57, 200m Freestyle Men Senior - Heat

NR 1:43.32 Christoffer Carlsen 1992 Sweden (SWE) Jönköping (SWE) 2017-11-03  
 NJ 1:43.74 Robin Hanson 2001 Sweden (SWE) Glasgow (GBR) 2019-12-05

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Marko-Matteus Langel	1999	Estonia	+0.68	736	<b>1:50.05</b>	Q
	50m: 25.28	100m: 52.88	(27.60)	150m: 1:21.47	(28.59)	200m: 1:50.05	(28.58)
2	Christian Groth Dyrkorn	2001	Norway	+0.71	720	<b>1:50.82</b>	+0.77 Q
	50m: 26.17	100m: 54.13	(27.96)	150m: 1:22.29	(28.16)	200m: 1:50.82	(28.53)
3	Luukas Vainio	2003	Finland	+0.66	695	<b>1:52.15</b>	+2.10 Q
	50m: 26.39	100m: 54.56	(28.17)	150m: 1:24.01	(29.45)	200m: 1:52.15	(28.14)
4	Erik Lihhatd	2003	Estonia		693	<b>1:52.29</b>	+2.24 Q
	50m: 25.54	100m: 53.35	(27.81)	150m: 1:22.25	(28.90)	200m: 1:52.29	(30.04)
5	Kasper Bonnichsen	2002	Denmark	+0.70	692	<b>1:52.32</b>	+2.27 Q
	50m: 26.49	100m: 54.84	(28.35)	150m: 1:23.59	(28.75)	200m: 1:52.32	(28.73)
6	Tobias Moen Olsen	2002	Norway	+0.73	673	<b>1:53.36</b>	+3.31 Q
	50m: 27.39	100m: 55.99	(28.60)	150m: 1:24.85	(28.86)	200m: 1:53.36	(28.51)
7	William Barkehed	2003	Sweden	+0.77	668	<b>1:53.67</b>	+3.62 Q
	50m: 26.24	100m: 54.77	(28.53)	150m: 1:23.89	(29.12)	200m: 1:53.67	(29.78)
8	Edvinas Cesnakas	2003	Lithuania	+0.66	664	<b>1:53.89</b>	+3.84 Q
	50m: 26.80	100m: 55.78	(28.98)	150m: 1:25.34	(29.56)	200m: 1:53.89	(28.55)
9	Bartal E. Eidesgaard	2003	Faroe Islands	+0.74	649	<b>1:54.75</b>	+4.70
	50m: 26.46	100m: 55.42	(28.96)	150m: 1:24.94	(29.52)	200m: 1:54.75	(29.81)

Event official at: 2021-12-05 10:42:17



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 58, 150m Individual Medley Women SM1-4 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Karina Lauridsen	1976	Denmark		728	<b>3:22.51</b>	SM4
	50m: 58.98	100m: 2:13.64	(1:14.66)	150m: 3:22.51	(1:08.87)		
2	Lova Johansson	2004	Sweden		3	<b>7:30.74</b>	+4:08.23 SM3
	50m: 2:29.41	100m: 4:59.33	(2:29.92)	150m: 7:30.74	(2:31.41)		

Event official at: 2021-12-05 10:52:23



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 59, 200m Individual Medley Women SM5-14 - Para Final

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Pernilla Lindberg</b>	1994	Sweden	+0.78	927	<b>2:32.05</b>	SM14
	50m: 33.05	100m: 1:11.99	(38.94)	150m: 1:57.23	(45.24)	200m: 2:32.05	(34.82)
2	<b>Helena Fältman</b>	1980	Sweden		247	<b>3:14.74</b>	+42.69 SM10
	50m: 41.99	100m: 1:29.53	(47.54)	150m: 2:33.81	(1:04.28)	200m: 3:14.74	(40.93)
-	<b>Camilla Bitz Witt</b>	2003	Denmark			<b>DNS</b>	SM9

Event official at: 2021-12-05 10:56:42

# Heat results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 60, 200m Individual Medley Women - Final Junior

NR 2:06.29 Louise Hansson 1996 Sweden (SWE) Helsingborg (SWE) 2015-11-04  
NJ 2:09.98 Louise Hansson 1996 Sweden (SWE) Gothenburg (SWE) 2013-11-20

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Karolin Victoria Kotsar	2005	Estonia	+0.57	703	<b>2:16.99</b>	
	50m: 29.85	100m: 1:04.60	(34.75)	150m: 1:45.59	(40.99)	200m: 2:16.99	(31.40)
2	Ada Hakkarainen	2005	Finland	+0.74	697	<b>2:17.42</b>	+0.43
	50m: 31.16	100m: 1:06.88	(35.72)	150m: 1:46.71	(39.83)	200m: 2:17.42	(30.71)
3	Eva Margrét Falsdóttir	2005	Iceland	+0.75	697	<b>2:17.44</b>	+0.45
	50m: 30.23	100m: 1:05.77	(35.54)	150m: 1:45.30	(39.53)	200m: 2:17.44	(32.14)
4	Kristine Nilsson Norby	2005	Denmark		695	<b>2:17.54</b>	+0.55
	50m: 29.70	100m: 1:03.59	(33.89)	150m: 1:45.26	(41.67)	200m: 2:17.54	(32.28)
5	Fenja Romanski	2005	Denmark	+0.79	665	<b>2:19.55</b>	+2.56
	50m: 30.18	100m: 1:05.42	(35.24)	150m: 1:46.81	(41.39)	200m: 2:19.55	(32.74)
6	Wilma Sundt	2006	Finland	+0.85	638	<b>2:21.50</b>	+4.51
	50m: 31.00	100m: 1:08.38	(37.38)	150m: 1:48.38	(40.00)	200m: 2:21.50	(33.12)
6	Ebba Holgersson	2005	Sweden	+0.77	638	<b>2:21.50</b>	+4.51
	50m: 30.84	100m: 1:07.70	(36.86)	150m: 1:47.79	(40.09)	200m: 2:21.50	(33.71)
8	Vyte Gelazyte	2007	Lithuania	+0.71	604	<b>2:24.13</b>	+7.14
	50m: 30.95	100m: 1:07.96	(37.01)	150m: 1:50.93	(42.97)	200m: 2:24.13	(33.20)

Event official at: 2021-12-05 17:38:43

### Event 60, 200m Individual Medley Women - Final Senior

NR 2:06.29 Louise Hansson 1996 Sweden (SWE) Helsingborg (SWE) 2015-11-04  
NJ 2:09.98 Louise Hansson 1996 Sweden (SWE) Gothenburg (SWE) 2013-11-20

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Malene Rypestøl	2001	Norway	+0.79	811	<b>2:10.66</b>	
	50m: 28.92	100m: 1:02.58	(33.66)	150m: 1:40.03	(37.45)	200m: 2:10.66	(30.63)
2	Emilia Rönningdal	2002	Sweden	+0.75	746	<b>2:14.31</b>	+3.65
	50m: 29.61	100m: 1:03.68	(34.07)	150m: 1:42.45	(38.77)	200m: 2:14.31	(31.86)
3	Mari Moen	2004	Norway	+0.74	743	<b>2:14.52</b>	+3.86
	50m: 30.32	100m: 1:07.38	(37.06)	150m: 1:43.86	(36.48)	200m: 2:14.52	(30.66)
4	Mia Borgensgaard	2003	Denmark	+0.78	729	<b>2:15.39</b>	+4.73
	50m: 29.62	100m: 1:03.99	(34.37)	150m: 1:43.85	(39.86)	200m: 2:15.39	(31.54)
5	Vilma Ruotsalainen	1996	Finland		702	<b>2:17.10</b>	+6.44
	50m: 30.14	100m: 1:04.56	(34.42)	150m: 1:44.13	(39.57)	200m: 2:17.10	(32.97)
6	Rebekka Luoto	2003	Finland	+0.76	674	<b>2:18.93</b>	+8.27
	50m: 30.39	100m: 1:07.25	(36.86)	150m: 1:45.73	(38.48)	200m: 2:18.93	(33.20)
7	Marie Toompuu	2004	Estonia	+0.72	617	<b>2:23.11</b>	+12.45
	50m: 30.45	100m: 1:08.36	(37.91)	150m: 1:48.81	(40.45)	200m: 2:23.11	(34.30)
8	Katriin Hansalu	2003	Estonia	+0.76	542	<b>2:29.46</b>	+18.80
	50m: 31.25	100m: 1:08.89	(37.64)	150m: 1:54.25	(45.36)	200m: 2:29.46	(35.21)

Event official at: 2021-12-05 17:38:43

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 60, 200m Individual Medley Women Junior - Heat

NR 2:06.29 Louise Hansson 1996 Sweden (SWE) Helsingborg (SWE) 2015-11-04  
NJ 2:09.98 Louise Hansson 1996 Sweden (SWE) Gothenburg (SWE) 2013-11-20

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	Fenja Romanski	2005	Denmark	+0.74	692	<b>2:17.72</b>	Q
	50m: 30.41	100m: 1:05.12	(34.71)	150m: 1:45.53	(40.41)	200m: 2:17.72	(32.19)
2	Karolin Victoria Kotsar	2005	Estonia	+0.63	660	<b>2:19.90</b>	+2.18 Q
	50m: 30.14	100m: 1:06.49	(36.35)	150m: 1:47.40	(40.91)	200m: 2:19.90	(32.50)
3	Kristine Nilsson Norby	2005	Denmark	+0.66	656	<b>2:20.22</b>	+2.50 Q
	50m: 31.09	100m: 1:05.64	(34.55)	150m: 1:47.30	(41.66)	200m: 2:20.22	(32.92)
4	Martine Damborg	2007	Denmark	+0.70	651	<b>2:20.59</b>	+2.87 -
	50m: 29.58	100m: 1:04.95	(35.37)	150m: 1:47.92	(42.97)	200m: 2:20.59	(32.67)
5	Ida Skov Kragh	2006	Denmark		645	<b>2:20.99</b>	+3.27 -
	50m: 29.82	100m: 1:06.29	(36.47)	150m: 1:47.04	(40.75)	200m: 2:20.99	(33.95)
6	Eva Margrét Falsdóttir	2005	Iceland	+0.80	642	<b>2:21.21</b>	+3.49 Q
	50m: 30.55	100m: 1:06.21	(35.66)	150m: 1:47.48	(41.27)	200m: 2:21.21	(33.73)
7	Schastine Tabor	2005	Denmark	+0.72	638	<b>2:21.51</b>	+3.79 -
	50m: 29.65	100m: 1:07.62	(37.97)	150m: 1:48.73	(41.11)	200m: 2:21.51	(32.78)
8	Wilma Sundt	2006	Finland	+0.76	635	<b>2:21.73</b>	+4.01 Q
	50m: 31.00	100m: 1:08.77	(37.77)	150m: 1:48.88	(40.11)	200m: 2:21.73	(32.85)
9	Ada Hakkarainen	2005	Finland	+0.75	624	<b>2:22.59</b>	+4.87 Q
	50m: 32.24	100m: 1:08.64	(36.40)	150m: 1:50.87	(42.23)	200m: 2:22.59	(31.72)
10	Ebba Holgersson	2005	Sweden	+0.73	617	<b>2:23.12</b>	+5.40 Q
	50m: 30.98	100m: 1:07.81	(36.83)	150m: 1:48.46	(40.65)	200m: 2:23.12	(34.66)
11	Susanne Steinnes	2005	Norway	+0.82	610	<b>2:23.64</b>	+5.92 -
	50m: 31.88	100m: 1:08.60	(36.72)	150m: 1:49.52	(40.92)	200m: 2:23.64	(34.12)
12	Vyte Gelazyte	2007	Lithuania	+0.72	595	<b>2:24.83</b>	+7.11 Q
	50m: 31.40	100m: 1:09.82	(38.42)	150m: 1:52.37	(42.55)	200m: 2:24.83	(32.46)
13	Mathilde Møller	2007	Denmark	+0.83	586	<b>2:25.58</b>	+7.86
	50m: 31.50	100m: 1:07.37	(35.87)	150m: 1:50.71	(43.34)	200m: 2:25.58	(34.87)
14	Ute Viktoria Liu Yeung	2007	Estonia	+0.71	580	<b>2:26.07</b>	+8.35
	50m: 30.36	100m: 1:07.27	(36.91)	150m: 1:51.12	(43.85)	200m: 2:26.07	(34.95)
15	Radvile Kerseviute	2005	Lithuania	+0.69	579	<b>2:26.17</b>	+8.45
	50m: 31.33	100m: 1:09.56	(38.23)	150m: 1:52.16	(42.60)	200m: 2:26.17	(34.01)
16	Violanta Gurjanova	2006	Estonia	+0.74	563	<b>2:27.57</b>	+9.85
	50m: 33.33	100m: 1:10.52	(37.19)	150m: 1:53.19	(42.67)	200m: 2:27.57	(34.38)
17	Stela Svencionyte	2008	Lithuania	+0.71	542	<b>2:29.43</b>	+11.71
	50m: 33.15	100m: 1:09.11	(35.96)	150m: 1:56.28	(47.17)	200m: 2:29.43	(33.15)
18	Jóhanna Ólavsdóttir	2007	Faroe Islands	+0.74	534	<b>2:30.16</b>	+12.44
	50m: 31.61	100m: 1:09.49	(37.88)	150m: 1:55.27	(45.78)	200m: 2:30.16	(34.89)
19	Laura Tammik	2005	Estonia	+0.72	521	<b>2:31.40</b>	+13.68
	50m: 31.69	100m: 1:10.12	(38.43)	150m: 1:55.96	(45.84)	200m: 2:31.40	(35.44)

Event official at: 2021-12-05 11:09:30

### Event 60, 200m Individual Medley Women Senior - Heat

NR 2:06.29 Louise Hansson 1996 Sweden (SWE) Helsingborg (SWE) 2015-11-04  
NJ 2:09.98 Louise Hansson 1996 Sweden (SWE) Gothenburg (SWE) 2013-11-20

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
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## Results

### Event 60, 200m Individual Medley Women Senior - Heat

Rank	Name	Born	Team	R.T.	FINA	Time	Diff
1	<b>Malene Rypestøl</b>	2001	Norway	+0.77	740	<b>2:14.67</b>	Q
	50m: 29.98	100m: 1:04.98	(35.00)	150m: 1:43.11	(38.13)	200m: 2:14.67	(31.56)
2	<b>Mari Moen</b>	2004	Norway	+0.78	697	<b>2:17.43</b>	+2.76 Q
	50m: 30.70	100m: 1:06.94	(36.24)	150m: 1:45.53	(38.59)	200m: 2:17.43	(31.90)
3	<b>Vilma Ruotsalainen</b>	1996	Finland	+0.72	696	<b>2:17.50</b>	+2.83 Q
	50m: 30.04	100m: 1:04.36	(34.32)	150m: 1:44.30	(39.94)	200m: 2:17.50	(33.20)
4	<b>Mia Borgensgaard</b>	2003	Denmark	+0.77	685	<b>2:18.20</b>	+3.53 Q
	50m: 30.02	100m: 1:04.97	(34.95)	150m: 1:45.76	(40.79)	200m: 2:18.20	(32.44)
5	<b>Emilia Rönningdal</b>	2002	Sweden	+0.79	672	<b>2:19.09</b>	+4.42 Q
	50m: 30.46	100m: 1:06.63	(36.17)	150m: 1:46.63	(40.00)	200m: 2:19.09	(32.46)
6	<b>Rebekka Luoto</b>	2003	Finland	+0.74	657	<b>2:20.11</b>	+5.44 Q
	50m: 29.76	100m: 1:06.17	(36.41)	150m: 1:46.00	(39.83)	200m: 2:20.11	(34.11)
7	<b>Lotta Pälsi</b>	2004	Finland	+0.73	636	<b>2:21.64</b>	+6.97 -
	50m: 30.56	100m: 1:06.84	(36.28)	150m: 1:47.83	(40.99)	200m: 2:21.64	(33.81)
8	<b>Marie Toompuu</b>	2004	Estonia	+0.70	615	<b>2:23.28</b>	+8.61 Q
	50m: 31.02	100m: 1:09.03	(38.01)	150m: 1:49.50	(40.47)	200m: 2:23.28	(33.78)
9	<b>Katriin Hansalu</b>	2003	Estonia	+0.85	562	<b>2:27.62</b>	+12.95 Q
	50m: 31.34	100m: 1:08.56	(37.22)	150m: 1:53.46	(44.90)	200m: 2:27.62	(34.16)

Event official at: 2021-12-05 11:09:30

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 61, 4x100m Freestyle Women Junior - Final

NR	3:29.86	Denmark					Doha (QAT)	2014-12-05	
Rank	Name	Age	Team			FINA	Time	Diff	
<b>1</b>	<b>Finland JR</b>	16				763	<b>3:45.98</b>		
	Fia Stenman	2006	06A349	+0.77	26.80	56.84	56.84		
	Tuuli Pippuri	2005	05A146	+0.20	27.49	56.92	1:53.76		
	Inka Vahtola	2005	05A401	+0.52	27.76	56.65	2:50.41		
	Viivi Sääntti	2005	05A161	+0.32	25.91	55.57	3:45.98		
<b>2</b>	<b>Sweden JR</b>	16				750	<b>3:47.31</b>	+1.33	
	Mathilda Sandberg	2005	BR2805	+0.71	27.51	57.09	57.09		
	Sofia Abrahamsson	2005	AB8605	+0.13	26.96	56.79	1:53.88		
	Alice Velden	2005	AO2405	+0.40	26.45	56.71	2:50.59		
	Thilda Häll	2005	AE5205	+0.51	27.27	56.72	3:47.31		
<b>3</b>	<b>Denmark JR</b>	16				749	<b>3:47.41</b>	+1.43	
	Schastine Tabor	2005	0598AB		26.51	56.02	56.02		
	Sofie Ravn Herche	2007	0766AE		27.49	57.55	1:53.57		
	Fenja Romanski	2005	0598AH		26.98	56.69	2:50.26		
	Martine Damborg	2007	0742AF		27.32	57.15	3:47.41		
<b>4</b>	<b>Norway JR</b>	16				707	<b>3:51.75</b>	+5.77	
	Susanne Steinnes	2005	10267646	+0.82	27.60	57.21	57.21		
	June Selin	2006	10286232	+0.37	28.06	58.32	1:55.53		
	Mathilie Jensen Flatli	2005	10267376	+0.31	26.88	57.65	2:53.18		
	Helene Kjeldsen Gonzalez	2005	10298167	+0.41	28.39	58.57	3:51.75		
<b>5</b>	<b>Lithuania JR</b>	15				683	<b>3:54.44</b>	+8.46	
	Patricija Kondraskaite	2006		+0.72	28.37	58.20	58.20		
	Gabija Gailiusyte	2006		+0.74	28.32	58.80	1:57.00		
	Vyte Gelazyte	2007		+0.33	28.44	59.26	2:56.26		
	Haide Nikelis	2006		+0.44	27.95	58.18	3:54.44		
<b>6</b>	<b>Estonia JR</b>	16				647	<b>3:58.73</b>	+12.75	
	Laura Sökk	2005		+0.72	28.73	59.73	59.73		
	Jekaterina Vorontsova	2005		+0.32	28.25	1:00.47	2:00.20		
	Britt Raudsepp	2007		+0.13	28.54	1:00.67	3:00.87		
	Kirke Madar	2007		+0.40	27.98	57.86	3:58.73		
<b>7</b>	<b>Lithuania SR</b>	16				614	<b>4:02.99</b>	+17.01	
	Stela Svencionyte	2008		+0.76	29.50	1:01.69	1:01.69		
	Auste Backeviciute	2006		+0.21	28.13	59.88	2:01.57		
	Radvile Kerseviciute	2005		+0.40	23.82	1:00.74	3:02.31		
	Aiste Slatkeviciute	2005		+0.25	28.27	1:00.68	4:02.99		

Event official at: 2021-12-05 18:06:05

### Event 61, 4x100m Freestyle Women Senior - Final

NR	3:29.86	Denmark					Doha (QAT)	2014-12-05	
Rank	Name	Age	Team			FINA	Time	Diff	

2021-12-06 01:01:15

Datahandling: WinGrodan 2.9

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## Results

### Event 61, 4x100m Freestyle Women Senior - Final

Rank	Name	Age	Team			FINA	Time	Diff
<b>1</b>	<b>Norway SR</b>	20				777	<b>3:44.57</b>	
	Malena Amelie Lisken	2003	10228430	+0.75	27.45	56.94	56.94	
	Victoria Deona Bergeli	2003	10293993	+0.24	27.20	56.78	1:53.72	
	Mari Moen	2004	10269648	+0.41	27.07	55.81	2:49.53	
	Malene Rypestøl	2001	10185162	+0.51	26.97	55.04	3:44.57	
<b>2</b>	<b>Sweden SR</b>	20				770	<b>3:45.25</b>	+0.68
	Alicia Lundblad	2001	AF6801		27.04	56.10	56.10	
	Kristina Orban	2004	AS9804		26.86	56.85	1:52.95	
	Emilia Rønningdal	2002	AC6202		26.64	55.34	2:48.29	
	Hilja Schimmel	2003	AV3603		26.86	56.96	3:45.25	
<b>3</b>	<b>Estonia SR</b>	21				754	<b>3:46.85</b>	+2.28
	Laurika Lint	2002		+0.73	28.02	57.00	57.00	
	Karolin Victoria Kotsar	2005		+0.36	27.80	57.01	1:54.01	
	Elisabet Mätlik	2002		+0.38	26.62	56.29	2:50.30	
	Annika Vainikk	2000		+0.33	27.19	56.55	3:46.85	
<b>4</b>	<b>Finland SR</b>	25				740	<b>3:48.30</b>	+3.73
	Vilma Ruotsalainen	1996	96A597	+0.73	27.75	57.89	57.89	
	Rebekka Luoto	2003	03A191	+0.37	27.43	56.45	1:54.34	
	Vilma Oura	2001	01A310	+0.35	27.82	58.36	2:52.70	
	Peppi Siirtola	2002	02A144	+0.32	26.75	55.60	3:48.30	
<b>5</b>	<b>Denmark SR</b>	18				719	<b>3:50.45</b>	+5.88
	Sofie Theophil Petersen	2003	0312AH	+0.75	27.68	56.68	56.68	
	Cecilie Carøe Helmark	2005	0502AL	+0.37	28.76	59.35	1:56.03	
	Sofie Bruun Høvring	2004	0408AB	+0.51	27.10	56.44	2:52.47	
	Caroline Wiuff Jensen	2004	0492AD	+0.53	28.25	57.98	3:50.45	
<b>6</b>	<b>Iceland SR</b>	25				702	<b>3:52.38</b>	+7.81
	Steingerður Hauksdóttir	1996	0303962439	+0.70	28.61	59.07	59.07	
	Eva Margrét Falsdóttir	2005	050605-3020	+0.30	28.00	58.15	1:57.22	
	Kristín Helga Hákonardóttir	2004		+0.33	26.65	56.18	2:53.40	
	Freyja Birkisdóttir	2006		+0.44	27.90	58.98	3:52.38	
<b>7</b>	<b>Faroe Island SR</b>	18				639	<b>3:59.69</b>	+15.12
	Ronja Ró í Dímun	2004	AA204	+0.75	28.81	59.53	59.53	
	Elisabeth Erlendsdóttir	2005	AA405	+0.28	28.64	1:00.08	1:59.61	
	Eyðrið Mortensen	2003	AA203	+0.29	28.64	1:00.53	3:00.14	
	Alisa Vestergård	2003	AA603	+0.37	27.93	59.55	3:59.69	

Event official at: 2021-12-05 18:06:05



# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 62, 4x100m Freestyle Men Junior - Final

NR	3:09.53	SK Neptun					Gothenburg (SWE)	2009-11-26	
Rank	Name	Age	Team	FINA	Time	Diff			
<b>1</b>	<b>Norway JR</b>	17		762	<b>3:20.37</b>				
	Bjørnar Grytnes Laskerud	2004	10279920	+0.72	23.52	49.38	49.38		
	Helje Stadaas	2004	10248285	+0.26	23.56	49.74	1:39.12		
	Philip Johan Abad Slotsvik	2005	10313176	+0.22	23.98	50.68	2:29.80		
	Andreas Sigvaldsen	2006	10284375	+0.35	23.99	50.57	3:20.37		
<b>2</b>	<b>Estonia JR</b>	17		737	<b>3:22.55</b>	+2.18			
	Daniil Drozdov	2004			23.60	50.71	50.71		
	Hans-Mikk Kuulpak	2004			23.77	51.11	1:41.82		
	Artur Tobler	2004			24.10	50.73	2:32.55		
	Georg Filippov	2004			23.82	50.00	3:22.55		
<b>3</b>	<b>Denmark JR</b>	17		733	<b>3:22.93</b>	+2.56			
	Alexander Vergereau	2004	0447AA	+0.70	24.16	50.38	50.38		
	Mathias Christensen	2004	0489AE	+0.47	24.75	51.57	1:41.95		
	Oscar Isberg	2004	0433AC	+0.36	24.14	50.29	2:32.24		
	Casper Puggaard	2005	0593AA	+0.23	23.92	50.69	3:22.93		
<b>4</b>	<b>Lithuania JR</b>	17		731	<b>3:23.14</b>	+2.77			
	Tomas Lukminas	2004			+0.70	24.43	51.16		
	Martin Tretjak	2004			+0.38	24.11	50.93		
	Matas Cinga	2005			+0.32	24.32	50.61		
	Kiril Stepanov	2005			+0.24	23.92	50.44		
<b>5</b>	<b>Sweden JR</b>	17		689	<b>3:27.13</b>	+6.76			
	Viktor Svärd	2005	AC8305	+0.62	25.13	52.19	52.19		
	Lucas Humling	2005	AA8305	+0.34	24.95	52.12	1:44.31		
	Alvin Välkki	2004	AE3504	+0.30	24.68	51.82	2:36.13		
	August Eriksson	2004	AC3104	+0.24	23.94	51.00	3:27.13		
<b>6</b>	<b>Finland JR</b>	17		681	<b>3:27.95</b>	+7.58			
	Lassi Niemi	2004	04A093	+0.77	25.07	52.38	52.38		
	Davin Lindholm	2004	04B010	+0.34	24.37	51.08	1:43.46		
	Jere Hannuksela	2004	04A877	+0.19	25.11	53.39	2:36.85		
	Ajjuub Ezzat	2005	05A108	+0.14	23.91	51.10	3:27.95		
<b>7</b>	<b>Iceland JR</b>	17		675	<b>3:28.63</b>	+8.26			
	Daði Björnsson	2004	1701042108	+0.67	24.49	52.44	52.44		
	Birnir Freyr Hálfðánarsson	2006	2605062260	+0.39	24.21	51.69	1:44.13		
	Fannar Snævar Hauksson	2004	070904-3140	+0.24	24.52	52.01	2:36.14		
	Veigar Hrafn Sigþórsson	2005	1605053110	+0.31	25.02	52.49	3:28.63		

Event official at: 2021-12-05 18:17:39

### Event 62, 4x100m Freestyle Men Senior - Final

NR	3:09.53	SK Neptun					Gothenburg (SWE)	2009-11-26	
Rank	Name	Age	Team	FINA	Time	Diff			

2021-12-06 01:01:28

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## Results

### Event 62, 4x100m Freestyle Men Senior - Final

Rank	Name	Age	Team		FINA	Time	Diff
<b>1</b>	<b>Norway SR</b>	28			756	<b>3:20.87</b>	
	Simon Moe	2001	10183531	24.15	50.38	50.38	
	Christoffer Tofte Haarsaker	1993	10059892	24.32	50.52	1:40.90	
	Christian Groth Dyrkorn	2001	10185555	23.38	48.96	2:29.86	
	Sander Kiær Sørensen	2007	10319284	24.60	51.01	3:20.87	
<b>2</b>	<b>Finland SR</b>	20			748	<b>3:21.58</b>	+0.71
	Aku Kaila	2003	03A054	+0.71	24.62	50.80	50.80
	Luukas Vainio	2003	03A099	+0.15	24.15	49.93	1:40.73
	Veeti Ruohtula	2001	01A193	+0.36	24.01	50.54	2:31.27
	Roope Paatos	2002	02A108	+0.16	24.29	50.31	3:21.58
<b>3</b>	<b>Denmark SR</b>	19			745	<b>3:21.89</b>	+1.02
	Jakob Strunge Nissen	2002	0291AC	+0.74	24.25	50.18	50.18
	Frederik Lindholm	2004	0451AC	+0.20	24.14	51.06	1:41.24
	Tobias Dan Hansen	2002	0243AC	+0.23	23.36	50.32	2:31.56
	Kasper Johnsen	2003	0357AC	+0.24	23.96	50.33	3:21.89
<b>4</b>	<b>Estonia SR</b>	22			742	<b>3:22.09</b>	+1.22
	Marko-Matteus Langel	1999		+0.67	24.24	50.22	50.22
	Mark Sovtsa	2001		+0.27	24.74	52.03	1:42.25
	Rando Vainikk	2000		+0.58	23.95	50.57	2:32.82
	Erik Lihhatd	2003		+0.43	23.51	49.27	3:22.09
<b>5</b>	<b>Lithuania SR</b>	25			741	<b>3:22.18</b>	+1.31
	Eimantas Milius	1996		+0.65	24.66	51.44	51.44
	Erikas Grigaitis	2002		+0.30	24.13	50.53	1:41.97
	Edvinas Cesnakas	2003		+0.45	24.17	50.29	2:32.26
	Julius Backulis	2000		+0.55	23.61	49.92	3:22.18
<b>6</b>	<b>Sweden SR</b>	19			714	<b>3:24.69</b>	+3.82
	Erik Falk	2003	AL0103	+0.73	24.22	50.08	50.08
	John Brolin	2002	AB6302	+0.19	23.52	49.50	1:39.58
	William Barkehed	2003	AH3903	+0.35	24.29	50.95	2:30.53
	Mikael Söderberg	2003	AA9303	+0.46	25.60	54.16	3:24.69

Event official at: 2021-12-05 18:17:39

# Results

## Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

### Event 63, 8x50m Freestyle Mixed - Final

Rank	Name	Age	Team	FINA	Time	Diff
<b>1</b>	<b>Norway</b>		20		<b>3:13.80</b>	
	Bjørnar Grytnes Laskerud	2004	10279920	+0.70	23.38	23.38
	Christian Groth Dyrkorn	2001	10185555	+0.25	23.78	47.16
	Simon Moe	2001	10183531	+0.28	22.68	1:09.84
	Helje Stadaas	2004	10248285	+0.36	22.54	1:32.38
	Malena Amelie Lisken	2003	10228430	+0.17	25.10	1:57.48
	Victoria Deona Bergeli	2003	10293993	+0.33	25.06	2:22.54
	Susanne Steinnes	2005	10267646	+0.24	25.66	2:48.20
	Mathilie Jensen Flatli	2005	10267376	+0.37	25.60	3:13.80
<b>2</b>	<b>Finland</b>		20		<b>3:16.56</b>	+2.76
	Luukas Vainio	2003	03A099	+0.65	23.53	23.53
	Veeti Ruohutula	2001	01A193	+0.29	24.52	48.05
	Aku Kaila	2003	03A054	+0.17	23.46	1:11.51
	Davin Lindholm	2004	04B010	+0.14	22.76	1:34.27
	Fia Stenman	2006	06A349	+0.20	25.38	1:59.65
	Viivi Sääntti	2005	05A161	+0.28	25.55	2:25.20
	Inka Vahtola	2005	05A401	+0.33	25.75	2:50.95
	Peppi Siirtola	2002	02A144	+0.30	25.61	3:16.56
<b>3</b>	<b>Sweden</b>		20		<b>3:16.61</b>	+2.81
	Erik Falk	2003	AL0103	+0.76	23.39	23.39
	John Brolin	2002	AB6302	+0.32	23.14	46.53
	Alvin Välikki	2004	AE3504	+0.28	23.50	1:10.03
	Alicia Lundblad	2001	AF6801	+0.15	25.46	1:35.49
	Emilia Rönningdal	2002	AC6202	+0.30	25.84	2:01.33
	Viktor Svärd	2005	AC8305	+0.38	23.90	2:25.23
	Mathilda Sandberg	2005	BR2805	+0.39	25.49	2:50.72
	Sofia Abrahamsson	2005	AB8605	+0.24	25.89	3:16.61
<b>4</b>	<b>Denmark</b>		19		<b>3:16.91</b>	+3.11
	Tobias Dan Hansen	2002	0243AC		24.73	24.73
	Casper Puggaard	2005	0593AA		23.04	47.77
	Kasper Johnsen	2003	0357AC		23.68	1:11.45
	Oscar Isberg	2004	0433AC		22.89	1:34.34
	Schastine Tabor	2005	0598AB		25.45	1:59.79
	Cecilie Carøe Helmark	2005	0502AL		26.02	2:25.81
	Sofie Bruun Høvring	2004	0408AB		25.50	2:51.31
	Martine Damborg	2007	0742AF		25.60	3:16.91

## Results

### Event 63, 8x50m Freestyle Mixed - Final

Rank	Name	Age	Team	FINA	Time	Diff
<b>5</b>	<b>Iceland</b>		25		<b>3:18.84</b>	+5.04
	Símon Elías Statkevicius	2003	241203-2390	+0.65	22.98	
	Fannar Snævar Hauksson	2004	070904-3140	+0.25	23.48	
	Daði Björnsson	2004	1701042108	+0.40	23.60	1:10.06
	Snorri Dagur Einarsson	2005	050405-2220	+0.44	23.70	1:33.76
	Steingerður Hauksdóttir	1996	0303962439	+0.21	25.78	1:59.54
	Kristín Helga Hákonardóttir	2004		+0.24	25.77	2:25.31
	Eva Margrét Falsdóttir	2005	050605-3020	+0.28	26.43	2:51.74
	Freyja Birkisdóttir	2006		+0.41	27.10	3:18.84
<b>6</b>	<b>Estonia</b>		22		<b>3:19.82</b>	+6.02
	Marko-Matteus Langel	1999		+0.69	24.23	24.23
	Erik Lihhatd	2003		+0.39	24.49	48.72
	Hans-Mikk Kuulpak	2004		+0.34	23.60	1:12.32
	Daniil Drozdov	2004		+0.13	23.10	1:35.42
	Laurika Lint	2002		+0.38	25.89	2:01.31
	Mariangela Boitduk	2004		+0.28	25.74	2:27.05
	Jekaterina Vorontsova	2005		+0.35	27.37	2:54.42
	Karolin Victoria Kotsar	2005		+0.16	25.40	3:19.82
<b>7</b>	<b>Lithuania</b>		21		<b>3:26.10</b>	+12.30
	Julius Backulis	2000		+0.82	24.90	24.90
	Emilis Atkociunas	2005		+0.45	23.71	48.61
	Martin Tretjak	2004		+0.40	23.99	1:12.60
	Edvinas Cesnakas	2003		+0.35	23.61	1:36.21
	Haide Nikelis	2006		+0.49	27.32	2:03.53
	Auguste Jakstaite	2008		+0.40	28.74	2:32.27
	Gabija Gailiusyte	2006		+0.24	26.37	2:58.64
	Karile Alisauskaite	2008		+0.25	27.46	3:26.10

Event official at: 2021-12-05 18:24:58

## Best Senior Team

### Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Team	Short name	Nation	Points
1	Norway	Norway	NOR	362
2	Finland	Finland	FIN	313
3	Denmark	Denmark	DEN	276
4	Sweden	Sweden	SWE	264
5	Estonia	Estonia	EST	257
6	Lithuania	Lithuania	LTU	87
7	Iceland	Iceland	ISL	64
8	Faroe Islands	Faroe Islands	FAR	24

Generated at: 2021-12-05 23:23:25

## Best Junior Team

### Nordic Swimming Championships 2021

Place: Vilundabadet  
Pool: 25m

Organizer: NSF & SSF  
Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Team	Short name	Nation	Points
1	Denmark	Denmark	DEN	309
2	Sweden	Sweden	SWE	216
3	Finland	Finland	FIN	215
4	Norway	Norway	NOR	212
5	Lithuania	Lithuania	LTU	172
6	Estonia	Estonia	EST	145
7	Iceland	Iceland	ISL	83
8	Faroe Islands	Faroe Islands	FAR	22

Generated at: 2021-12-05 18:37:26

## Best Para Team

### Nordic Swimming Championships 2021

Place: Vilundabadet

Organizer: NSF & SSF

Pool: 25m

Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Team	Short name	Nation	Points
1	Sweden	Sweden	SWE	87
2	Denmark	Denmark	DEN	63
3	Finland	Finland	FIN	54
4	Norway	Norway	NOR	39
5	NPC-Iceland	Iceland	ISL	22

Generated at: 2021-12-05 18:37:33

## Best Performance Men

### Nordic Swimming Championships 2021

Place: Vilundabadet Organizer: NSF & SSF  
Pool: 25m Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Name	Born	Team	Points	Events
1	Christoffer Tofte Haarsaker	1993	Norway	838	13
2	Tobias Moen Olsen	2002	Norway	806	21
3	Johannes Skagius	1995	Sweden	805	13
4	Marko-Matteus Langel	1999	Estonia	798	57
5	Tobias Dan Hansen	2002	Denmark	796	47
6	Kasper Bonnichsen	2002	Denmark	784	39
7	Luukas Vainio	2003	Finland	768	57
8	Roope Paatos	2002	Finland	765	21
9	Erik Lihhatd	2003	Estonia	753	36
10	Veeti Ruotula	2001	Finland	746	47

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## Best Performance Women

### Nordic Swimming Championships 2021

Place: Vilundabadet Organizer: NSF & SSF  
Pool: 25m Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Name	Born	Team	Points	Events
1	Sofie Theophil Petersen	2003	Denmark	832	2
2	Malene Rypestøl	2001	Norway	824	2
3	Silje Rongevær Slyngstadli	2004	Norway	787	52
4	Alina Vedehhova	1999	Estonia	778	34
5	Anniina Murto	2001	Finland	777	38
6	Uliana Gorlova	2003	Norway	776	2
7	Hilja Schimmel	2003	Sweden	771	38
8	Mari Moen	2004	Norway	769	25
9	Eva Kummen	2001	Norway	763	11
10	Peppi Siirtola	2002	Finland	756	6

Generated at: 2021-12-05 18:27:16

## Best Performance Boys

### Nordic Swimming Championships 2021

Place: Vilundabadet Organizer: NSF & SSF  
Pool: 25m Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Name	Born	Team	Points	Events
1	Frederik Lindholm	2004	Denmark	774	21
2	Davin Lindholm	2004	Finland	769	32
3	Georg Filippov	2004	Estonia	764	4
4	Bjørnar Grytnes Laskerud	2004	Norway	756	36
5	Lucas Humling	2005	Sweden	752	4
6	Mathias Christensen	2004	Denmark	739	28
7	Andreas Sigvaldsen	2006	Norway	734	57
8	Oscar Isberg	2004	Denmark	730	4
9	Oskar Farkas	2005	Norway	722	4
9	Mathias Rike Holmann	2004	Norway	722	7

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## Best Performance Girls

### Nordic Swimming Championships 2021

Place: Vilundabadet Organizer: NSF & SSF  
Pool: 25m Competition Date: Dec 3, 2021 to Dec 3, 2021

Rank	Name	Born	Team	Points	Events
1	Ada Hakkarainen	2005	Finland	804	2
2	Thilda Häll	2005	Sweden	797	2
3	Alice Velden	2005	Sweden	775	6
4	Olivia Klint Ipsa	2005	Sweden	768	38
5	Schastine Tabor	2005	Denmark	761	52
6	Cecilie Carøe Helmark	2005	Denmark	733	8
7	Martine Damborg	2007	Denmark	730	20
8	Kristine Nilsson Norby	2005	Denmark	727	48
9	Tuuli Pippuri	2005	Finland	724	25
10	Freyja Birkisdóttir	2006	Iceland	720	2

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